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Granite City Journal

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VOLUME 20, NUMBER 16

WEDNESDAY, FEBRUARY 28, 1996

FIFTY CENTS



(Staff photo by JOHN FRESE)

Elvis — Elvis impersonator Steve Davis sings for those attending a fund-raising luncheon for Head Start. The luncheon was held at St. Peter Church in Granite City. Funds raised will be used to buy playground equipment for Head Start. More photos on Page 11A.

Pratt still pushing Buchanan

By Scott Cousins
Staff writer

While much of the talk was about guns and gun control, a press conference with Larry Pratt, executive director of Gun Owners of America, ended up sounding a lot like a rally for presidential candidate Pat Buchanan.

Pratt, a co-chairman of Pat Buchanan's presidential campaign until taking a forced leave of absence, spoke at a press conference at the annual Illinois State Rifle Association meeting Saturday in Collinsville. He was to be one of the speakers at the association's banquet that evening.

In a recently-issued report, the Center for Public Integrity accused Pratt of having ties to white supremacist and other racist organizations like the Aryan Nation.

Pratt said that while he doesn't expect his enemies to be fair, they should be accurate. "When Pat Buchanan spoke four years ago about the culture wars going on in this country, I didn't see myself as part of it," Pratt said. "Little did I realize that I would be in ground zero in this campaign."

Pratt said the accusations were untrue, and although the center interviewed him, it ignored the facts in the case.



Staff photo by SCOTT COUSINS
Larry Pratt, executive director of Gun Owners of America, during a press conference at the Illinois State Rifle Association meeting Saturday.

"I guess their idea of integrity doesn't include publishing the rest of the story," he said. "They would have found out that the meeting I attended was hardly an association with racist elements," Pratt continued. "It was for the purpose of collecting data on Ruby Ridge when federal agents had killed Randy Weaver's wife and son."

"While there were people at the meeting with bona fide racist credentials, it was not an Aryan racist rally."

"They (the Center for Public Integrity) knew a lot about my background that they simply

(See PRATT, Page 2A)

ISRA targets community laws

Rifle group meets in Collinsville

By Scott Cousins
Staff writer

One might think the debate about carrying concealed weapons would attract the most attention from the Illinois State Rifle Association.

But group officials have a bigger crusade — a state firearm preemption bill that would bar local communities from enacting stricter gun laws than those on the state books.

James Valentino Jr., president of the ISRA, was in Collinsville for the group's annual convention. He spoke with reporters following a press conference Saturday at the convention.

Most of the Illinois municipalities that restrict firearms are in the Chicago area, including several that have outright bans on the ownership of handguns.

"Preemption is the major issue and should be passed prior to permit to carry (legislation)," he said.

Both preemption and concealed carry laws have been introduced in the past but have not been approved. Last year, a concealed carry bill was one vote shy of approval in the Senate.

Valentino said that without preemption, gun owners would have to check the laws for each town they drive through, something he said would be an "impossible task."

"An owner with a permit driving down the road couldn't tell what town his permits was good and what towns it wasn't," he said.

The concealed carry permit question was also raised in the press conference by Larry Pratt, head of Gun Owners of America and a co-chairman of Pat Buchanan's presidential campaign until he recently took a leave of absence.

At the press conference, a reporter asked if a recent



(Staff photo by SCOTT COUSINS)

Mike Doy, left, facilities director for Springfield Armory, talks about his company's products with Troy Donnel of Shelbyville at the Illinois State Rifle Association meeting in Collinsville Saturday. Springfield Armory is a Geneseo, Ill., firm specializing in military-style rifles, handguns and accessories.

Meeting a success, 2A

incident in Texas — where an auto accident resulted in a driver shooting another — confirmed fears of the laws opponents.

In that case, one of the men involved in the accident began beating the other man, who pulled out a gun and shot him. "It actually proves what a good thing it was that the victim of the beating had a gun," Pratt said.

"The attacker's family said he was a gentle giant. Now we know he was a giant of a man, and he was beating a man strapped in, who couldn't get out of his seat belt."

"I would have done the same thing, and I'm sure a jury in

"There are a lot of people that shouldn't be carrying firearms. They don't obey the existing laws, and they are the ones who are carrying right now."

— James Valentino Jr.
ISRA president

Texas — if it's ever even brought before a jury would say the same thing," he said. "That's exactly why we have a concealed carry law. So bullies like that can't go around pushing the nose of a little guy like me into the back of my head."

Valentino said those violating the law are usually not carrying weapons legally.

"There are a lot of people that shouldn't be carrying firearms," Valentino said. "They don't obey the existing laws, and they are the ones who are carrying right now. Anytime you see an incident involving a firearm, usually you will find out that if the state has a permit to carry, the person who uses it illegally doesn't have a permit to carry."

In the Journal

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5 FULLER'S FORECAST

John Fuller, Chief Meteorologist, KSDK NewsChannel 5

WED FEB 28	THURS FEB 29	FRI MAR 1	SAT MAR 2
NORMAL HIGH & LOW	NORMAL HIGH & LOW	NORMAL HIGH & LOW	NORMAL HIGH & LOW
47-29	47-29	48-30	48-30
RECORD HIGH & LOW	RECORD HIGH & LOW	RECORD HIGH & LOW	RECORD HIGH & LOW
102-180	102-186	102-170	102-170

Inside...

Business is the engine of society, as they say, and we at Journal Newspapers take this opportunity to salute local businesses in our annual Progress edition, Pages 1-14D.

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Rifle group brings gun enthusiasts together

By Scott Cousins
Staff writer

Tad Jacobs of Okawville came to view the displays, talk to other shooting enthusiasts and get in some target practice.

Jacobs, a member of the Illinois State Rifle Association, was among several hundred who attended the organization's annual convention, held at the Collinsville Quality Inn over the weekend.

"I'm looking at the new products and talking to people who belong to the organization," he said.

Part of his time was spent practicing pistol marksmanship at a fund-raising booth for the ISRA.

The display, donated by Springfield Armory, a Geneseo, Ill. gun company, used a handgun hooked up to laser technology and compressed air.

"It's some interesting technology," he said of the display. "It's a good fund raiser for the organization."

Marshal Meadows of Belleville, a member of the Second Amendment Volunteers of Illinois, ran the display.

"It can be used for practice," he said. "The laser target setup will show you on the monitor where you hit to learn breathing control and trigger pull."

The compressed air adds recoil and realism to the display.

Other displays ranged from political organizations and candidates — U.S. Senate candidate Al Salvi being one of the most popular, if buttons and banners are any indication — to the Illinois Department of Natural Resources.

The ISRA is the state equivalent to the National Rifle Association and is associated with that group, said George Everitt, the group's second vice president.

While he would not give numbers, he said the group's membership was "considerable."

"We have members in every county in Illinois," he said. "Our strength is really in the Chicago area — the collar counties."

James Valentino Jr., president of the ISRA, said the group was started at the turn of the century to promote rifle marksmanship, it gradually added other areas of interest, including political lobbying.

"The State Rifle Association



(Staff photo by SCOTT COUSINS)

Tad Jacobs of Okawville practices his handgun marksmanship during the Illinois State Rifle Association meeting in Collinsville. The pistol — part of a fund-raising booth for the ISRA — uses a laser to score hits on a target, and compressed air to simulate the recoil of a handgun.

was founded in 1903 to continue a scientific approach to rifle marksmanship," Valentino said. "Since then, it has expanded to include handgun and shotgun shooters."

"It's only been since 1968 or so that the organization realized that they needed to get involved in legislative and political activities or they might not be able to continue with their other activities."

Valentino said he was very happy with the way the convention was going.

"I think it's a great convention hall," he said of the Springfield Inn. "I don't think you could find a better setup anywhere in the state."

This is the first time the convention has been held south of Springfield.

Valentino said one of the

reasons is a changing membership. Traditionally made up of shooting enthusiasts in the northern part of the state, membership is increasing downstate, he said.

"Our membership is moving more and more to Southern Illinois," he said. "Years ago it was only people up north in the Chicago area that felt that there was a need for a rifle association — not only because of the legislative activities but because of the shooting activities."

"If a guy wanted a place to shoot, he went out to the back 40," he said. "Today there are more and more people living in southern Illinois who don't have a back 40, and all of a sudden organized shooting competitions have become more and more important."

He said problems with gun laws are also becoming more common south of Chicago.

He said shooters in the southern part of the state used to believe that problems in the north did not affect them.

"Now they see the same laws being proposed in Springfield as statewide legislation," he said. "People throughout the state realize that it's not just a problem in northern Illinois, but a problem for all of Illinois."

When asked how many people have been made ill by improperly handled food, Brannon and other officials said they did not know.

"In terms of public health I don't think anyone can say their health is being protected when 1,500 establishments in Madison County go uninspect-

The American flag serves as a backdrop for Larry Pratt's speech Saturday at the Illinois State Rifle Association meeting.

•Pratt—

(Continued from Page 1A)

didn't choose to put into the report, things that might have been just a little uncharacteristic for the average racist," he said.

Those include the fact that his wife is from Central America; his church is multiracial and one of pastors is African-American; Jews and African-Americans work for Gun Owners of America; and he is a member of Jews for "Firearms Ownership and Congress of Racial Equality."

"Isn't it interesting in this Orwellian war that we're in, that the very people that are trying to warn against a repeat of what the Nazis did to their people — and seven other governments have done to their populations in our century alone — the very people, not only are not listened to, but now that we are under attack, we're under attack because we're supposed to be anti-Semitic, anti-Nazi," he said. "George Orwell would have said that is exactly the kind of thing he was talking about when words get twisted upside down so that their meanings are completely inverted."

He said the results of the accusations have been the opposite of what was intended, and probably was one of the reasons for Buchanan's win in New Hampshire.

"I think the time is going to come that I'll be back on board (the campaign), but he's moving so fast that I haven't had a chance to talk with him," Pratt said.

"I think he stands out from the rest because even though he has worked in Washington for 25 years, is not an insider," Pratt said of Buchanan. "Buchanan has continued to hold a

view that the government is out of control and the government needs to be brought back within the bounds of the constitution."

Another unintended consequence of the controversy was the free publicity for the Buchanan campaign, Gun Owners of America, and what Pratt called Sen. Bob Dole's poor record on gun-related issues.

He said his group wants to "make clear that if people are interested in the Second Amendment issue, Sen. Dole is not someone they should be voting for."

Pratt also said the attacks on Buchanan by both Republicans and Democrats were part of the "terminal panic" inside the Washington Beltway.

"I think we can expect extremists labels to be tossed about as a move of desperation to try to derail Pat Buchanan and discredit him," he said. "It's totally untrue, but we're going to be seeing it anyway; who said politics will be fair?"

He said the pro-gun vote has always been "significant," even in the face of surveys that told politicians that being anti-gun would be politically smart.

Pratt predicted Buchanan would succeed in this year's campaign.

"The Buchanan brigades are on the march," he said. "We are the peasants of the 20th century, and we are now on the manor house lawn mowing down the grass and they are absolutely beside themselves saying 'get us off lest we ruin the Rose Garden or something else.'"

"I've got news for them, we are going to take the Rose Garden and the White House too," he added.

•Food—

(Continued from Page 1A)

Health Department Administrator Donald Brannon said the Illinois Department of Public Health codes prohibit the sale or distribution of home-cooked foods to the general public.

However, like most food safety issues, Brannon said, for the past 20 or so years, those regulations have not been enforced unless there was a complaint, and because Madison County had no public health department, there was no one to complain to.

When asked how many people have been made ill by improperly handled food, Brannon and other officials said they did not know.

"In terms of public health I don't think anyone can say their health is being protected when 1,500 establishments in Madison County go uninspect-

ed," he said.

He said officials do not intend to shut down food raising events, but wanted them to be safe and the workers and volunteers be properly trained in safe food handling.

"We're not going to stop you from baking cherry pies and cookies," he added. "I'm not going to be looking at cherry pies when there is a chicken over here sitting out at room temperature with flies landing on it."

The horrors of improperly prepared chicken — especially chicken salad — were a common complaint of Grist and Brannon.

Most at the meeting appeared unconvinced.

Charles Meyer of the James Stuart Chapter of the Order of DeMolay in Granite City said the organization has had a chili supper for the past 50 years.

"We've asked our members to donate cakes and pies," he said. "We've been in business

50 years, and we know our people."

Several others said the county needs to make a distinction between restaurants and charitable or nonprofit groups, and several said such groups should be exempted entirely.

Others worried about how strictly the standards would be enforced in the future.

Jackie Monroe of Alton, a former alderman for the city, said that while officials now say that they will be willing to work with groups, later officials might not be so "nice" and enforce the law too strictly or be vindictive.

Madison County Board Member Don Garrett of Madison said he "shared their concerns" about legislation "passed with a 'don't worry' attitude."

However, he said the Public Health department was necessary.

"We wanted to protect the public health and we wanted to bring Madison County into the 20th century," he said.

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Drugs continue to plague city, chief says



Ruebhausen

By Bob Slate
Staff writer

The number of arrests in Granite City decreased by 11 percent last year, but juvenile arrests increased significantly in 1995 and drug-related crime continued to plague the city, according to Police Chief Dave Ruebhausen's annual report. The 32-page report contains a summary of calls for service, crime statistics, drug unit activity and arrests for 1995.

"I believe city government has no greater responsibility to its citizens than

to make them safe in their homes and throughout our community," Ruebhausen said. "With continued cooperation, our police department will continue to move forward to achieve this common goal."

The patrol division answered a total of 29,164 complaints in 1995, an increase of 2 percent over the 28,330 in 1994. The 1995 figure translates into an average of 80 calls per day.

A total of 421,215 miles were driven in police vehicles, the equivalent of about 17 trips around the world.

The most common call was for civil or domestic-related problems. Officers

responded 4,615 times to those calls for service, a decrease of 1 percent from 1994.

Traffic accidents were the second most common call and increased 14 percent over 1994. Three fatal accidents were reported, resulting in five deaths. Only one fatality was reported in 1994. A total of 537 people were injured in those accidents, an increase of 10 percent, and about \$550,300 in property damage was reported.

Other common calls included: alarms.....2,185
suspicious subjects.....1,537

complaints against minors.....1,281
lockouts.....896
uninsured motor vehicle.....750
speeding.....622
suspended or revoked license.....242
disobeying traffic light.....206
no driver's license.....152
illegal trans. alcohol.....95
DUI.....56
no seat belts.....57

Robbery increased 63 percent in 1995, with 31 reported. Auto burglaries increased 50 percent (255 reported); auto thefts increased 30 percent (124 reported); and burglaries increased 15 percent (469 reported).

The number of other crimes against victims remained the same or decreased in 1995, including criminal homicide (one, the same); criminal sexual assault (16, a decrease of 55 percent); aggravated battery-assault (8, a decrease of 18 percent); theft (995, a 3 percent decrease); and arson (16, down 20 percent from 1994).

Police estimate the value of property reported stolen in Granite City in 1995 at \$1,567,251. Property worth more than \$147,600 was recovered and property worth more than \$305,000 was destroyed.

The total number of arrests decreased 11 percent last year, to 8,306.

While alcohol-related arrests (170) decreased 45 percent and drug-related arrests (140) decreased 15 percent last year, juvenile arrests (503) increased 16 percent.

Ruebhausen attributed the decrease in alcohol-related arrests to the elimination of an officer dedicated exclusively to DUI patrol. The city had utilized a grant to reimburse overtime associated with the DUI patrol in 1993 and 1994.

The increase in juvenile arrests is attributed, in part, to a change in the way the Granite City School District handles disciplinary actions, said. He said school officials have begun referring many cases (fighting for example) to the police for prosecution rather than handing out detention or taking other school disciplinary actions.

While drug-related arrests were down, Ruebhausen said, "that won't be the case in 1996."

"We didn't have the horses (manpower) last year," he said. "But manpower is up to speed now. We had some lean shifts in 1995 and I hope that won't be the case in 1996."

Actually, the department lacked the manpower for drug enforcement activities for only half of 1995. On June 19 last year, after the city received a federal COPSFAST grant, Ruebhausen hired an additional patrolman and dedicated two officers to full-time undercover drug enforcement activities.

Investigations by the two-man unit resulted in 122 arrests during the 6 months it was activated last year, according to the report. The agents spent \$1,064 to purchase drugs and \$590 to pay informants.

The agents seized \$24,591 in cash, four vehicles worth about \$16,000, a \$3,000 safe, 47 guns and more than 30,000 rounds of ammunition. They also seized 1,043 pounds of marijuana with an approximate street value of \$1,561,550; 157 rocks of crack cocaine worth \$4,700; 25 grams of methamphetamine worth \$2,500; 15 grams of powder cocaine worth \$1,500; five dosage units of LSD valued at \$25; and 100 assorted prescription pills costing about \$5,000.

The Metropolitan Enforcement Group of Southwestern Illinois (MEGSI) made 32 arrests in the Granite City area last year, closed down an alleged "crack house" in the 1700 block of Edison Avenue and made several purchases of marijuana, cocaine, LSD and methamphetamine, included was one bust in which nearly 1,000 pounds of marijuana was

(See REPORT, Page 9A)

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Labor leader — The Tri-City Chapter of the Greater Madison County Federation of Labor, AFL-CIO, recently presented a plaque to Madison County Circuit Clerk Matt Melucci, who served as parade grand marshal last year. Pictured, from left, are Jack Greer, Melucci and chapter chairman Gary Gaines.

BAC seeks alumni award nominations

The Belleville Area College board of trustees is seeking nominations to represent the college in the statewide Distinguished Community College Alumni and Pacesetter Award competition.

Nominations should be sent to Ted Lewis, BAC vice president for student development, at the Belleville Campus, 2500 Carlyle Road; or call 255-2700, extension 211.

Deadline for nominations is Thursday, Feb. 29.

Previous nominees for the Alumni award have included U.S. Rep. Jerry Costello, D-Belleville, in 1988; Karen E. Sneddon in 1987; William Badgley in 1988; A. Thomas Amling in 1989; St. Clair County Sheriff Mearl Justus in 1990; David M. Detrich in 1991; Kenneth E. Travous in 1992; Robert H. Graebe in 1993; cartoonist Glen McCoy in 1994; and Terry L. Lengfelder in 1995.

The awards are sponsored annually by the Illinois Community College Trustees Association.

Both awards recognize the accomplishments and successes of graduates of Illinois public community colleges. The Distinguished Alumni Award is presented to individuals who graduated before June 30, 1989. The Pacesetter Award goes to individuals who graduated after that date.

Criteria for the awards include:

- ✓ Outstanding success and distinction in the nominee's field
- ✓ Humanitarian service that has proved greatly beneficial to society
- ✓ Continued interest in and support of education and community colleges
- ✓ Completion of a recognized program of instruction at an Illinois public community college

Quinn rips Durbin on NAFTA

U.S. Senate candidate Patrick Quinn is focusing his latest attacks on opponent Richard Durbin's support for the North American Free Trade Agreement.

Quinn contended Thursday that in the two years since NAFTA took effect, it has caused about 300,000 United States workers to lose their jobs, including employees at Illinois plants of Sara Lee, Zenith, and Procter and Gamble.

"Congressman Durbin must explain how he could support a deal which cut jobs for Illinois workers, boosted costs to Illinois consumers and caused an environmental disaster for Mexico and the United States," Quinn said.

Durbin could not be reached for comment.

Quinn and Durbin are the two best-known candidates seeking the Democratic nomination for the Senate seat that Paul Simon plans to give up in January through retirement.

Meanwhile, Democratic 20th Congressional District candidate Sam Cahnman Thursday attacked his opponent, Rep. Jay Hoffman, D-Collinsville, for accepting campaign contributions from political action committees

involved with the tobacco, liquor, gambling, garbage disposal, oil and insurance industries.

Cahnman, a Springfield attorney, said no political action committees have offered him contributions, but if they did he would only accept them from interests with which he agreed.

Hoffman has contended most of his non-individual contributions are from labor unions.

In the Republican primary race in the 20th Congressional District, candidate Rick Angel of Litchfield announced Thursday that some small business owners in the district have endorsed him.

He released a list of nine, two of whom are related to his wife. He also said a St. Louis hospital executive who lives in Edwardsville is supporting him.

Angel also attacked federal government regulation of small business and said he would "work hard to limit the power" of various federal agencies.

He is the owner of a company that does fraud and abuse investigations for businesses.

— From the Alton Telegraph

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Champion — Wesley Joyce, 8, sets his first-place pinewood derby car loose on a victory lap after being crowned champion of the Wolf den in the races between members of Pack 3, which is sponsored by Prather Elementary School, and the Melvin Price Army Depot. Behind him Cub Scout Committee Chairman Mike Casey and Wesley's mother Gail cheer Wesley on.

(Staff photo by JOHN FRESE)

Bill would restrict options for judges in DUI cases

SPRINGFIELD — Judges would be restricted to giving court supervision to drunken drivers only once under legislation that has advanced to the Illinois Senate.

Court supervision should only be for a first-time offender. If you want to do something serious about driving under the influence you have to deal with punishment," said Sen. Carl Hawkins, R-Galesburg, sponsor of the bill.

The measure passed the Senate Judiciary Committee on a 10-1 vote Thursday.

Hawkins, a former state's attorney, contended that while many prosecutors oppose court supervision for repeat DUI offenses, there are too many cases "where a judge grants it anyway."

"I think it's time we do something effective about repeated drunk driving and you need to have that threat of losing your license for a year," Hawkins added.

Besides barring court supervision if a defendant has already received it for a prior DUI, Hawkins's bill would

'Court supervision should only be for a first-time offender. If you want to do something serious about driving under the influence you have to deal with punishment.'

— Carl Hawkins
Bill's sponsor

also prevent even the first DUI supervision order from being sealed or expunged.

Madison County State's Attorney Administrative Assistant Mark Von Nida said the policy of the office is to oppose court supervision when prosecutors know of a prior DUI.

"But judges don't always go along with our policy and I know of cases where people have ended up with supervision in multiple cases," he said.

He said the Senate bill would be "very helpful" in carrying out a policy of limiting supervision to first offenders.

The Senate Judiciary Committee also advanced to the Senate floor a bill making a gainfully employed offender, such as those who are sentenced to serve jail time on weekends, liable to reimburse the county for the cost of room and board in jail.

— From the Alton Telegraph

Competition winners in concert

Four winners of the 1995-96 Concerto/Aria Competition will be featured during a Feb. 29 concert by the Southern Illinois University at Edwardsville Symphony Orchestra set for 7:30 p.m. in SIUE's Communications Building theater.

The competition winners are soprano April Baumann of St. Charles, Mo.; pianist Lou Jee Wong of Edwardsville; pianist R. Renee Crabtree of Glen Carbon; and saxophonist Jason Swagler, of Shattuck. They will be performing in concert with the orchestra.

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The same went for Madonna Wedel and Barry Cox. That's because they wed on Feb. 29, a date that only pops onto the calendar only once every four years. Both couples were married on the last Saturday of February 1992.

Leap year, a year that has 366 days, was established to offset the inconsistency that arises in the calendar because the earth's revolution around the sun takes slightly fewer than 365 1/4 days. (For the truly curious: The overcompensation is corrected by making three of every four centesimal years — years ending in 00 — common years instead of leap years.)

The Teuschers and Wedels ended up with a quarter of the usual anniversaries for the same reason: They didn't realize the significance of the date they had picked.

Neither couple considered changing the date or doing anything special during the wedding and reception, although both endured a lot of ribbing.

Even Barry joked about not having to remember as many anniversaries, until his mother told him it wasn't funny.

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Bike trail wins key endorsement

An advisory committee of the East-West Gateway Coordinating Council has approved a construction plan for a \$4.2 million bike trail in the area.

The committee endorsed and sent to the council the Madison County Transit District's plan for the trail from the Illinois approach to the Clark Bridge in Alton to East St. Louis.

The transit district leg of the bike trail, to be known as the Confluence Bikeway, will take cyclists along the Mississippi River and Chain of Rocks Levee system to the Eads Bridge.

The trail will have a spur that will tie-in along Illinois 3 about halfway between Interstate 270 and Illinois 143. It will take cyclists east, ending close to Illinois 159 in Edwardsville.

The transit district has agreed to add \$945,000 as a local match to a \$3.4 million grant from the Federal Highway Administration announced in 1993.

Transit District Director Jerry Kane said obtaining the grant was "an amazing success at the time."

He said the late state Sen. Sam Vadalabene, D-Edwardsville, pushed through legislation granting the transit district authority to sponsor construction of bike trails to link up with mass transit.

The transit district leg of the bike trail, to be known as the Confluence Bikeway, will take cyclists along the Mississippi River and Chain of Rocks Levee system to the Eads Bridge. The trail will have a spur that will tie-in along Illinois 3 about halfway between Interstate 270 and Illinois 143.

"We will have a bicycle-friendly transit system," Kane said. He said the Confluence Bikeway is designed to link with several park-and-ride points, including one at Eastgate Shopping Center. A spur from the main trail will

travel along the levee on the east bank of Wood River Creek to Eastgate, where bike racks will be located for people who want to take a bus to work or shopping. Another short link will take riders to the planned visitors center at the Mel Price Lock

and Dam.

East-West Gateway is scheduled to vote on the Confluence trail construction plan at its meeting March 27 before it is sent to Gov. Jim Edgar's office.

The Gateway authority, however, is the final authority in approving the construction plan.

A bike trail that would connect the Vandalia Bike Trail through Alton to the Confluence trail may be under construction this year, said Phil Roggio, Alton's public affairs director. Construction on the Confluence trail should begin in 1997.

"We will pass the baton to them," he said.

— From the Alton Telegraph

Telethon 'Up All Night'

For many years, the wee hours of the morning between midnight and 5 a.m. were considered "down time" during the 19-hour Sammy Davis Jr. Variety Club Telethon on KMOV-TV (Channel 4).

Not anymore. On Sunday, between 12:30 and 5:30 a.m., Variety will be up all night to spotlight six local bands, five stand-up comedians from the Funny Bone Comedy Store and Jon Orlando, a stand-up comic at the Tony Orlando Yellow Ribbon Music Theater in Branson, Mo.

Historically, the telethon is preceded by the black-tie "Dinner with the Stars" in the St. Louis Ballroom of the Adam's Mark Hotel, a floor show featuring stars of the telethon and the kickoff of the 19-hour benefit on Channel 4. Guests contribute \$200 to \$500 to attend.

Doors of the ballroom will open at 12:30 a.m. for the "Up All Night" segment. The \$5 ticket charge will feature non-stop entertainment by Jake's Leg, Vitamin A, Elizabeth Einstein, Liquid, Star 19 and Sky Bop Fly. Five stand-up comedians from the Comedy Store will entertain, and free pizza and soda will be available.

Advance tickets are available at all Metrotrix outlets or by calling 534-1111.

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Twain show comes to Miner's

By Martin Richter
Staff writer

As a performer who impersonates Mark Twain, McAvoy Layne's job is to bring the American author and icon to life for a few hours for his audience.

And on certain nights, the actor and teacher believes he may have more than a white suit, white hair dye and an unlit cigar working in his favor.

Layne said a fellow Twain impersonator once told him he believed in transmigration of souls — that the soul of Samuel Clemens can pay a visit to those of us living in the 1990s.

"I'm not going to rule it out," Layne said in a recent telephone interview from his home in Incline Village, Nev.

"There are evenings when I say 'Sam, I'm going to need your help tonight.' And he's never let me down yet."

"Some of the places I visit — the billiard room in his residence, where he spent so many hours — I can actually feel the presence of the man," he said. "It gives me chicken skin — the hair stands up on my arms."

If Twain does indeed catch an occasional show by Layne, he should feel right at home in Collinsville's historic Miner's Theater, where Layne is slated to perform shows on Friday and Saturday, March 1-2. Both shows begin at 7:30 p.m.

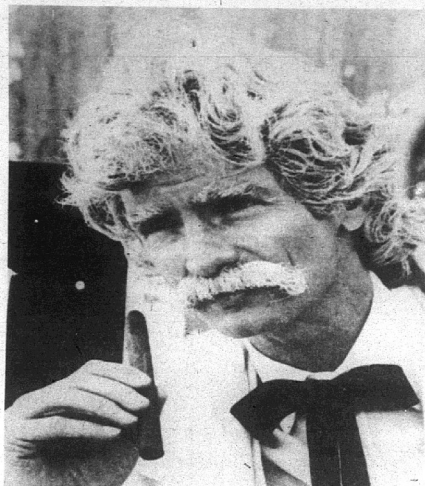
The Friday show is called "The Wild Humorist of the Pacific Slope," Layne said it is taken mostly from Twain's 1872 travel book, "Roughing It."

In the book, Twain recounts his experiences during a trip he took in 1861 — while he was in his 20s — with stops in places like Carson City, Lake Tahoe, San Francisco and the Sandwich Islands. Layne calls the show "fast-paced family humor" and said it might be enjoyed by children over the age of 12 or so.

The Saturday show, "Letters From The Earth," is a bit heavier fare, based on Twain's book of the same name, which was not published until his daughter Clara died in 1902. Layne said the show is aimed at "the serious minded" audience, and shows a darker side of Twain. ("Twain" said it would never be published, for to do so would be a felony," Layne said.

"It's very blasphemous," Layne said. "It's anti-God and anti-human nature. I call it sardonic revelation."

"But it is very fun to listen to, and there is this humor running through it," he said. "I'm really excited about it. I've only used it about three times now, and all three times it's been



McAvoy Layne will portray Mark Twain for two shows at Collinsville's Miner's Theater on March 1 and 2.

sold out."

Both shows will include a question and answer period. Layne, whose background is in teaching, said the sessions give him a chance to teach his audiences about Twain. He remains in character as he answers the questions, he said.

"I consider myself an educator in costume," he said. "I really like the question-and-answer portion of the program. It gets pretty lively."

Layne has been portraying Mark Twain for eight years, and has performed more than 1,000 shows across the United States and the world.

He is the voice of A&E's upcoming biography of Twain, and portrays the writer in the Discovery Channel documentary "Adventures of Huckleberry Finn." He also has authored a book, "Hooked on Twain."

Following each show will be a wine and cheese reception with Layne at the theater, located at 204 W. Main St. in Collinsville. Capt'n Bill Carroll is the special guest of honor at both shows.

Carroll spent 50 years on the Mississippi River and was captain of the Huck Finn riverboat.

The performances will be the first since the installation of the new seats and the repainting of the interior of the theater, which is on the National Register of Historic Places.

Tickets for the show cost \$10 and are on sale now at the following locations in Collinsville: Stitch n Tyme, the Collinsville Chamber of Commerce and Jan's Hallmark. For more information call 618-345-1940 or 618-344-0026.

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Horoscope

Wednesday, Feb. 28

The moon in Cancer puts a rosy glow over all family relationships. Secretly, people want more harmony and understanding. But, under the new Cancerian cycle, the world turns



Joyce Jillson

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ARIES (March 21-April 19): You've survived a difficult period and now need fun. Plan a long weekend with your current love. Exposure to new people and interests is vital to your growth. Your intellectual abilities improve, those who once rejected you.

TAURUS (April 20-May 20): Timing is everything. Wait until you feel right to approach a potential new love. Curtail most of your business commitments as you must focus on one project to succeed. Don't take on a financial obligation.

GEMINI (May 21-June 21): Problems at your company seem insurmountable, yet you thrive in a highly competitive atmosphere. Moonlighting opens up new careers. This month, the boss makes a mistake, leading to your promotion.

CANCER (June 22-July 22): There is a grain of truth in a rumor. Resist the urge to criticize — use a friendly approach to get answers. At work, you outperform others — ask to be paid for these extra efforts. Delays in love are costly. Attend lectures.

LEO (July 23-Aug. 22): Break the ice by using humor. Augment your income by selling little-used equipment. Neighbors watch your every move, so be very careful to hide secrets. Employers watch your output and make a key decision this week.

TODAY'S BIRTHDAY (Feb. 28): This is a year when love and business ambitions come together. Mark May and November for money and promotions. Sales of ideas and inventions are made in June. Travel brings new love with an Aries or Sagittarius. Forge a new family understanding this summer. Seek out Gemini and Leo who will fund artistic projects. Marriage to a business colleague is likely. Scholarships come in June.

VIRGO (Aug. 23-Sept. 22): Unsettled plans keep you from concentrating on financial concerns. Watch that a loved one doesn't undermine your budget. Revive forgotten ideas. Relatives decide to help in business. Socialize with co-workers.

LIBRA (Sept. 23-Oct. 23): Botherome calls and visits keep you from accomplishing your goals. Stop trying to please everyone. An in-law or elderly relative tries to control you through criticism — shut him or her out! Don't interfere with a child.

SCORPIO (Oct. 24-Nov. 21): New love counterbalances your workaholic pace. What or who are you killing yourself for? Silly disagreements unearth major problems. Coax youngsters with positive reinforcements. Negotiate today — the odds are with you.

SAGITTARIUS (Nov. 22-Dec. 21): Level with associates about your financial needs. Novel solutions open up new careers to you. Cousins are ideal partners. Singles find romance on the Internet. Keep pledges no matter when you truly last. Intermediaries create more trouble. Handle things yourself.

AQUARIUS (Jan. 20-Feb. 18): Expand your horizons by considering a major change. New options open up when you have a bad situation. Friends ease you over bumpy times. See an Aries. Love a Gemini.

PISCES (Feb. 19-March 20): Your grueling pace intimidates partners and colleagues. List your assets — you have more than you realize. Demands should not be followed unconditionally. Trade for goods — try bartering.

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Beef & Broccoli Lo Mein
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Green Pepper Pork
Fried Vegetable

NEWS

Wilson to get Edwardsville contract

Low bidder S.M. Wilson & Co. of Granite City is the odds-on favorite to receive the contract for construction of the Edwardsville water treatment plant expansion, according to engineer Charlie Juneau.

Officials opened bids for the project Thursday. Juneau, of Juneau Associates Inc. of Granite City, which designed the expansion, said he was pleased with the bids, several of which came in under the \$2.5 million base bid for the project.

Exact figures on the bids were not available Thursday. The expansion project would increase the plant's capacity from 4 million gallons a day to 6.2 million gallons a day.

Juneau said S.M. Wilson "appears to be the responsible lowest bidder." Juneau recommended in a letter to Alderman Richard Madison, chairman of the Public Services Committee, that the city grant

S.M. Wilson the job.

The City Council must approve any construction contracts for the project.

Dale Miller, vice president of estimating for S.M. Wilson, said his company is "excited" about coming in as the lowest bidder.

"We developed a sound strategy. We wanted the job real bad," Miller said. "I guess it paid off."

S.M. Wilson has completed water and sewer treatment plants in the past, officials said. They have also construct-

ed several Wal-Mart stores in the area and worked on several hospital construction projects in Illinois and Missouri.

"We do about \$65 to \$70 million a year," Miller said. The base bid for the project includes two horizontal pressure filters, a water softener for the filters, office space and a new laboratory.

Bids were also sought for each of nine extra features officials want included in the expansion but were unsure if the city could afford.

The nine alternatives were

prioritized and a second \$2.8 million target bid that would include the top five was sought from contractors, Juneau said.

S.M. Wilson was the lowest bidder for all the alternatives, he said. Of the six bids received by Juneau, three were under the \$2.5 million base bid and the \$2.8 million base plus five alternatives. In addition to S.M. Wilson, France Mechanical and Thiems Construction bid under the marks.

— From the Alton Telegraph



Pupil and teacher — Daniel Vizer of Granite City recently performed in a recital series in Chicago honoring the 100th birthday of Grace Welsh. Vizer, who studied under Welsh at the American Conservatory of Music in Chicago, programmed works of Scarlatti, Chopin and Prokofiev in the series. Vizer has given piano lessons in Granite City for more than 20 years. His studies began with Ortanza MacDonald in Granite City. At Southern Illinois University at Edwardsville, he studied with AeRae Kim, Dr. Marion Lampe, Dr. Linda Perry and Ruth Slenczynska.

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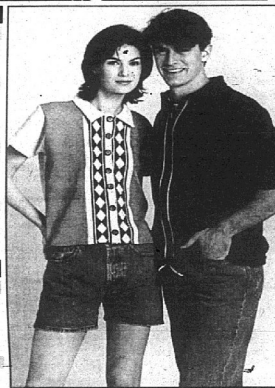
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Obituaries

Betty Dusky

Betty Jean (Davis) Dusky, 76, of Granite City died at 5:44 a.m. Friday, Feb. 23, 1996, at University Manor in Edwardsville. She was born Feb. 13, 1920, in Kansas City, Mo., and had been a resident of Granite City since 1958.

A seamstress with International Ladies Garment Workers Union, she was of the Baptist faith. Survivors include four sons, Richard, Michael, Stephen and Larry Dusky, all of Granite City; one daughter, Sharon Hootman (Dusky) Madrid, Mo.; one brother, Frank Davis of Fresno, Calif.; three sisters, Violet Wallace of Independence, Mo., Evelyn Sealy of Houston and Mary Agnes of Shawnee, Kan.; 19 grandchildren; and seven great-grandchildren.

She was preceded in death by two daughters, Janet Dusky and Lucinda (Dusky) Strain; her parents, Frank Davis and Helen M. (Reed) Davis, who died in 1933; and her adoptive mother, Velma (Reed) Presswood.

Services were Monday at Irwin Chapel in Granite City with the Rev. Fred Boatright officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are requested for the American Cancer Society.

Georgia Davis

Georgia M. (Lane) Davis, 75, of Dexter, Mo., formerly of Granite City, died at 5:45 p.m. Saturday, Feb. 24, 1996, at Dexter Memorial Hospital in Dexter, following a three-year illness.

A homemaker, she was of the Protestant faith.

Survivors include four sons, Bobby and Bill Davis, both of Dexter, Richard Davis of St. Charles, Mo., and Allen Davis of St. Peters, Mo.; two daughters, Paula Abernathy of Dexter and Nancy Davis of St. Charles; three brothers, Floyd Lane Jr. of Verdado, Mo., and two sisters, Lane of Granite City and Donalane of Aurora, Colo.; two sisters, Doris Knight of Chandler, Ind., and Helen Knight of Spokane, Wash.; 17 grandchildren; and three great-grandchildren.

She was preceded in death by her husband, Alro T. Davis; one daughter, Mary Ann; her parents, Alro T. Davis and Martha (Brittain) Lane; two brothers, Ray and Kenneth Davis; and one granddaughter, Patricia (DeGonia) Orr, whom he married April 11, 1953; four sons, Richard Orr Jr. of Kirkwood, Mo., Scott and Brian Orr, both of Highland, and Jeffrey Orr of Chicago; one grandchild, Donald Orr of DeSoto, Mo.; two sisters, Betty Ebrecht of Granite City and June Jones of Grand Prairie, Texas; and five grandchildren.

Charles Nishke

Charles Nishke, 83, of Collinsville, formerly of East St. Louis, died at 2:50 p.m. Friday, Feb. 23, 1996, at Eden Village Care Center in Edwardsville. He was born March 21, 1912, in East St. Louis.

A chief engineer with Hunter Packing Company in East St. Louis for 44 years prior to his retirement in 1974, he was a member of Legion of Mary, Knights of Columbus Council 1712 in Collinsville, the Collinsville Senior Citizens Center Executive Board, American Chapter 35 and 2921 in Collinsville and Musicians Local 350 in Collinsville.

Survivors include his wife, Esther C. (Koening) Nishke; two daughters, Sister Carol Nishke, S.N.D., of North Little Rock, Ark., and Dorothy Gates of Amherst, N.H.; two brothers, John Nishke of House Springs, Mo., and George Nishke of Granite City; three sisters, Anne Griffith of Sun City, Ariz., Jeanie Pitt of Olympia, Wash., and Tillie Howorka of Cincinnati; two grandsons; and one great-grandson.

He was preceded in death by one sister, Mary Giesko.

Services were Tuesday at St. Cecilia Catholic Church in Glen Carbon with the Rev. Stephen Polman officiating. Burial was in Mount Carmel Cemetery in Belleville. Arrangements were handled by Kessler Mortuary Ltd. in Fairview Heights.

Memorials are requested for the St. Augustine Center in Belleville or in the form of Masses.

Richard Orr

Richard L. Orr Sr., 66, of Glen Carbon, formerly of Granite City, died at 7:30 p.m. Sunday, Feb. 25, 1996, at Rosewood Care Center in Edwardsville. He was born May 19, 1929, in Lafayette, Ind., and had been a resident of Glen Carbon for six years.

A pilot with the United States Air Force and a helicopter pilot, he retired in 1976, he served during the Korean War and the Vietnam War. He was

in flight safety for 15 years.

Mr. Orr was a member of the American Legion Post in Edwardsville and the Granite City Eagles Lodge 128.

Survivors include his wife, Patricia (DeGonia) Orr, whom he married April 11, 1953; four sons, Richard Orr Jr. of Kirkwood, Mo., Scott and Brian Orr, both of Highland, and Jeffrey Orr of Chicago; one grandchild, Donald Orr of DeSoto, Mo.; two sisters, Betty Ebrecht of Granite City and June Jones of Grand Prairie, Texas; and five grandchildren.

He was preceded in death by his parents, Vernon and Louise (King) Orr; and one brother, John Orr.

Friends may call from 10 to 11 a.m. today, Wednesday, at Irwin Chapel, 3960 Maryville Road in Granite City, where services will be at 11 a.m. today with the Rev. Stephen J. Polman officiating. Burial will be in Calvary Cemetery in Glen Carbon.

Memorials are requested for the American Cancer Society.

Robbie Brasfield

Robbie Brasfield, 71, of Madison died Monday, Feb. 26, 1996.

Arrangements are pending at Irwin Chapel, 3960 Maryville Road in Granite City, 931-8000.

Jack Clemons

Jack Clemons, 79, of Granite City died at 4:41 p.m. Friday, Feb. 23, 1996, at Collinsville Care Center in Collinsville. He was born Oct. 10, 1916, in Sun City, Mo., and had been a resident of Granite City for 30 years.

A band leader with Clem Clemons Mountaineers for 50 years, he was of the Protestant faith.

Survivors include his wife, Irene Clemons; one sister, Marie Miller of Michigan; six grandchildren; and seven great-grandchildren.

He was preceded in death by two daughters, Judy Est, who died in 1972, and Jean Gran, who died in 1984; his parents, Joe and Belle (Baier) Clemons; and one brother, Elmo Clemons.

Graveside services and burial were held Monday in Jefferson Barracks National Cemetery in St. Louis.

Arrangements were handled by Davis Funeral Home in Granite City.

D. Blethroad

Dolores M. (Zellerman) Blethroad, 75, of St. Peters, Mo.,

died Thursday, Feb. 15, 1996, at home. She was born Sept. 1, 1920, in Granite City.

A funeral Mass will be said Saturday, March 2, at St. Kevin Catholic Church, 1009 S. Henry St. in St. Louis. Mrs. Blethroad's body was donated to St. Louis University School of Medicine.

She was a homemaker and a volunteer at the Sana Anna Apartments front desk and with the Mid-East Area Agency on Aging. She was a member of the Legion of Mary in St. Louis.

She is survived by one daughter, Joan Rose of St. Peters, Mo.; one sister, Edna Fulcher of Granite City; and three grandchildren.

She was preceded in death by her husband, William R. Blethroad.

Memorial donations may be made to St. John's Mercy Hospice program, c/o Baue Funeral Home, 620 Jefferson St., St. Louis, Mo. 63101.

Larry Ligibel

Larry D. Ligibel, 42, of Glen Carbon died Friday, Feb. 23, 1996.

Survivors include his wife, Lisa (Steele) Ligibel; one son, Kenneth Ligibel; one daughter, Kelly Ligibel; his mother, Agnes, Driskal; four brothers, Richard, Michael, Tim and Gene Ligibel; one brother, Ralph Decker, and two sisters, Kathy Schmis and Sherry Meyers.

He was preceded in death by his parents, Charles and Edna Ligibel. Services were Tuesday at Lake View Funeral Home in Fairview Heights with the Rev. Don Word officiating. Burial was in Lake View Memorial

Cemetery in Fairview Heights.

Support group meets March 5

Helping and Healing is a support group for care-givers and family members of those with terminal illness, available through Patient Care Coordination at St. Elizabeth Medical Center, 2100 Madison Ave. in Granite City.

The group meets the first and third Tuesday of each month from 5:30 to 7 p.m. in the Schoenbeck Room on the first floor of the medical center. The next meeting is scheduled for March 5.

SEMC social workers provide both education and support for care-givers in a variety of ways. Families are informed about services available to them and are often referred to community agencies for additional assistance.

Meiboy Boyd, social worker for Hospice of Madison County, is the group facilitator.

Participants in the program learn this: "Am I doing the right thing?" "Am I saying the right thing?" "Am I getting the right help?"

By hearing about each other's experiences, participants have the opportunity to see that they are not alone.

For more information on the group, call the SEMC Patient Care Coordination Department at 798-3078.

Gardens in Fairview Heights. Memorials are requested for the American Heart Association.

Marian Sanders

Marian L. (Decker) Sanders, 66, of St. Clair, Mo., formerly of the Tri-Cities area, died Friday, Feb. 23, 1996, in the emergency room at St. John's Hospital in Washington, Mo., following a sudden illness.

Mrs. Sanders was born Feb. 25, 1929, in Venice, Mo., and had been a resident of the Tri-Cities area for most of her life, moving to St. Clair three years ago.

A homemaker, she was of the Protestant faith.

Survivors include her husband, Raymond Sanders; four sons, Frank Crane Jr. of Mulberry, Fla., Ralph Crane of Jacksonville, Fla., Ron Crane of Austell, Ga., and Keith Crane of Laredo, Texas; one daughter, Cove, Texas; one brother, Kenneth Decker of Madison; two sisters, Roberta Cook of Pocaterra and Doris McCoid of Brooksville, Fla.; seven grandchildren; and three great-grandchildren.

She was preceded in death by her parents, Robert L. and Beulah P. (Walters) Decker; one brother, Ralph Decker, who died in 1992; and one sister, Adele Decker, who died in 1985.

Services were Monday at Irwin Chapel in Granite City with the Rev. Steven Hurd officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are requested for the American Heart Association.

Pet cages stolen from store

What should have been business as usual on Saturday for the Madison County Humane Society's regular "Adopt-a-Pet Day" turned chaotic after volunteers learned they had nowhere to keep most of the animals.

Sometime Friday, someone took the Humane Society's two large display cages from a fenced area at PetsMart, 1570 W. Highway 50 in O'Fallon, and valued \$100.

The Humane Society holds regular adopt-a-pet days there on the first, third and fourth Saturdays of each month.

"We had to take half of the animals back to Collinsville," said MCHS President Ledy VanKavage. "It was really upsetting," she added.

MCHS operates shelters in both Collinsville and Edwardsville.

The cages, made of PVC pipe and wire, are valued at \$500 each. Without them, MCHS found homes for six cats, compared to 13 the Saturday before.

"We could have done a lot more (adoptions) but people can't see them in these little carriers and it just makes everything so difficult," VanKavage said.

VanKavage said MCHS officials would be happy if the cages "showed up just like they disappeared." There would be no questions asked, VanKavage said.

VanKavage said the group cannot afford to replace the cages and will have to take fewer animals to future adoption days at PetsMart until another solution can be found.

Anyone with information about the missing cages should contact the O'Fallon Police Department at 624-4545 or the Humane Society at 656-4405.

Anyone who would like to donate to the Humane Society can do so by sending checks to MCHS at P.O. Box 1, Edwardsville, Ill., 62025.

By hearing about each other's experiences, participants have the opportunity to see that they are not alone.

For more information on the group, call the SEMC Patient Care Coordination Department at 798-3078.

Butler coming to Crystal Ballroom

Even though it's still early in the year, March promises to be one of the "hottest" months of the year at the Crystal Ballroom in Staunton.

The month will get off to a sizzling start when the Ralph Butler Band performs at the Ballroom Saturday, March 2.

The highly acclaimed Butler has been recognized as the Metro area's "Best Male Vocalist" by the Riverfront Times and St. Louis Magazine for the past 10 years. His repertoire ranges from pop, to rock and roll, to jazz and reggae.

A local favorite in the Staunton area, Ralph Butler will provide an entertaining evening for everyone who comes to see him. Tickets are \$10 in advance, or \$12 at the door, and are available at the Crystal Ballroom and at Bill's IGA and McKay Auto Parts, both in Staunton.

On Sunday, March 3, the legendary "Idol of the Airline," the Jan Garber Orchestra, will return to the Crystal Ballroom.

The famous group, started by Jan Garber more than 50 years ago, is now under the direction of Howard Schneider of Kewaskum, Wis. The 12-piece orchestra has not been at the Ballroom for five years, and is sure to draw dancers and music lovers alike to hear sweet sounds of the Jan Garber Orchestra. Tickets will be on sale the day of the dance and will be \$12 per person.

On March 4, the Metro and P.O.L.K.A. Club of St. Louis and Springfield, Ill., are sponsoring their Fourth Annual Polka Fest on Sunday, March 10. The dance will feature The Downtown Sound from Chicago and The Lively Sounds of Ken Juricic of Joliet.

Nurses offer scholarship

The Association of Operating Room Nurses of Southwest Illinois, Chapter 1410, is pleased to sponsor a \$500 scholarship to a student nurse entering their last or senior year of nursing.

An application for the scholarship can be obtained by calling Anna Shoemate at 618-233-7750, extension 5181, or 618-644-3311 or a student nurse entering their last or senior year of nursing.

For more information on the group, call the SEMC Patient Care Coordination Department at 798-3078.

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•Report

(Continued from Page 3A)

seized.

The police department's detective division was busy last year, investigating an average of more than 500 cases per detective.

The detectives were assigned a total of 2,987 cases. Of those, 2,205 were cleared by arrest, unusual circumstances or were unfounded — a clearance rate of 73 percent.

Detectives filed 382 felony cases with the Madison County State's Attorney's office in 1995. Of those, 188 are still pending.

49 defendants were sentenced to a year or more in prison, 14 cases were dismissed, five defendants received supervision and two were found not guilty. The remaining 124 cases resulted in probation, fines or jail time of less than a year.

The Drug Abuse Resistance Education (DARE) Program was expanded last year to include middle school-age students, including those at Coolidge and Grigsby Middle Schools and Holy Family and St. Elizabeth parochial schools. The program is also in place at elementary schools at the fourth and sixth grade levels. The police department provides DARE officers, whose salaries are reimbursed by private donations and grants.

By the spring of 1996, more than 5,450 sixth grade students and almost 3,750 fourth graders will have been presented the DARE curriculum. About 725 seventh grade students completed the middle school DARE program last semester.

"There is really no fool-proof way to measure the success of DARE," Ruebhausen said. "But who knows how different our community would be if we never had DARE?"

He said that DARE should be looked on as "only one step" in the solution to drug problems.

Including white collar staff and a janitor, the police department employed a total of 66 persons.

One public relations officer, whose salary is reimbursed through the COPFAST grant, is responsible for persons self defense and child safety seminars, neighborhood watch programs, home and business security assessments, abandoned vehicles, DUI reports, taxi cab and low truck reports and inspections, and serves as a liaison between the department and the court system.

There are so many different beliefs and old wives tales about what activities could be performed during pregnancy.

Providence Occupational Health Services' Wellness Center, 2103 Iowa in Granite City, offers the following guidelines, which pregnant women can follow to help them choose an exercise or sport that is safe and enjoyable.

Exercise during pregnancy has many positive effects and does not have any adverse effects on the fetus. Not only does an exercise program maintain muscle tone, strength and endurance, it also protects against back pain and other discomforts of pregnancy. It is a great way to improve one's energy level, self-image and even mood.

Physical exercise during pregnancy has no adverse effects on maternal weight gain, length of gestation, length of labor or infant birth weight. However, exercise has not proven to benefit any of these factors. It proves to have more of a training effect for women maintaining cardiorespiratory fitness and reducing the risk of

post-partum obesity.

Suggested guidelines to follow are:

Consult your doctor. Before beginning any exercise program, every pregnant woman needs an obstetric exam to rule out any harmful conditions.

Begin slowly if you are a beginner to exercise. If you do not exercise regularly, begin your exercise program slowly and make sure to incorporate a good warm up and cool down into your program.

Eat sufficiently. Pregnancy increases caloric expenditure approximately 3,000 calories per day. Pregnant women who exercise need to make sure to eat enough nutrient foods to meet these needs.

Drink lots of water. Make sure to drink lots of fluids before, during and after exercising. It is suggested to drink one pint of liquid before exercising and one cup every 20 minutes during an exercise program.

Watch weather conditions. Be wary of exercising when weather is hot or humid. If the air temperature is higher than 80 degrees Fahrenheit or the humidity is over 50 percent, keep your exercise program inside or where conditions are more desirable. In the summer months, schedule workouts before 8 a.m. or after 6 p.m.

Stay away from quick movements. Exercises involving sudden changes in body positions

Pregnancy exercise guidelines offered

increase the risk of falls. Sports and activities to stay away from include swimming, horseback riding and trampolines.

Warm up and cool down. Warm ups and cool downs are important as connective tissue softens in response to hormone changes in early pregnancy.

Be aware of heart rate and blood pressure changes. Both heart rate and blood pressure increase during pregnancy. Keep this in mind when monitoring your target heart rate, and do not let your rate exceed 140 beats per minute. Also, realize that pregnant women's blood pressure can vary even with changes in body position.

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'Let's Do Lunch'

Women's program to feature Debbye Turner

Former Miss America Debbye Turner and folk singer Gerri Gribbi are two of four featured speakers who will be helping Belleville Area College celebrate Women's History Month through the "Let's Do Lunch" program to be held on March 1, 6, 22 and 29.

Each session of the program will be held from noon-1 p.m. in the Belleville Campus Garden Room, 2500 Carlyle Avenue.

"This is an opportunity for the community to become more aware of women's issues," said Mary Rose Grant, BAC's Gender Equity

coordinator. "We want to celebrate the very essential part women play in society and culture."

Turner, who is a co-host of KSDK-TV's Show Me St. Louis, will be kicking off the program March 1 with her presentation entitled "Happy Endings and New Beginnings." She will discuss how past experiences, present adventures and future opportunities define our lives.

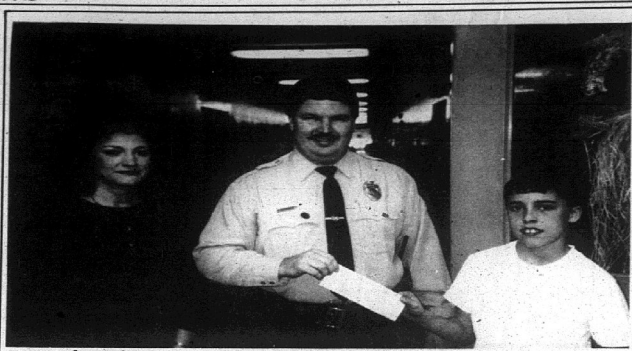
On March 6, folk singer and historian Gerri Gribbi will give two performances of "Womenfolk: Celebrating a Diverse Heritage," and an uplifting presentation that

utilizes folk music, tales and humor to celebrate the cultural roots of women as workers, survivors and dreamers. Gribbi's performance can be seen from noon-1 p.m. and again from 7-8 p.m.

Nancy Morrison, Ph.D., a local family and marriage counselor, will give a talk on "Healthy Relationships" March 22. Morrison will show guests how to maximize the positive aspects of any relationship.

Wrapping up the program March 29 will be registered dietitian Lana Shepek, who will focus on "Celebrating Women's Wellness." Shepek's talk will explore the six areas of wellness and identify healthy lifestyle habits.

There is no admission for the program, sponsored by BAC's Special Services and Gender Equity and Minority Transfer programs. A special lunch buffet will be offered at each session, and free drinks will be served to the first 40 guests. Please call for reservations.



DARE donation — The Frohardt Elementary School Parent Teacher Association showed its continued commitment in sharing program costs with the Granite City Drug Abuse Resistance Education (DARE) Committee by recently presenting a \$150 check. Pictured, from left, are Kim Affolter, Frohardt PTA president and DARE Committee member; DARE Officer Phil Popmarkoff; and Andrew Crider, a sixth-grade student and Frohardt's DARE essay contest winner for the current school year.

Interesting facts about
Plant Growth
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Where Beautiful Things Begin

How does your garden grow? Really, that is, we're not quoting an old nursery rhyme. Have you ever wondered exactly what makes a plant do its thing? It's a complex subject, but since we thought you'd like to know, we'll delve into it, with an attempt to be as brief as possible.

First of all, think of the circulatory system of four own bodies. A plant's system performs many of the same functions, but in a different manner. In fact, it's not even called a circulatory system, since nothing circulates. Call it a transport system and you'll be correct.

Plants boast two transport systems. One carries water and dissolved nutrients from roots to leaves, while the other system carries sugars and other manufactured material from the leaves to all other parts of the plant.

The nutrients that are carried upward flow through a system of very small tubes called the xylem, pronounced ZIE-lem. In woody plants, this is the outermost layer of wood. The wood, which is just under the bark, contains these tubes. They extend all the way to and into the plants' leaves, where they end in the leaf tissue. Water then exits the xylem in the leaf tissue and evaporates through microscopic pores in the leaf. These pores are called stomates.

The evaporation of the water through the stomates is called transpiration. This is an important function, since it not only provides the power to move the water and nutrients into the leaves, but the evaporation also cools the leaf.

If anything interferes with the above process, illness can befall the plant, just as human bodies would react negatively to the same situation. Dry soil, a cut or plugged root system or a root system that is otherwise unhealthy can kill a plant. Leaves begin to show

signs of deterioration by turning pale green or yellow. Leaves can even wilt or scorch in hotter weather, since the demand for water is higher, and the leaves lose water faster than it can be replaced.

Plants control the transpiration by opening and closing their stomates. They're closed at night, but open up again in the morning.

The part of this transport system that carries sugars and other material from the leaves to the rest of the plant is called phloem, pronounced FLO-um. This system of tubes is just inside the bark on woody plants like trees. If you were to peel some of the bark, the white part of the bark you'd see is the phloem.

Phloem flow's slow, more so than xylem flow. If you got that out on the first try, congratulations. Sugars and other material manufactured in the leaves slowly diffuse through the phloem, to growing shoots, flowers, fruits and whatever else the plant contains. This flow eventually terminates at the roots.

We've just touched the surface on this subject, but it gives you some idea of what goes on inside a plant, at least we hope. There's photosynthesis, root growth, trunk growth and much more involved. We'll get into these topics deeper in the near future.

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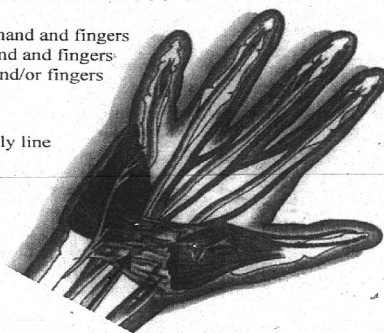
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Spay Day celebrated

Tuesday marked the third annual Spay Day USA.

Pet owners are encouraged to participate in the event by sponsoring the spaying or neutering of a cat or dog.

For every person born in the United States, 15 dogs and 45 cats are also born.

"The pet overpopulation crisis in our area is far from

over," said Ledy VanKavage, president of Madison County Humane Society.

Last year Madison County Animal Control killed 2,200 dogs and 1,567 cats just because there weren't enough caring homes for them all. Madison County Humane Society opened its Edwardsville Shelter in September. One hundred and sixteen dogs and 50 cats were destroyed at that facility during 1995.

Madison County Humane Society took over the operations of the Collinsville shelter in November 1995 and 9 dogs and cats were euthanized at that location because of the pet overpopulation problem.

Each year approximately 50,000 dogs and cats are killed in the bistate region because people do not get their animals spayed or neutered.

"Unfortunately people don't realize that spaying or neutering has numerous health benefits. Altered animals are less likely to bite. Spaying greatly reduces the chances of breast cancer in female animals.

"Neutering eliminates the chances of prostate cancer in male animals," VanKavage stated.

During Spay Day USA, people are being asked to get their pet spayed or neutered. If their cats and dogs are already fixed they are requested to sponsor the cost of spaying a cat or dog.

Lisa Welborn, director of Madison County Humane Society's Spay Neuter Assistance Program, noted that funding is always in short supply for MCHS's SNAP program.

"We always have more applicants for the SNAP program than we have funding for. Many people can't afford the cost of spaying their pet and don't know what to do," Welborn said.

Donations for spaying or neutering can be mailed to SNAP, Madison Co-Humane Society, P.O. Box 1, Edwardsville.

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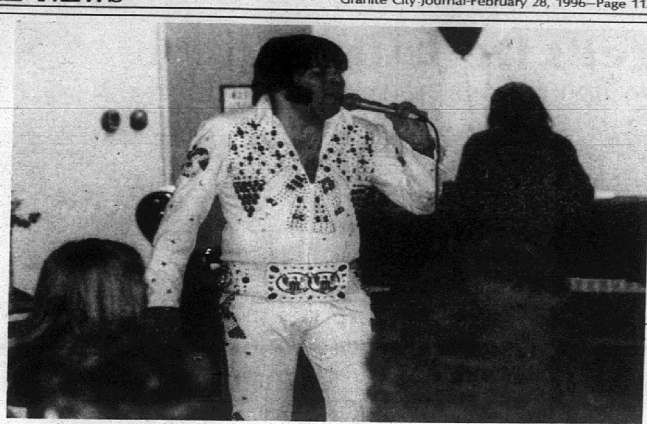
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GLIK'S CHARGE VISA MASTERCARD DISCOVER





The King — Steve Davis sings an Elvis Presley ballad while dressed as the King of Rock 'n Roll at a fund-raising luncheon for Head Start held. The event was held at St. Peter Church in Granite City. All funds raised are to be used to buy playground equipment for Head Start.



Staff photos by JOHN FRESE

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Racial Harmony forum

Multi-racial families share their stories

Five members of culturally diverse families shared their stories of living in multi-ethnic, multi-racial families during a special Racial Harmony Community Forum on Valentine's Day entitled "Love Sees No Color."

Sue and Douglas Eder, Euro-Americans, told their story of being the first multi-racial family in Florida. The Eders, having suffered two miscarriages and desperately wanting to have a baby, decided to adopt. Their willingness to adopt a biracial child made adoption possible.

LaVern and Rudy Wilson, African-Americans, shared their stories about their three children and each of their struggles for self-identity and personal autonomy. The Wilsons, being unable to have children, also turned to adoption. Their desire to have children and provide a loving home led them to adopting biracial children.

The similarity of the Eders' and Wilsons' stories do not end there. Both families have employment at STUE and live in Edwardsville. They find the college town to be more tolerant than other communities.

Gabriella Ramirez-Darris, Hispanic-American, shared her experience of moving from the west coast to the St. Louis metropolitan area. She was confronted with the question, "What are you?" The questioners seemed to have little knowledge of Hispanic-Americans.

Ramirez-Darris' husband is African-American, and they are natural parents. At two their daughter is now becoming aware of the physical differences. Upon being given a black Santa, she asked where the other one was, meaning a white Santa.

Following the formal presentation, 40 community members interacted with the forum presenters who discussed the need for a strong and loving home for both parents and children.

Answering the question, "How can we make a difference?" they suggested that we need to begin practicing tolerance and understanding where we are in our families and communities.

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- Community Care Network
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- Ethix Preferred Care
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- Healthlink; Comp Mgmt; HMO
- Illinois Employees Group Health Plan
- Medco Behavioral Care Systems
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• formed Heartland Healthcare a partnership with area physicians to strengthen the cooperation between doctor's office and hospital, recruit more primary care doctors to Southwestern Illinois and offer a more personal approach to serving every patient.

• operates Providence Occupational Health Services a "for-profit" company providing businesses and corporations wellness, industrial health and employee assistance programs.

• has facilities in Collinsville, Edwardsville and Granite City, serving Greater Madison County

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600 hear Joe Clark at SIUE

'Take life on...Be bold,' former school principal urges

Joe Clark insists he never welded a baseball bat during his famous tenure as an inner-city New Jersey High School principal, but his words hit a grand slam Thursday night during an inspirational speech at SIUE.

Clark, now the director of a New Jersey jail, was without his bullhorn for the 90-minute speech. He paced the floor like a Baptist preacher before a racially mixed crowd at Southern Illinois University at Edwardsville's Meridian Hall.

About 600 people listened attentively as he volleyed anecdotes and jokes, all intended to move the audience to be the best they can be in their chosen fields.

"Go out there and take life on," Clark almost shouted. "Young people, be bold. Replace your insecurities with faith."

In true Joe Clark form, he said, "You must get off your dusty rusty and do for yourself. Self-responsibility is the bricks and mortar of power."

He urged members of the audience to push "toxic people" out of their lives. "Toxic people — energy drainers — will destroy you."

To black students he said, "You have a responsibility to yourself, your race and your country to be the best you can be to eradicate the notion that black people are intellectually inferior."

"Get into those classrooms and show your peers that you have the capacity to do whatever they do," he said.

"Work hard in school and bring dignity to yourself." Clark's message was well received by the audience. Sarah Porter, a freshman at Alton High School and a member of Minority Excellence, said his speech inspired her "to live the way I want and to do the best I can to be who I want to be."

The secretary of Minority Excellence, Dorothy Howell, commented that Clark was "very much like the movie." She was referring to the Warner Bros. film "Lean On Me," in which Morgan Freeman portrayed Clark as the bat-wielding, bullhorn-shouting, no-nonsense tough guy principal.

Howell said she respected Clark for wanting to help students understand the importance of staying in school.

"A lot of things (Clark said) we tell them every day, but to hear it from him makes a big difference."

Fourteen-year-old Charles Bourage, from Clark Junior High School, said the speech inspired him "to do my best, try hard and don't let nobody put you down."

He added: "If you want to do stuff, go ahead and do it without letting anyone stop you."

Clark left public education in 1990. His reason? "The whole had outgrown the water," he

said. "I was content, but not fulfilled."

Since then, he has written a book, "Laying Down the Law," and has consulted educators across the country.

Clark said he was "incensed about what is happening to education in America," but did not elaborate, saying only that that topic was for another speech.

Instead, he rallied the audience to "come together as one" to solve society's problems.

— From the Alton Telegraph

Carpenters' apprenticeships open

The Employers and the Southern Illinois District Council of Carpenters Joint Apprenticeship Committee have applications available for apprenticeship training carpentry from April 1 to 12.

All applicants must be an American citizen, and at least 17 years of age.

Applicants must take a physical and have a high school diploma or GED certificate, a record of previous work experience and three written character references.

All applicants are required to register at their local union office.

All applicants must reside in the jurisdiction of the program area (St. Clair, Monroe, Randolph, Washington, Clinton, Jersey, Calhoun, Madison, Bond, Alexander, Franklin, Gallatin, Hardin, Jackson, Johnson, Massac, Perry, Pope, Pulaski, Saline, Union, Marion, Williamson, Jefferson, Clay, Wayne, Hamilton, Richland, Lawrence, Edwards, Wabash, White and Lafayette).

Interested persons should contact an area Carpenters Local Union office from 9 a.m. and 12 noon.

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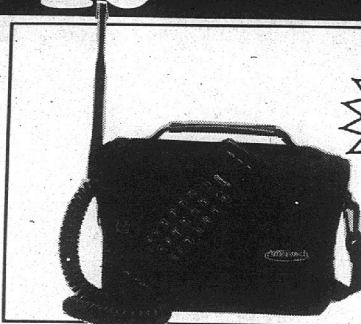
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"Weight" A Minute

Memorial's Project Trim can help you re-think your eating habits.

Program:
"Project Trim" is an eight-week weight loss program developed by the St. Louis Dietetic Association. This program is based on behavior modification with a specific plan and goal for each participant. An exercise program also is available.

Date and Time:
Class begins Thursday,
March 14, 1996
6:30 to 8 p.m.

Cost:
\$50.00 class only
\$80.00 with exercise component *

* The exercise program includes a TWO-MONTH MEMBERSHIP TO BELLEVILLE HEALTH AND SPORTS CENTER. An introductory class will be held.

Place:
"Project Trim" is held in Memorial Hospital's auditorium.

The exercise program is held at Belleville Health and Sports Center, 1001 S. 74th Street, Belleville

Information:
Class size is limited. To register, call Memorial's Community Relations Department at (618) 257-5649.



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Support groups have been in existence for many years. They can become a vital and positive influence in the lives of both patients and those who care about them. By providing information about their disease and how to live with it, support group members can create a better working partnership between patient and physician.

Memorial believes that support groups provide an opportunity for patients, along with their families and friends to discuss uncertainties and learn to place them in perspective. Better than any other technique, talking in a support group with people who share common problems, helps them understand that they are not alone.

The following is information about Memorial-sponsored support groups. For more information about these groups, call the Community Relations Department at 257-5649.

DIABETES

A mutual support group comprised of people with diabetes, their families and people who have had their lives affected by diabetes. Meetings are held on the fourth Monday of every month from 9 to 11 a.m. in the hospital auditorium.

FIBROMYALGIA SYNDROME

This support group is for people with fibromyalgia syndrome (FMS) and their families. FMS is considered to be a widespread musculoskeletal pain and fatigue disorder for which the cause is still unknown. Meetings are held on

the third Tuesday of each month from 7 to 9 p.m. in the auditorium.

HOPE

Hospital Oncology Patient and Family Education was formed to assist cancer patients, former cancer patients and people who have their lives affected by cancer. The HOPE group meets the last Thursday of each month at 1 p.m. in the auditorium.

ARTHRITIS AND JOINT REPLACEMENT

This group is for people who have arthritic conditions, as well as for

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those who have experienced or who are anticipating joint replacement surgery. Meetings are held quarterly on the second Wednesday of January, April, July and October from 7 to 9 p.m. in the auditorium.

LUPUS

This support group is affiliated with the Illinois and Missouri Chapters of the Lupus Foundation of America. Meetings are held offering information and insight for coping with lupus on the third Tuesday of each month (except June - September) at 7:30 p.m. in the hospital auditorium.

MENDED HEARTS, INC. - BELLEVILLE CHAPTER

Mended Hearts is a volunteer organization consisting of people who have heart disease, their families, medical professionals and other interested people. Additionally, Mended Hearts members form a support group for one another, contributing emotional backing to recovering patients and their families. For more information, call Memorial's Social Service Department at 257-5420.

NU-VOICE

Conducted in cooperation with the American Cancer Society, the Nu-Voice Club is for laryngectomies - people who have had their voice boxes (larynxes) removed. Family members and friends are encouraged to attend. For more information about meeting dates and times, call the Speech Pathology Department at 257-5255.

PULMONARY REHABILITATION

A group for people with diseases of the lung and their families. Individuals with chronic lung disease and their families learn about the disease, as well as share ideas and solutions to their problems. Meetings are held on the last Wednesday of the month (except June - August) at 1:30 p.m. in the auditorium.

YOUNG ADULT CANCER

This mutual support group was formed for young adults with cancer and their significant others who are affected by the disease. Meetings are held on the first and third Tuesday of every month at 7 p.m. in the auditorium.

Wednesday

Granite City Journal

Sports

February 28, 1996—Page 1B

BASEBALL

Loyalty to country or to an athletic organization sometimes seems like a thing of the past.

Page 2B

BASKETBALL

St. Louis Rams will play a basketball game against a team of local players March 16.

Page 4B



Steve Porter

Kahoks taking aim in sectional

The big guys are anxious to hoop it up for some sectional satisfaction.

They'll get the opportunity this week when the Collinsville and Salem Class AA sectionals unfold. The Collinsville semifinals will shoot over to Southern Illinois University at Edwardsville next week. The survivor at SIUE and the Salem winner square off March 12 in the Carbondale Super-Sectional.

But we're a long way from setting up shop at the 10,000-seat SIU Arena. The Collinsville Sectional champion has to win four games to earn a Sweet Sixteen berth.

Here are the first-round pairings:

Tuesday, Feb. 27 — East Alton-Wood River at Collinsville, Jacksonville at Granite City, East St. Louis Lincoln at Belleville West and Waterloo at Edwardsville.

Wednesday, 28 — Civic Memorial at Belleville East, Jerseyville at Cahokia, East St. Louis at Alton and Chatham Glenwood at Taylorville.

Collinsville is the top seed and rightly so. The Kahoks are 20-5 and won the Southwestern Conference championship with an 8-2 record.

Frankly, Bob Bone (228-83 record) may have done his best coaching job this season in 11 years at the school.

The Kahoks aren't deep in talent, yet they play well together and emphasize a stingy defense. They've allowed just one team to score more than 70 points on them and that was in a 72-62 loss to Belleville West early on.

The Kahoks were 3-3 at one point, yet they've won 17 of their last 20 games, losing only to Quincy (66-47) and Webster Groves (57-34). Collinsville won its final eight conference games to finish a game ahead of Belleville East.

Alton (20-6), enjoying its best season since 1984-85, has a chance for its first sectional championship in 41 years. But the Redbirds' road certainly isn't an easy one.

If they can beat East St. Louis (5-18) for the third time, they'll likely draw Taylorville at home Friday. That'll be tough enough. The Tornados can kick up a storm on occasion. Taylorville reached the sectional semifinals last season and is the only team to win at Edwardsville (49-48) this year.

After that, Alton could get a third date with SWC rival Belleville East (19-6) in the sectional semis. The Redbirds won 65-64 Friday at East to keep the Lancers from grabbing a share of their first SWC title. East prevailed at Alton 85-76 earlier this season.

Sectional surprises?
Fourth-seeded Edwardsville (16-8) and No. 5 Belleville West (13-12) are capable of beating anybody. However, surging East St. Louis Lincoln (14-8) has the 11th seed and presents a challenge for the Maroons.

Jerseyville (10-13), the No. 10 seed, is capable of flattening No. 7-ranked Cahokia (9-14) and possibly playing Belleville East in Round 2. If that happens, the Lancers would have to play two Mississippi Valley Conference schools — CM's Eagles and the Panthers — to reach the Final Four.

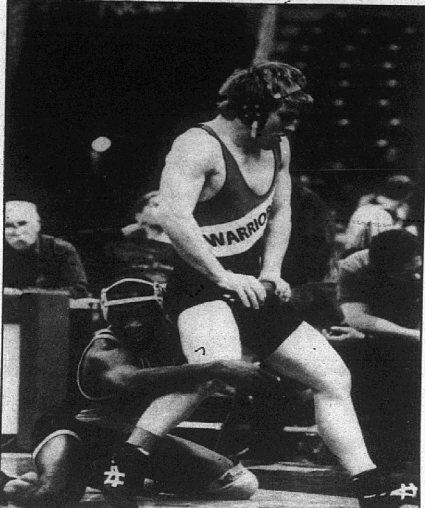
It appears less complicated at Salem. Defending sectional champ Centralia is clearly the team to beat, even if the Orphans don't appear to be as rugged as they were a year ago.

Of course, Highland (21-5), the sectional runner-up to Centralia in 1995, and Mascoutah (21-5) might have something to say about that. Triad (11-13) is an outsider wanting to get in the big picture.

There you have it. The scene is set for this week. All we need to know is who will fire the first shot to be heard around Southern Illinois.

Warrior loss 'bitter' pill to swallow

By Rob Raphael
Staff writer



Warrior John Wilson (standing) had to wrestle the best grappler in the state — four-time champ T.J. Williams.

NORMAL — Somebody give the Warriors a spoonful of sugar, because the medicine's not going down too well right now. Granite City failed in its bid to win the state dual team championship on Saturday at Redbird Arena. The Warriors also failed to defeat Chicago Mt. Carmel in the first round of the tournament. In other words, nothing went right for the Warriors at the tournament they waited two years to wrestle at.

In what was a fantastic year of wrestling, things did not end the way the Warriors wanted. They dropped their quarterfinal match to the Caravan 29-26 Saturday morning.

"It's a bitter ending to a good year. I'm not really disappointed in my kids, I'm disappointed for them," said GHS coach Mike Garland. "You work all year for this, and some of them are tired of cutting the weight, and other factors."

"But every team goes through the same thing. It comes down to who wants it the most; and who wants to make the sacrifices to get it."

IT WAS A SUCCESSFUL season for Granite City wrestling, but it could have been better. For the 10th time, Garland pointed to some of his wrestlers who refused to make weight correctly.

(Adame) Dunnivant's winning (at 103 pounds); and he's taken down in the last period,



Warriors cheer on their own at the state dual team championship.

and scores no points in the final period. And I attribute that to running. He had to make weight," Garland said. "And (John) Sellers (189) wins his match 12-1, but if he doesn't have to run then maybe he has the extra energy to pin the guy. We lost by what, three points? If we get those extra points here and there then maybe we beat Carmel, who knows?"

"The Carmel kids came in on weight, ready to wrestle, and they beat us. It's a matter of preparation. I guess they did it more than we did. I had some kids that wanted it, but I had those few that come up here thinking about their bellies instead of their team mates."

Mt. Carmel coach Bill Welch couldn't disagree with Garland's statements.

"(Granite City's) got a tough team, believe me, and we got a few breaks. And as Mike said, maybe our kids were a little hungry, and we talked about that before the match. We're weren't No. 1 anymore in the state rankings, but they've got to beat us to take it away from us," said Welch.

The meet started on a bad note for the Warriors, as 160-pound state champ John Vene moved up to 171 pounds and lost an 11-7 decision to Carmel's Paul Vail.

Sellers then defeated Jason Nape 13-1, and Chris Janek ended his wrestling career in style by pinning Matt Potocki at 4:52. Dunnivant lost to Kevin Butler 4-3 at 103 pounds, but John Kelly (112) outpointed Connor McClintock 6-2 and Bobby

(See LOSS, Page 4B)

Moline takes 2A crown; Mt. Carmel places fourth

By Rob Raphael
Staff writer

NORMAL — No one believed the Moline Maroons could win the dual team state championship — except the Maroons.

And their belief in themselves is exactly what carried them to their first dual team state championship since 1969 on Saturday at Redbird Arena.

Most believed it would come down to either three-time champ Chicago Mt. Carmel or top-ranked Granite City, but neither of those teams made it to the championship match.

And Moline's opponent, Hoffman Estates Conant, surprised many by making it as far as it did.

But Moline rallied from 13 points behind to shock Conant 30-29 in the championship match. The Maroons, down 29-16 with only three matches to go, scored two major decisions and one win by fall to overtake the Cougars at the finish line.

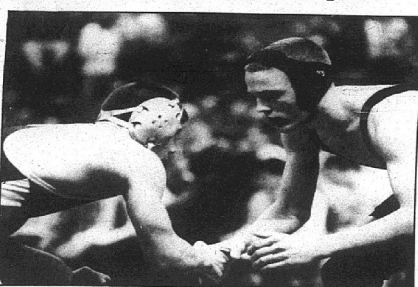
After a long Moline celebration, coach Todd Rosenthal finally composed himself long enough to speak to the media.

"It just can't believe what happened," he said. "We never lost hope in ourselves, and we knew we had three kids capable of scoring big points for us."

"But to go out and execute like they did, with everything on the line was just a tremendous accomplishment. I think the fact that we never said die, and stuck together, really carried us to this win."

The match began at 125 pounds, which was the only weight the two teams could agree on. Conant coach Jim Cartwright said he knew his team would have to get out to a big lead to stem a possible late rally by Moline.

"But starting at 125, I thought that would be good to have two of our best wrestlers going in the first five spots. I (See MOLINE, Page 4B)



Warrior Jonas Janek (right) lost 8-5 to Mt. Carmel's Jason Erwinski.

Warriors will get taste of Kiel

By Rob Raphael
Staff writer

Finally, Kiel Center. The Granite City Warrior hockey team has been focusing on the new building for over a year, as their semifinal loss in last season's Mid-States Club Hockey Association playoffs left a bad taste in the Warriors' mouths.

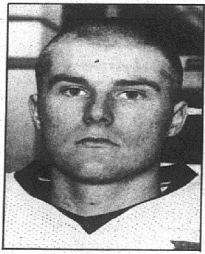
But this year, there was no let-down, and no bad taste. The Warriors (26-2-0) advanced to the Mid-States Tier II championship tonight (Wednesday) at the Kiel Center with a 3-2 win over Francis Howell Saturday at the Affton Ice Rink.

After a 4-2 win over Howell on Friday, the Warriors needed only a tie to advance. So with the score tied at 2, the Vikings pulled their goaltender in the last minute Saturday for an extra skater.

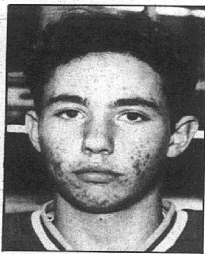
But Chris Angle scored into the empty Viking net, and the Warriors wrapped up a visit to Kiel.

Granite City plays Rockwood Summit at 7 p.m. Wednesday for the Tier II championship. The Tier I title game follows at 8:30 p.m.

"THIS IS FANTASTIC," said a hoarse Warrior coach Dave Yurkovich. "Will (assistant coach Connolly) and I are just thrilled to death. It's why we worked so hard all year. The kids just did a tremendous job, and they said it's their way of saying 'thanks' to



Guffey



Harris

us. We sure do appreciate it." Granite City advances to the Tier II finals for the first time since 1992, when the team won it all.

"He's in a can," said Yurkovich. "He missed the entire semis, after missing the last game in our first series and the first game in our second series."

"It's a shame, because he's a guy who's averaged two points a game this year. So that doesn't help. Hey, with the year he had, he got us here. I think the kids picked it up for him, and won it for Mikal. I think at this point, they've dedicated the rest of the season to him."

"It's too bad, because Mikal's taking this pretty hard. He wanted to be a part of this thing."

Of course, not many teams can lose their top scorer and still advance to the title game. But depth has set the Warriors apart all year, and this past weekend was no different.

David Miskelly took Guffey's spot on the No. 1 line, (See WARRIORS, Page 3B)

Travis Scroggins-keys game one victory

By Rob Raphael
Staff writer

When the hockey Warriors look for someone to set the tone, they often look to Travis Scroggins.

Scroggins, Granite City's fireplug of a defenseman, has a way of making the big hit that fires the Warriors up during the game.

That was the case again last weekend, as Scroggins blasted a Francis Howell player — legally — then scored a goal to lead Granite City to a 4-2 win against the Vikings Friday night at Affton.

"WE HAD A GOOD START FRIDAY, and we were really pleased," said Warrior coach Dave Yurkovich. "Travis dominated the whole game, and although we had a bit of a let-down at the end, it still was a good effort."

"We were physical the entire game, and the big plus for us was Travis."

Scroggins wasted no time, as he came out on the first shift (See SCROGGINS, Page 3B)

Correction
In Sunday's Sports Spotlight photograph, some names were misspelled. The Journals is sorry for our error. The caption should have read:

At state — Wrestlers with the Granite City Wrestling Club recently competed in the state dual team tournament, placing fourth out of over 400 clubs in the state of Illinois. Pictured from left, front row, are: Steve Bledsoe, Scott Carney, Jake Triant, Steven Peach, Tom Pedesio and Gary Campbell. Middle row: Larry Meyers, Michael Wade, Dan Robinson, Chad Wilson and Gary Oxford. Back row: Coach Gary Oxford, Jake Janek, George Kirgan, Fred Beyrau, Dennis Narver, Mark Venable, Pat Jarman and Coach Allen Kirgan. Not pictured are Scott Woll, Jamie Mitcherson, Richie Carney, Pat Feigenbutz, Zach May, Bobby Grammer, Anthony Wise, Matt Ward and David Cronch.

Coolidge wrestlers finish unbeaten

By Rob Raphael
Staff writer

That junior high juggernaut known as the Coolidge Braves has done it again.

For the third consecutive year, the Braves finished their wrestling season undefeated. Once again, the Braves won the Madison County Junior High School Conference and received the conference trophy.

Coolidge (12-0) has now gone undefeated in four of the last six years, and has only eight losses in those six years — with five of those coming in the first year.

The Braves defeated Bethalto 45-21 last week to wrap up their season. The matches with Bethalto were the closest for Coolidge all season. The Braves normally easily defeat their opponents.

Earlier in the year, Coolidge got by Bethalto 45-25. Other wins for the Braves included 72-3 over Roxana, 73-0 over Edwardsville, 65-10 over Mascoutah, plus 60-12 and 66-7 wins over city rival Grigsby.

"The kids continue to work hard, and we go up with a lot in the Wrestling Club," said Coolidge coach Allen Kirgan.

"I didn't buy that van to get groceries in. When you put a second-string kid in there and he does the job for you, you know you've got something going."

"With all of the success we've had, I'd say we've pretty much owned this decade."

IT'S NO SECRET that most of the Coolidge wrestlers also compete for Kirgan in the Granite City Wrestling Club. But what Kirgan doesn't understand is why more Grigsby kids don't join the club.

"We only had three kids from Grigsby on the Wrestling Club team," he said. "If they had a better turnout, they'd beat some people. There's nothing I'd enjoy better than to get more Grigsby kids out for the team."

"There's never been any discrimination against Grigsby kids on the Club. They really should come out for it, and take advantage of it."

Coolidge was led by points leader Jake Triant, who went undefeated during the year.

"It always seems like a seventh-grader wins that for us," said Kirgan. "Last year, it was George (Kirgan), and the year before it was Kevin Venne."

•Loss

(Continued from Page 1B)

Chaulsett (119) picked up a major decision over John Casey 11-2. At that point, the Warriors led 17-6; but with state placers Milton Blakely, Malik Elliott and T.J. Williams still to come for the Caravan, the lead was a precarious one.

Another state qualifier, Anthony Optola, pinned Mike Glover at 125 pounds, and the Warriors forfeited to Blakely at 130, giving Mt. Carmel an 18-17 lead.

Kevin Feigenbutz gave the Warriors the lead back — briefly — when he outpointed Joe Regan 11-4 at 135 pounds. Jason Erwiniski picked up a big win when he got by Jonas Janek 8-5 at 140 pounds, before Elliott zoomed by Jeff Estrada 11-5 at 145 pounds.

The meet was then decided when Jason Wilson was the unfortunate soul who had to wrestle the best grappler in the state — four-time champ T.J. Williams. Williams gained a technical-fall win (24-7) at 4:34. The five points gave Mt. Carmel an insurmountable 29-20 lead.

•Moline

(Continued from Page 1B)

thought Matt (Goldstein, third state at 119 pounds) could set the tone for us," he said.

"And Matt wrestled well, but we really never took control like I had hoped we would."

When Conant's other best wrestler, state champ Dan Weber, pinned Shane Olson at 152 pounds, the Cougars had a solid 19-7 lead.

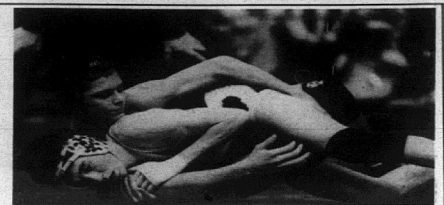
But the Cougars only won one more match, when Ernie Gavina pinned Paul Berge at 189 pounds.

After the Maroons' Tony Tapia majored over Aran

Esposito at 103, Moline still needed nine points to tie and 10 to win. Joel Catour, a freshman, proceeded to pin Conant's junior 112-pounder Dave Merenda; and with senior Jason Woods on deck Moline's chances looked good for a tie.

But Woods got a major decision over Steve Gunderson to squeak out the one-point win, sending Moline and their fans into delirium.

"It's the most amazing feeling I've ever experienced," Rosenthal said. "You go into a season thinking you've got a pretty good team, but never do



Warrior Bobby Chaulsett (119, top) picked up a major decision over John Casey, 11-2.

you envision going all the way. This is just incredible."

In the third-place match, New Lenox Providence gained a dual team place trophy when they defeated Mt. Carmel 26-23.

Mt. Carmel had defeated top-ranked Granite City in the quarterfinals 29-26, but lost in the semifinals to Conant. The Celtics' big wins came at 130 pounds and 275 pounds.

Marcos Aguilera got by Anthony Optola 5-3 in a battle of state qualifiers at 130 pounds; and Phil Netznik got a technical fall over heavyweight Matt Potocki to give Provi-

dence a 20-19 lead with three matches to go.

Ryan Cumbee (103) and Mike Murphy (112) each got by their opponents for wins by decision, giving Providence an insurmountable 26-19 lead.

In Class A, Vandalla proved that there's another pretty good team from southern Illinois, as they captured the small-school title with a 29-26 win over Sandwich.

Vandalla reached the finals with a 35-24 win over Braidwood Reed Center, while Sandwich defeated rival Lombard Montini 35-22.

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YOU WILL BE billed immediately following last run day. You may pay in person, through the mail, or over the phone or fax. We accept cash, checks and credit cards (MC/Visa). Discover). When paying over the phone, please have your credit card ready. When faxing your ad, just include your credit card number. We'll call you back for confirmation. Please do not send cash through the mail. Some ads require prepayment.

WRITE AN AD
Capture the reader's attention with larger headlines, bold type, and symbols. Tell them up front what you're selling or seeking. Describe what is unique about your item, advertising details such as color and condition. Avoid abbreviations; they make your ad harder to read and therefore less effective. Include your phone number and the hours you are available. Always include the price; it will increase your responses.

CANCEL AN AD
Deadlines for ad cancellation are identical to deadlines for ad placement. You may cancel an ad in person or over the phone. To cancel an ad, phone 877-7700.

TRANSPORTATION

2 Buick
4 Chevrolet
8 Chrysler
12 Dodge
16 Ford
20 GMC
24 Honda
28 Lincoln
32 Mercury
36 Pontiac
40 Saturn
44 Saab
48 Volvo
52 Acura
56 Infiniti
60 Lexus
64 Nissan
68 Oldsmobile
72 Subaru
76 Toyota
80 Volkswagen
84 Mazda
88 Mitsubishi
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Low Prices Are Blowing In at Dave Sinclair Ford

Just Announced
4.8% APR OR \$600 REBATE

Buy or Lease

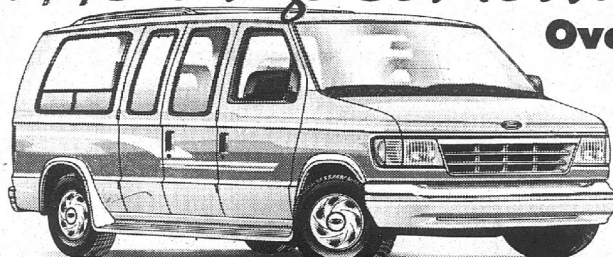


Best Selling Vehicle in The U.S.A.

*Offer ends March 23

On All 2 WD Reg. Cab 1995/1996 F-Series Trucks

1995 Osage Conversion Van Clearance Sale



Over 40 • 1995-96 Vans In Stock

Prices Starting At...
\$19,995

Osage Vans...Built In Missouri

**#1 In Quality & Customer Satisfaction 2 Years Running
 High Top Conversion Vans In Stock**

4.8% A.P.R. or Up To \$2000 Rebate On Select Vehicles



*Largest Selection - Lowest Prices • As Usual, We Have The Most Sales...
 We're Still Betting A "Free Undercoat" We'll Beat Any Deal*



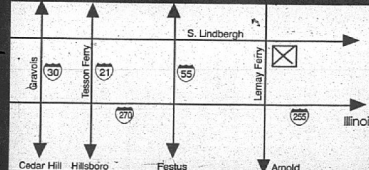
Lease Any New Car, Truck, Or Conversion Van And Receive "1" FREE VACATION!
Choose From "6" Destinations!
 • Wisconsin Dells • Chicago • Orlando • Myrtle Beach • Hilton Head • Nashville •

1996 Ford Aspires
Starting At...
\$6995
AFTER ALL REBATES
 \$1000 DOWN
 \$129/MO.
 9% FOR 60 MO.



Thank you and here's my address
Dave Sinclair
"Your South County Ford Dealer!"

**892-2600
 1-800-BUY-FORD
 7466 So. Lindbergh
 Lindbergh at Lemay Ferry**



PAYLESS AUTO SALVAGE
Payless For Auto Parts.
Low Prices.
WE PAY TOP DOLLAR
FOR JUNK CARS
AND TRUCKS
Give Us A Call
452-5252
Or Drop By 2679 Old
Hwy. 3, Granite City
Next to A.O. Smith

8 CHRYSLER
860 CHRYSLER LEBARON, 2
Door, 1995, 100,000 miles.
344-0121.

14 FORD
76 Escort, 4 door, 4 speed,
stock, 100,000 miles, has good ste-
ers. 31-600, 451-2000.

88 FESTIVA
We Finance Almost Anyone
Call 711-1000 or 344-0121.

91 F150
1991 F150, Low miles, Local
Call 452-0032.

73 MACH 1
73 MACH 1, FASTBACK, new
professional built drive train.
Perfect! 890-0100, 346-7477.

14 FORD
88 MUSTANG G.T. 3.0 Convert.
★\$4,995★
We Finance Almost Anyone
Call 711-1000 or 344-0121.

88 MUSTANG G.T. 3.0 Convert.
★\$3,995★
We Finance Almost Anyone
Call 711-1000 or 344-0121.

87 MUSTANG G.T. 3.0
★\$4,995★
We Finance Almost Anyone
Call 711-1000 or 344-0121.

1991 F150
1991 F150, Low miles, Local
Call 452-0032.

73 MACH 1
73 MACH 1, FASTBACK, new
professional built drive train.
Perfect! 890-0100, 346-7477.

14 FORD
88 Taurus LX 1-Owner V-6!
59xxx Act!!
★\$4,995★
We Finance Almost Anyone
Call 711-1000 or 344-0121.

16 GEO
91 Metro Convert. Low Miles
★\$5,995★
We Finance Almost Anyone
Call 711-1000 or 344-0121.

10 JEEP
1987 JEEP CHEROKEE 4x4
EXTRA CLEAN, only \$6995.
Phone 344-0121.

20 LINCOLN
94 Town Car Exec. Rose
Mink Leather, Deluxe Wheels
17,000 Miles, Sharp, Sharp.
25,000. 1995. 344-0121.

SAVE! SAVE!
On Last 6 NEW
'95 Lincolns!
2 - Town Cars
3 - Mark
3 - Continentals
HERITAGE
LINCOLN-MERCURY
Call 344-3500

"AUTOMOBILE FINANCING"
FIRST CITY FINANCIAL
Offers 2nd Chance Financing
To Good People Who've Had
Credit Problems Such As
Bankruptcies, Repossessions,
Slow Payments, Judgements,
Etc. If you Possess A Stable
Job of 1 Yr. Or More, A Down
Payment Of \$100, And A
Minimal Income, You Qualify
For An Automobile Loan.
CALL 776-5524
FOR FAST, FREE APPROVAL

SIZZLIN' HOT DEALS!

1993 BUICK LESABRE SUPREMACY 4-Door, One Owner, Clean New \$9,695	1993 GMC Sierra Classic 1500 Automatic, Air, New Tires \$5,895
1993 PONTIAC BONVILLE LE Automatic, Air, Beautiful Little Car, Only \$5,495	1993 ALUMINUM WHEELS Completely Loaded, Well Maintained \$3,995
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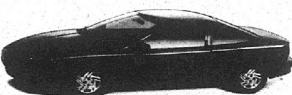
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If you're looking for a telemarketing position that offers great day-time hours, a pleasant work environment, convenient West County location, above-average earning potential and a well-established, easy-to-learn product, you're looking for the right person. We are an equal opportunity employer.

RED LOBSTER

SECRETARIAL POSITION! Must be computer literate & type at least 40WPM. Apply at 1400 Dunn Rd. 270 & telephone.

SECURITY OFFICERS

Work for the professional security company in St. Louis. No experience necessary. High school diploma or GED needed, along with reliable transportation and a telephone.

WE'RE EXPANDING!

Some work for the professional security company in St. Louis. No experience necessary. High school diploma or GED needed, along with reliable transportation and a telephone.

CHANGE YOUR LIFE FOR THE BETTER

Helping Others. Come To Work With Us. Looking For C.N.A.

Apply In Person

#1 Colonial Drive GRANITE CITY

CERTIFIED NURSE AIDES

Are you interested in working for wages in the area? If so, we have positions available. Apply in person at:

FREEBURN CARE CENTER

746 URBANA DR. FREEBURN, IL MON-FRI 8AM-4PM

VILLAGE NORTH, INC.

Current Openings: CNA's: Full Time, Part Time, 2nd & 3rd shift. Food Service Worker: Part Time. Housekeeper: Full Time & part time. Cook: Full time, various shifts.

EXCELLENT SALARY AND BENEFITS

Visit our convenient north county location. Monday-Friday 9am to 5pm. If you are looking for more about our current openings, please call 1-800-738-0708.

Village North Inc.

11160 Village North Dr. Adjacent to Christian Northeast Hospital, off Dunn Road.

BIC HEALTH SYSTEM

equal opportunity employer

320 HELP WANTED

Small Construction Company

Seeking Full Time Carpenter. Pay According To Skill. Building Single Family Homes In Maryland. Inquire Immediately at 301-200-1100 for 3 energetic people. Will train. Call for app.

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330 MEDICAL & HEALTH CARE

HEALTH CARE BEACON
The largest multi-specialty group in St. Louis has openings for full time receptionists at Westport and Lake St. Louis. Fast-paced environment requires quick thinking and cheerful individuals to greet patients and answer busy phones. Computer usage, medical terminology required. Call 911-1022 on Monday after 5pm or fax resume to 911-1075, Attn: Human Resources.

CNAs

All shifts, full time and part time. Now starting pay! Full time benefits include perfect attendance bonuses, uniform pay. Apply in person:
PARADISE TOWERS
4080 Laclede
1 block east of Jewish Hospital, EOE.

DENTAL ASSISTANT: Full time for growing dental office. All practice, caring attitude and motivated. Must have dental assistant experience. Salary commensurate with experience. Call 314-291-1242.

TRANSCRIPTIONIST: Part time for internal medical office. Must be experienced. Call 314-291-1242.

350 EMPLOYMENT INFORMATION

ATTN: COLLEGIATE: Full time for growing dental office. All practice, caring attitude and motivated. Must have dental assistant experience. Salary commensurate with experience. Call 314-291-1242.

360 BUSINESS OPPORTUNITIES

BLUMPIE'S & SALADS
Blumie's Restaurant, 1000 N. 1st St., St. Louis, MO 63102. Blumie's is a full-service restaurant and bar. We are looking for experienced chefs, bartenders, and servers. Call 314-291-1242.

370 PERSONALS

STEVE STUBBS: St. Louis, MO. I am a 35-year-old male, single, with a high school diploma. I am looking for a serious relationship. Call 314-291-1242.

380 PERSONALS

STEVE STUBBS: St. Louis, MO. I am a 35-year-old male, single, with a high school diploma. I am looking for a serious relationship. Call 314-291-1242.

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Common Abbreviations: M-Male, F-Female, S-Single, D-Divorced, B-Black, H-Hispanic, A-Asian, W-White, C-Christian, J-Jewish, WW-Widowed, ISO-In Search Of, N/NS-nonsmoking, ND/ND-nondrinking, ND-Drug-free.

ads from men

One good from 45: 160 lbs, kind, loving, nice-looking, self-employed. ISO outgoing, long, athletic, 35-45, for relationship. No games. #14971

Outgoing SWM, 28, 5'7", 175 lbs, brown hair, blue eyes, good teeth, single, seeking active SWF, 20-30, who is looking for a relationship. #14972

Outgoing Single dad, 38, non-smoker, like romantic times, cool evenings. Seeking beautiful, honest, SWF, 25-35, for serious relationship. #15003

Outgoing, unique, classy SW, 35, 5'7", 125 lbs, blonde hair, blue eyes, intelligent, energetic, very SWF, 35-55, for long term. #14973

Outgoing, fun to be around SWM, 25, brown hair, 5'7", enjoys music and car mechanics. Seeking nondrinking WF, 20-30, for friendship. #14981

Outgoing, energetic SWM, 28, 5'10", 175 lbs, enjoys fishing, hunting, good times. Seeking SWF, 22-28, similar interests. Friendship, possible relationship. #14982

Outgoing, romantic SWM, 27, 225 lbs, brown hair, ISO active, intelligent SWA/WF, 22-34, who likes horses and dancing. #14983

Outgoing, muscular DWM, 33, 6'20", 180 lbs, long brown hair. Seeking SWF, 23-30, for friendship and dating. #15104

Personable DWM, 38, 5'11", 250 lbs. Single parent. Enjoys camping, water sports. Seeking honest, sincere SWF, 27-40. Must like kids. #14847

Physically fit SWM, 43, martial arts instructor. ISO F, involved with the martial arts. #15054

Pretty blue eyes, SWM, 38, medium build, enjoy traveling, hiking. Seeking SWF, 30-45, to share similar interests. #15013

SWM, 43, 5'11", 175 lbs, with two kids, honest, fun, cat lover, music, horseback riding, cooking. Seeking special WF, 31-42. #14974

Professional BM, romantic, humorous, sincere, honest, SWM, 38, 5'10", 175 lbs, looking for a relationship. He is willing to let about how he met. #15244

Romantic, attractive, very SWF, 35-45, professional SWM, 35, sportsman, sincere, honest, kind, tender WF, 30-40. #14987

SWM, 28, looking for a nice, intelligent, romantic young lady like myself. DWM, 30-40, (gospel) being and going to church. #14989

SWM looking for SWF, 20-30. Loves fishing, sports and movies. Friendship, possible relationship. #15002

SWM, 23, enjoys bowling, quiet evenings, romantic music. Seeking special WF, who knows what she wants. #14988

SWM, 27, recently divorced, enjoys driving, fishing, sports and movies. ISO SWF

[illegible][illegible]

Flood Realty Centre • 931-2600

RON FLOOD

PRICE REDUCED ON THIS 3 or 4 bedroom home with a large lot. Call for the big back yard. LOCUS 10501. Call today. By Must see. Agent, Arthur

GATE FLOOD

UNIQUE 1 1/2 STORY EX. EXECUTIVE HOME IN WASHINGTON HEIGHTS, 4 bedrooms, 2 1/2 baths, full basement, attached car garage plus workshop, covered patio, pool, and more. Call many other fine features to list. Call for your appointment today.

LYNN UMLETT

EXECUTIVE HOME! This lovely 3 story home has 2,500 sq. ft. of top quality construction. 4 bedrooms and kitchen with all the amenities. In location. Call for more information. New! Recently decorated throughout. Two more features to call. Call today for your appointment to see this home.

AMY HOFFSTOT

PRICE REDUCED ON THIS 3 or 4 bedroom home with a large lot. Call for the big back yard. LOCUS 10501. Call today. By Must see. Agent, Arthur

JIM WHITT

DONNA WHITT

OVER 3,000 SQUARE FEET in this perfectly maintained brick and stone, 3 level floor plan. Call today. Only \$22,900. Call Quin!

CUTS 2 BEDROOM HOME with a nice dining room, kitchen, living room, and a large back yard. Only \$22,900. Call Quin!

INVESTMENT PACKAGE! 2 1/2 story home with a four unit apartment building. Call for more information. Add to your portfolio or start a new one. Good cash flow. Call today. Call Quin.

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BUSINESS BUILDING & FURNITURE! Great investment opportunity. Call for more information. Add to your portfolio or start a new one. Good cash flow. Call today. Call Quin.

CANDY STACEY

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COMPUTERIZED VISUAL MARKETING
YOUR DOZENS OF PROPERTIES ON VIDEO IN THE COMFORT OF YOUR OFFICE!

HOME OF THE WEEK

2912 WAYNE

Well maintained 2 bedroom home with beautiful kitchen. Basement is partially finished. Host-John Zoller



YOU WON'T BELIEVE...that \$45,500 will buy! This three bedroom brick has a large country type kitchen with new flooring, 1900 style windows throughout. Close to school and shopping. GR307

NEW LISTING: Three doors down from Wilson Park. Family room, full finished basement, central air, nicely landscaped yard, garage with carport. Fully carpeted. Hardwood floors, newer carpeting, formal dining room. All priced in the 50's. GR125

OFFICE BUILDING ON HIGHLY TRAVELED ROAD, with two entrances. Great income potential. Call for details.

GR24
A FIKER-UPPER! Less than \$30,000 for this four bedroom home with central air, close to shopping and schools. GR1010

WHY PAY RENT! COLLECT RENT! Two bedroom, brick home with central air. Has a great location. Well maintained and a bargain at only \$42,900. GR12

LOOKING FOR FOUR BEDROOMS? Want a kitchen with many cabinets? Want a fireplace, a basement, and garage? Think you can't find it? Has it all! Call for details. GR17

OWN AND OPERATE YOUR OWN BEAUTY SHOP on POWELL Road. Two stations ready to go. P264

BIG PRETTY CORNER LOT-Vinyl siding, covered soffits and gutters, central air conditioning, 12' wide sidewalks. Big closets. Big master bedroom. GR254

BEAUTY AND SOCIETY! If risk is what you are looking for, this is the place. Call for details. GR255
If you should check out the house, call for more details. GR306

WANT A HOME SPECIAL? Remodeled 3 bedrooms/2 baths made this home SPECIAL. Remodeled with new carpet, new kitchen, new floor, new furnace and central air, priced in the \$60's. GR32

BUILDING LOTS AVAILABLE—Some on call-to-see-Centerville, Tenn. Call for details. Call for lot sizes and locations. GR301

LOTS OF SPACE OF BUILDING YOUR OWN HOME! For \$13,500, you can own this oversized lot-100x239. Call for details. GR302

SPACIOUS DUPLEX WITH STORAGE LOOSE! Almost 1,200 sq. ft. on each side. Full bathroom for each side, attached garage, central air. Don't miss this annual income. GR312

LOOKING FOR A HOME YOU CAN LOVE? Consider this lovely community with brand new homes. Call for lot, kitchen, new furnace and central air. Brand new 16x20 detached garage. GR313

BE YOUR OWN BOSS! Now's the time. Opportunity knocks. This light chandelier restaurant is ready for new owners. GR263

CALL FOR DETAILS on this beautiful home with a pool on quiet street. Selling to the \$200's makes this a special buy. Living room to "Rock" in the evening. Call for details. GR314

Call: [Email: Ccmvrr@aol.com](mailto:Email:Ccmvrr@aol.com)
Home Page: <http://members.ccm.com/cvmvrr/home.htm>

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452-3263

ALIE BEARD
838-0262

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931-8324

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CONCEPT
3 BR, 2 bath,
16 X 80
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Setup, Delivered,
Tie down
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PROP. FOR SALE
11,150 square foot warehouse
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Today's Food

Wednesday, February 28, 1996

Food & Nutrition

Wise Ways

Will Olestra, the new fat substitute, increase consumption of fried foods for better or for worse?
INSIDE

Heart-y Bites

Look forward to March for cilantro — frilly in looks, but not frivolous in flavor.
INSIDE

Blue Ribbon Cook

Chicken simmered in orange sauce gets a thumbs-up as weekly winner.
INSIDE

Private Label Test Run

Jumbo muffins baked from a refrigerated roll are a bargain in the Shop 'n Save brand. Samplers give them a taste-test.
INSIDE

Micro Raves

Barb Gray sinks her line and what bobs up are seafood sensations that are simply delicious.
INSIDE

Lively Taste

Salad gets a boost from ginger dressing. Combine 3 tablespoons orange juice concentrate, 3 tablespoons reduced-sodium soy sauce, 1 tablespoon olive or other vegetable oil, 1 tablespoon water, 1 teaspoon toasted sesame oil and 1 teaspoon grated ginger root. Shake well. Serve over leafy greens mixed with sliced green onion and slivered bell pepper. If desired, add slivered cooked chicken breast and garnish with peeled and seeded orange sections.

Health & Fitness

Medicine Chest

Eating foods that are low in sodium means checking salt in crackers, nuts, canned foods and even cereal.
INSIDE

Fresh Picks

Bok choy is a mild, versatile vegetable with tender, long, white stems and bright green leaves that is used in Chinese cooking. It adds a subtle flavor to stir-fried dishes and soups. To prevent overcooking, separate leaves from stems and add to dishes at the end.

Big Fat Tip

Instead of proposing marriage to a man Feb. 29, a woman may prefer to start a tradition of leaping over extra fat for dinner. For the man who likes ground beef, stretch it. Use less when browning lower-fat meats, like sirloin or round, because there is less fat to cook away. Other ways to stretch it are to add onion, garlic, bell pepper and even other vegetables. Making Italian meat sauce circulates less meat in more sauce than forming meatballs. Serve with generous bread portions and add low-fat condiments to burgers.

Future Shop

With interest high in protein sources other than meat, beans are popular. Sure to be a shelf winner are rehydrated beans, which do not have the salt of canned beans, but cook to a done stage in less than 30 minutes, instead of several hours. They may be found among produce specialties before they become a regular down the aisle with the canned beans.



FAMILY FUEL

By Janice Denham
Staff writer

Tucked between the goal of feeding a hungry family and the time crunch of busy everyday schedules is a desire to provide healthful foods everyone likes.

The kitchen king or queen needs to be like the "Little Engine That Could." Take meals a bite at a time and move from meal to meal with little goals in mind.

An interesting thing happens on the way up that nutritious hill. Grain foods like bread, cereal and pasta are good for everyone because they are loaded with carbohydrates which give them energy and -- wonder of wonders! -- people like them.

They are powerhouses of energy and ready to eat alone or with other foods that present, like cars on a freight train, an endless array of possible variations.

Kids' Cuisine

Grain foods become a backdrop. They get taken for granted. They are a basic commodity. Questions like "Where's the loaf of bread?" and "Pasta tonight?" and "What kind of cereal should we have this week?" are part of the vocabulary of all ages.

Foods made with whole grains are the best kind, because they contain fiber and the nutritious parts of grains bleached out when they are "refined" into white bread and sugary cereal. Nutritionists recommend active kids eat at least nine bread and grain servings daily.

The skyline at the top of the hill is becoming brighter with more and more products. For instance, bagels surged in popularity to the tune of five million -- an average of 3 1/2 pounds per person -- consumed in 1994.

Let kids play their own grain game.

SEE FUEL, INSIDE TODAY'S FOOD PAGE 2

Rick Tucker Graphic



PearBear's SURPRISE

Sneak some good stuff into a snack or dessert. PearBear's secret surprise is pears. Prepare 1 package (2-layer) chocolate cake mix according to package directions. Pour batter into greased 13-by-9-inch baking pan. Press 2 medium pears, cored and sliced, into batter.

Combine 1/2 cup flour, 1/4 packed brown sugar and 1 teaspoon cinnamon. Cut in 1/4 cup (1/2 stick) margarine until crumbly. Spread over batter with pears.

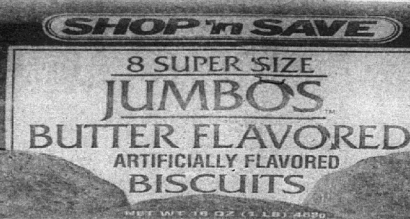
Bake in preheated 350° oven 35 to 40 minutes until wooden pick inserted in center comes out clean.

Makes 16 servings; 305 calories, 12 g fat, 51 g carbohydrate, no cholesterol, 220 mg sodium and 1 g fiber each.

PearBear Chronicles is a series of children's booklets featuring PearBear. A booklet and poster is available by sending \$1.50 plus a cash register receipt showing purchase of three pounds pears to: Oregon Washington California Pear Bureau, Department EC, R13 SW Alder, Suite 601, Portland, Ore. 97205.

Today's Food

Private Label Test Run



Jumbo biscuits from Shop 'n Save fill super-size yearnings.

Aroma of biscuits, butter entices jumbo appetites

When it comes to biscuits, some companies lately have thought bigger is better, so Journal testers baked up Shop 'n Save jumbo butter-flavored biscuits from a refrigerated 16-ounce tube to see whether they are right.

The roll cost 99 cents, about 50 cents less than the national brand.

"The biscuits taste a lot like the refrigerated kind from (the national brand) — crispy outside, flaky. The buttery flavor was particularly good with the honey (added)," a taster said. Another added, "The biscuits were nice and but-

tery, the way biscuits should be."

They also come in a buttermilk variety. The super-size biscuits number eight to the package.

The aroma of the biscuits, as well as the butter, was enticing for tasters, as well as non-tasters.

The amount of butter flavor came up for review.

"The texture and taste of the biscuits were quite good, although the butter flavor was a tad strong for me. I suspect some people would prefer to have the plainer variety of biscuits and add for themselves the amount of butter they pre-

fer," he said.

Because of the high fat content of biscuits, one tester had given up buying them. The regular size refrigerated biscuit has 4 to 5 grams fat, while the jumbo one has 9 grams.

"Actually, I might be able to talk myself into eating just one of the jumbos, instead of allowing two of another, which always ends up being three or four, because they seem small to me," she said.

She suggested she might buy them as a special family treat to bake on top of a simmering casserole, because one would be a filling size for a serving of stew.

Wise Ways

Will new fake fat take the fear out of frying?

Imagine the tingles of joy running up the spines of chip-munchers and french-fry feasters at the prospect of low-fat chips, fries, crackers, guilt-free apple pie and chicken nuggets.

The U.S. Food and Drug Administration recently approved the use of Olestra as a fat replacement for use in snack foods like chips and crackers.

It has the look, feel and cooking properties of real fat, but it adds no calories because the body cannot absorb it. If the new fake fat measures up, it eventually could appear in other products like margarine and shortening.

The safety of the new calorie-free fat, as well as its effect on the digestive tract and on fat-soluble nutrients, has been under review a long time. Proctor and Gamble studied Olestra more than 20 years before first asking the FDA for its approval in 1987.

Recent approval is for a limited number of snack items. Consumption and long-term effects of Olestra will be reviewed in 30 months. All products containing the new ingredient must be labeled.

Still, the question

remains: Will this product have a positive or negative effect on our over-all health?

True, Americans eat too much fat and are increasingly overweight. Thus, it seems logical that fat substitutes will help reduce fat intake.

On the other hand, despite availability of sugar substitutes, American consumption of sugar — as well as people's weight — continues to rise. Is there reason to believe fat substitutes will have any different effect?

Even Proctor & Gamble projected in 1989 that if Olestra was approved and used in all the home and commercial calories from fat in the average American diet would fall from 37 percent to only 35 percent. That is because people eat the bulk of fat in higher-fat meats, cheese and whole milk products.

Adopting healthy eating behaviors is what will give true low-fat results. Choosing lean cuts of meat and low-fat dairy products, consuming at least five fruits and vegetables and at least six servings of breads and cereals a day can give those results with the added

benefit of essential nutrients.

Registered dietitian Cynthia Fauser is nutrition specialist for University Extension (University of Missouri system) in St. Louis County.

BROCCOLI BAKED POTATOES

6 medium potatoes
3 stalks broccoli
1/2 cup skim milk
1 cup (4 oz.) shredded cheddar cheese
1/8 tsp. pepper

Preheat oven to 350°. Scrub potatoes and pierce with fork. Bake in preheated oven 30 to 60 minutes or microwave — until done. Peel broccoli stems. Steam whole stalks until just tender. Chop finely. Slice potatoes in half lengthwise. Scoop out flesh and place in bowl with broccoli. Add milk, 3/4 cup cheese and pepper. Mash together until pale green with dark flecks. Heap mixture into potato jackets. Sprinkle with remaining cheese. Return to oven about 15 minutes until heated through.

Micro Raves

By BARB GRAY

Only fishy compliments land on shrimp, scallops

With spring at the doorstep, thoughts of warm breezes and sunny days to come remind us of a changing wardrobe, one reveals winter's secret pounds that may have crept up under bulky winter clothes. Now is the time to shape up the body while enjoying fruits of the sea that are light in fat, full of flavor and easy to cook in a microwave oven.

The Midwest does not have fresh sea delicacies, like scallops, lobster, clams, mussels and shrimp, but still can take advantage of fresh-frozen seafood in supermarkets.

There is fish a-plenty in Missouri and Illinois lakes and streams. With this type of fish, microwaving is the ultimate convenience, because it takes so little time to cook. If one end of a fillet is very thin at one end, tuck it under the rest, so its even thickness lets it cook uniformly.

Scallops are unique and can be used in a variety of recipes. Bay scallops are tiny and great for use in sauce.

Larger sea scallops are ideal for sauteing or threading on skewers. If using sea scallops in a recipe like this for sauce, quarter them.

Certified family and consumer scientist Barb Gray specializes in microwave cooking.

SCALLOPS AND VEGETABLES

8 oz. fresh mushrooms, sliced
1 tsp. olive oil
1 clove garlic, minced
12 oz. bay scallops, rinsed, drained
2 cups fresh asparagus, cut in 1 inch pieces
3 tsp. flour
1 tsp. soy sauce
1/2 tsp. salt
1 tsp. tarragon
1 tsp. grated parmesan cheese

In 2-quart microwave-safe casserole, microwave mushrooms, oil and garlic on high power 3 to 4 minutes until mushrooms are almost tender, stirring once.

Add scallops, asparagus and flour. Mix lightly. Stir in soy sauce, salt and tarragon. Microwave, covered, on high power 5 to 6 minutes.

utes until scallops are firm and opaque, stirring once. Stir in parmesan cheese.

Serve with cooked rice or pasta. Makes 4 servings.

HAYA'S SHRIMP

1 tsp. flour
1/4 cup oil
2 tsp. lemon juice
2 tsp. tomato paste
2 tsp. teriyaki sauce
1/8 tsp. paprika
Up to 1/8 tsp. cayenne pepper
1 clove garlic, minced
1 lb. medium shrimp, shelled, deveined

In 1 1/2-quart casserole, blend flour and oil. Stir in wine, lemon juice, tomato paste, teriyaki sauce, paprika, cayenne and garlic. Microwave on high power, stirring once, 3 to 4 minutes until mixture thickens and bubbles.

Stir in shrimp. Cover. Reduce power to medium (50 percent). Microwave 4 to 7 minutes, stirring twice, until shrimp are opaque. Let stand, covered, 3 to 5 minutes.

Heart-y Bites

Cilantro cinches seal of flavor for Southwest

If flavors reflected the seasons, winter would be icy peppermint. Scaring cayenne pepper would be a sign of summer and warm cinnamon would indicate autumn's arrival.

Spring's representative is more obscure. "In like a lion, out like a lamb" should describe spring flavors as accurately as it depicts March. With this in mind, cilantro springs to mind.

A frilly and delicate herb, cilantro is deceptively loud in flavor. Foods laced with cilantro leaves sing refreshingly spicy notes. A duet of hot chili peppers and cilantro creates the familiar melody of many Mexican, Latin American and Southeast Asian dishes.

The leaf of the coriander plant, cilantro is not an everyday herb for most American kitchens. When placed at close relatives, coriander seeds and cilantro leaves are very different.

The plant grows best where the sun is hot, thus pairing it with warm-climate cuisines. Although cilantro's small ruffled green leaves resemble

those of parsley, exchanging one for another is a recipe for disaster.

Cilantro is bitter when cooked. Adding it right before serving, however, results in wonderful — although for the uninitiated possibly jolting — flavor. Moderate use is recommended.

As low-fat eating becomes the American way, southwestern cuisine has become popular. Its timely arrival brings with it the use of cilantro.

Foods with acidity — such as tomato, citrus, vinegar and yogurt — are complimented best by cilantro. Its judicious use gives exciting nuances to sauces and salsas. A sprinkle here and there eliminates the need for extra fat or salt for flavor.

Registered dietitian Terri Edelstein is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

"Healthy Rhythms," a cooking demonstration, will be held from 6 to 7 p.m. Monday, March 4, at the American Heart Association, 4643 Lindell. To make a reservation for advice on

south-of-the-border cooking, call 45-HEART or toll-free 1-800-367-3383.

CARROTS IN CILANTRO SAUCE

1 tsp. olive oil
1 tsp. balsamic vinegar
1 lb. carrots, peeled, cut in 2-by-1/4 inch julienne strips
1/4 cup low-sodium chicken broth
2 tsp. onion
2 green onions, chopped
1/8 to 1/4 tsp. pepper
1/2 cup nonfat sour cream
1 tsp. coarsely chopped fresh cilantro leaves

In medium nonstick skillet, heat olive oil and vinegar. Add carrots. Cook over medium heat about 5 minutes until carrots begin to soften.

Add broth, onion, green onion and pepper. Simmer, covered, 5 minutes longer. Using slotted spoon, transfer to serving bowl.

Cook pan juices about 1 minute until they thicken. Turn off heat.

tents of bowl. Cool to serving temperature before serving to children. Add any optional add-ins.

Cold variation: Stir 3/4 cup (6 oz.) vanilla yogurt into mixture instead of adding milk. Do not heat.

Makes 1 serving; 350 calories, 15 g protein, 63 g carbohydrate, 7 g fat, 385 mg sodium and 4 g dietary fiber each.

Optional add-ins: One tablespoon shredded coconut, 2 teaspoons maple syrup, 1/4 cup sliced ripe banana, 1/2 cup chopped apple, 1 tablespoon chopped mixed dried fruits or 1 tablespoon honey-toasted wheat germ.

Fuel

Continued from page 1C. They can cut out sliced bread with cookie cutters to form their own barnyard of edible rabbits, teddy bears, camels and turtles. Cut bread to match a sliver of banana, slice of kiwifruit or wedge of orange. Warm leftovers in bread cups fit into muffin tins.

It doesn't take a formal occasion to make a meal of grains. Snack on bread, bagels, bread sticks, chips and rolls for instant energy any time.

BERRY GOOD TURKEY SANDWICHES

12 slices white or cracked

6 wheat bread
6 tsp. low-fat or nonfat mayonnaise

1 bunch leaf lettuce, washed

12 oz. sliced, oven-roasted turkey breast

1 1/2 tsp. coarsely ground pepper

12 large strawberries, sliced lengthwise, or other fruit

6 tsp. balsamic vinegar or Italian salad dressing

3 oz. sliced low-fat fontina or mozzarella cheese

Spread six slices bread with 1/2 tablespoon mayonnaise. On each of the 6 slices,

es, layer 2 to 3 lettuce leaves, then turkey. Sprinkle with 1/4 teaspoon pepper and top with slices from 2 strawberries. Drizzle with 1 teaspoon vinegar. Top with cheese, then add second slice of bread to each.

Makes 6 sandwiches; 315 calories, 27 g protein, 37 g carbohydrate, 8 g fat, 600 mg sodium and 5 g dietary fiber each.

CRANBERRY-APPLE CUPS

12 slices white bread

1 1/2 cups chunky applesauce

1/2 cup whole berry cranberry sauce
1 tsp. cinnamon

Preheat oven to 350°. Coat muffin cups with non-stick cooking spray.

Using 3-inch biscuit cutter, cut out circles in each slice of bread. Lightly spray both sides of bread circle. Press inside each muffin to form cup.

In medium bowl, mix together applesauce, cranberry sauce and cinnamon. Fill each cup evenly with mixture.

Bake in preheated oven 15 minutes or until lightly browned.

Makes 12 cups; 107 calories, 3 g protein, 22 g carbohydrate, 1 g fat, 147 mg

sodium and 1 g dietary fiber each.

BOWL O' BREAD

2 slices white bread
2 tsp. soft raisins
2 dried apricots, chopped
1 tsp. dry-roasted peanuts, if desired
1/4 tsp. cinnamon
3/4 cup (1 percent) milk

Toast bread until golden. Cut in 3/4-inch cubes. Place in cereal bowl with raisins, apricots, peanuts and cinnamon.

Gently heat milk to steaming. Pour over con-

Today's Food

Medicine Chest

By REBECCA COLEY

Skip salt shaker, prepared food to go lightly on sodium

A doctor often prescribes a low-salt diet as a step toward keeping blood pressure under control. There are other reasons for watching salt intake, too.

In some people, salt is believed to cause the body to retain fluid. The more fluid a body retains, the higher blood pressure can rise.

Salt, also known as sodium, is found in many places besides the salt shaker. Look for sodium on labels when following a low-salt diet.

Obvious sources of salt include many snack foods,

like crackers, chips, popcorn, nuts and pretzels. Most canned foods, unless they are marked "low-sodium," contain a lot of it.

Less obvious sources of sodium include commercially softened water beverages, like flavored water or soda, pickled vegetables, cereals, muffins, biscuits and cornbread. Prepared dinners and dishes usually are high in sodium.

Even condiments — like soy sauce, Worcestershire sauce, ketchup and barbecue sauce — are easy sources.

Blue Ribbon Cook

Chicken simmers; citrus recipes due

Muriel Jobe, Fenton, is the winner of this week's recipe contest for Orange Yogurt Chicken. She wins a prize of dinner certificates at the Pasta House Co.

Jobe enjoys cooking as a fruitful hobby after her job as medical technologist/manager. Her recipe is well received by friends and family as a blend of fruit, seasonings and low-fat ingredients. The sauce is delicious over the chicken, as well as wild rice served on the side.

Recipes in the Orange and Lemon Recipe Contest should be postmarked by March 1 for consideration as winner each of the four Wednesdays in March.

Send one recipe per household to: Orange and Lemon Recipe Contest, Suburban Journals, 1714

Deer Tracks Trail, St. Louis, Mo. 63131.

Type or print the recipe legibly on one side of the paper. Include name, address and telephone number on the entry. Name the Journal you receive.

If an entrant is looking ahead and wants to save postage, a second recipe for the next month's contest — Potluck Dessert Recipe Contest — can be included.

Be sure to double-check the recipe as it is written for both amounts and directions, including any variations that make this dish special.

If there is a history to the recipe, it will be considered part of the entry. Along with taste and eye appeal, it will be among criteria used for selecting winners. Originality will be consid-

ered, although the recipe need not be original. If possible, name the recipe's source.

Winners are notified by mail. Duplicate entries will be considered on the basis of earlier entry or best compliance with the rules. Contest winners may enter again six months after their prize-winning publication date.

ORANGE YOGURT CHICKEN

4 whole chicken breasts, skinned, boned
1 cup water
2 cubes chicken bouillon
1 large onion, finely chopped

1 cup yogurt
1 clove garlic, minced
1 cup orange juice
1 tsp. grated orange peel or to taste
½ tsp. coriander
½ tsp. cumin

In heavy nonstick skillet, cook chicken until brown on all sides.

Add water, bouillon, onion, yogurt, garlic, orange juice and peel, coriander and cumin. Simmer, covered, 30 to 40 minutes until chicken is done and sauce begins to thicken. Remove chicken to warm platter.

Add yogurt to liquid in skillet. If desired, orange juice or water, according to taste desired, can thin sauce. Cornstarch can be added with yogurt to thicken, if desired. Do not boil.

FRUIT DIP

Combine 1 cup (8 ounces) plain yogurt, 2 tablespoons

honey and the grated peel from ½ orange. Chill. Serve

with bite-size pieces of fresh fruit.

Cup of Coffee

By JANICE DENHAM

Cookbook inspires foods for small households

Cooking for a very small household makes some people want to go out to eat all the time. The Older Women's League (OWL), a St. Louis, Mo., chapter of St. Louis, wants to make it easier to eat at home.

Its fund-raising cookbook, "Cooking for One or Two," tries to fill the void of recipes.

Annette Mintz, cookbook chairperson, says, "This type of cookbook applies to many, many people, from the college student to career people and empty-nesters."

She has found it helpful for herself. "I'm surprised at how often I use it," she says. "While all the recipes could not be cut down to size, they were simplified when possible."

Most salads and desserts are in larger quantities

which, Mintz suggests, often can be frozen in individual servings or used for potluck parties.

Many are recipes of OWL members and their friends, but the cookbook also contains all-time favorites, like Mayfair Salad Dressing and Famous Barr Onion Soup, plus celebrities' recipes.

Profits go to the local chapter of OWL, which serves as a grassroots advocate in improving the image and status of midlife and older women.

The cookbook is available for \$10 at the OWL office, 438 N. Skinker, or by mail for \$12. To order it, call 725-5862 or 997-7313.

Breakfast Before is a brunch treat from the book to share with a friend.

Janice Denham is food editor of Suburban Journals.

BREAKFAST BEFORE

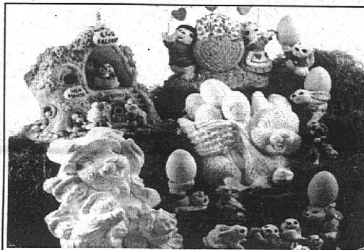
2 slices bread, cubed
8 oz. pork sausage or 4 slices bacon, chopped
3 eggs, beaten
½ tsp. dry mustard
1 cup milk
½ cup grated low-fat sharp cheddar cheese
½ tsp. salt (or less)
Grease small casserole. Cook sausage. Drain.

Beat eggs with milk, salt and mustard.

Layer bread, meat and cheese in prepared pan. Pour egg mixture over top. Refrigerate overnight.

Bake in preheated 350° oven 30 minutes. Makes 2 to 3 servings.

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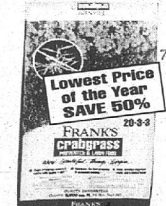


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WE ACCEPT VISA MASTERCARD FOOD STAMPS

GOOD 2/28/96 THRU 3/6/96

EXTRA LEAN GROUND BEEF 99¢ LB. (IN 5 PACKS)	USDA CHOICE ROUND STEAK \$1.59 LB.
REAL GROUND CHUCK \$1.89 LB. (IN 5 PACKS)	USDA CHOICE BONELESS ROUND STEAK \$1.89 LB.
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USDA CHOICE PIKES PEAK ROAST \$1.98 LB.	

COASTAL SPECIAL 41# FREEZER SPECIAL

ICELANDIC COD FISH \$3.98 LB.	ORANGE ROUGHY \$5.49 LB.	\$64.95 Average \$1.58 Per Pound 5 lbs. QUARTER LOIN CHOPS 4 lbs. SIRLOIN STEAK 5 lbs. BEEF COAST (Arm or Chuck) 10 lbs. GROUND BEEF (1-2 lb pkts) 4 lbs. PORK STEAK 5 lbs. BULK or 3 lbs. LINK SAUSAGE (Plain, Garlic or Italian) 2 lbs. BACON 6 lbs. FRYERS (Cut Up)
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2# ITALIAN BEEF \$9.48 LB.	STUFFED PEPPERS \$2.79 LB.	MEAT LOAF \$2.98 LB.
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Today's Food

Dream up a beef winner while updating a classic

Take a favorite dish — like pot roast, give it a contemporary flavor twist — perhaps from the Mediterranean — and the result is a new spin on a classic.

Mediterranean Braised Beef is ideal for cool-weather cooking. In this version, boneless beef chuck pot roast is browned to add rich color and flavor, then simmered with fragrant balsamic vinegar, sweet dates, shallots and onions.

Like the traditional, cook pot roast slowly and tightly covered. Resist the urge to peek. The pot roast will be tender and moist, just like Mom's. Serve it with Italian green beans, plus couscous or parsleyed potatoes.

A fast, flavorful, favorite beef recipe could win the National Beef Cook-Off.

Amateur cooks can win more than \$50,000 and Frigidaire appliances Sept. 18 to 20, 1997, in Tampa, Fla.

While the competition for non-professionals is a long way off, the deadline for entries is much closer:

June 1, 1996. Contest rules are available by calling toll-free 1-800-846-9088.

Preparation and cooking time, including marinating, for original recipes must be no more than 60 minutes; the amount of beef must be between 1 and 2 pounds, and the recipe must use no more than 8 ingredients, excluding salt, pepper and water.

Recipes should be sent to: National Beef Cook-Off Entries, P.O. Box 3240, Department S, Chicago, Ill. 60654.

MEDITERRANEAN BRAISED BEEF

2½ to 3 lb. well-trimmed, boneless beef chuck shoulder pot roast
¼ cup flour
2 tbsp. olive oil
1½ cups water
¼ cup balsamic vinegar
½ tsp. salt
¼ to ½ tsp. pepper
2 small onions, cut in

half, sliced
4 medium shallots, sliced (optional)
¼ cup chopped pitted dates

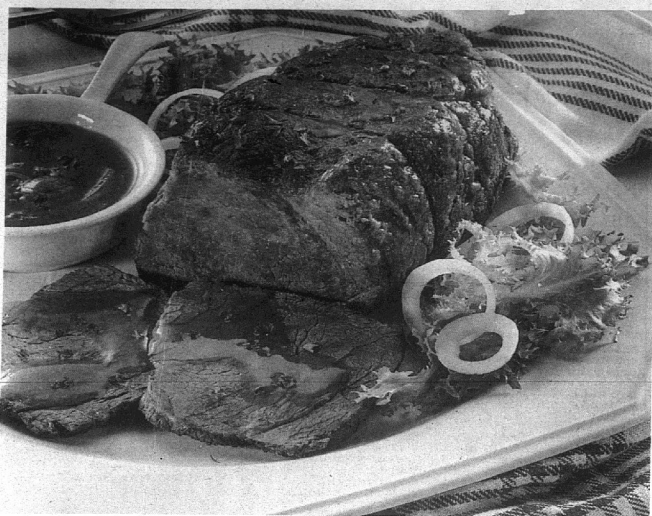
Preheat oven to 325°. Dredge beef in flour; discard excess flour. In Dutch oven over medium heat, heat oil. Brown meat evenly. Remove pot roast. Pour off drippings. Combine water and vinegar. Add to Dutch oven. Cook and stir until browned bits attached to pan are dissolved.

Return beef to pan. Sprinkle with salt and pepper. Arrange onion, shallot and dates around meat. Cook, tightly covered, in preheated oven 2 to 2½ hours until beef is tender.

Remove meat. Keep warm. Skim fat from sauce in pan. Cook over medium-high heat to desired consistency.

Carve beef in thin slices. Serve with sauce.

Makes 8 to 10 servings; about 250 calories, 11 g fat, 205 mg sodium and 86 mg cholesterol each.



Bring a beef roast up to date with Mediterranean flavor.

Day's worth of snacks can replace big meals

Snacking is more than just a means of quieting a growing stomach. It can be a way of life for people wanting to stay on top of hunger while eating modestly. The trick is to keep the snack to a snack, rather than a meal.

When food goes into the body often during a day, there is no need to feel hunger pangs.

For instance, a small bowl of high-fiber cereal and skim milk with fresh

fruit is as tasty served as an after-school or before-bed snack as when it is eaten in the morning for breakfast.

Keeping washed and trimmed vegetables — such as carrots, broccoli, celery and green pepper — available in airtight plastic bags in the refrigerator makes nutritious snacking just a crisper away. Sprinkle them in the bag with cold water to keep them fresh. Add a package of dry salad

dressing mix to low-fat or nonfat yogurt, sour cream or cottage cheese for dipping.

Instead of eating a big bowl of chili for lunch, keep the amount to a cupful for a snack and sprinkle the top with crumbled whole wheat crackers.

A bagel is a filling snack. To keep its very low-fat profile, spread it with jam, jelly, flavored nonfat cream cheese or eat it plain while barely warm straight from

a microwave oven. For more delicious, easy-to-make food and beverage ideas, "It's Right for You" newsletter is available free from Kraft Foods Inc. Call toll-free 1-800-520-9993.

CINNAMON 'N' APPLE WAFERS

½ cup sugar

½ tsp cinnamon
¼ tsp nutmeg
2 small red apples, thinly sliced
2 small green apples, thinly sliced
30 reduced-fat shredded whole wheat wafer crackers
1 pkg. (10 oz.) reduced-fat extra sharp cheddar cheese, cut in 30 slices

Preheat oven to 350°. Mix sugar, cinnamon and

nutmeg. Toss with apple. Place crackers on cookie sheet. Top each with 1 slice cheese and 2 slices apple.

Bake in preheated oven 4 to 5 minutes until cheese is melted.

Serve warm.

Makes 30 snacks; 50 calories, 2 g fat, 5 mg cholesterol, 85 mg sodium, 6 g carbohydrate, 3 g protein and no dietary fiber each.

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Air Cond., W/L Tires, Am Fm Stereo Cass., Tach, Tilt Wheel and Cruise Control Special, 2-Tone Paint, All Wheels, Bedliner and Bugshield.
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V6, 3.1 Liter Engine, Keyless Remote, Power Windows, Power Mirrors, Cruise Control
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Power Seat, Remote Lock Control, V6, 4 Speed, Auto, w/Overdrive, Cruise Control, Power Windows.
MSRP \$17,485**

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STK #5592
Loaded w/All Extras, Power Seat and T-Tops.
LIST \$20,985.00

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88 PONTIAC GRAND AM	88 OLDSMOBILE SILVERDOME	88 OLDSMOBILE SILVERDOME
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88 PONTIAC FIREBIRD	88 OLDSMOBILE SILVERDOME	88 OLDSMOBILE SILVERDOME
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88 PONTIAC FIREBIRD	88 OLDSMOBILE SILVERDOME	88 OLDSMOBILE SILVERDOME

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For Men - For Women
Corner Iowa & Nameoki Rd.

Haircut	with coupon	\$5.00
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Long hair extra - offer expires 3/25/96	Open SAT. 10-4	

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All Donuts and Pastries Fresh Baked Daily and Always Available

Glazed Cake & Plain Donuts

\$2.99 Doz.

Regular Price \$4.20

Must Present Coupon

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(Next To The Former Granite Bowl)

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Must Present Coupon

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Extended Hours: Open 4 A.M. - 3 P.M. Tuesday-Sunday

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Coffee and Donut

Plan now and play later: 4 steps to easy retirement



Jean Rhodes

Rhodes named assistant VP

The Board of Directors for Omni Bank in Pontoon Beach recently announced the appointment of former Edwardsville resident Jean L. (Short) Rhodes to the position of assistant vice president of operations.

An Edwardsville High School graduate, Rhodes received her bachelor's degree in business administration from Fontbonne College in Clayton, Mo.

Rhodes, the daughter of former Edwardsville residents William R. and Martha C. Short, now resides with her husband, John, in the rural Highland area.

Omni, a \$1 million asset bank, opened a branch on Nameoki Road in Granite City on Aug. 1, 1995.



Tim Guthrie

Many businesses enjoy the benefits of establishing a qualified retirement program for their employees. With most programs, there are substantial business and personal tax advantages for you and your employees. A retirement program also can be an important tool for recruiting, retaining and rewarding talented employees.

However, a qualified business retirement program also involves complicated regulations for business owners. For example, under the Employee Retirement Income Security Act (ERISA), the fiduciaries of a qualified plan have certain fiduciary responsibilities to plan participants with respect to the plan's investments.

While as a business owner,

you might want to provide your employees with the benefits of a qualified retirement program, you might also want your employees to take responsibility for making their own investment decisions. Recognizing that desire, one of ERISA's sections, 404(c), provides that if participants are allowed to make their own investment decisions by "self directing" their individual account balances, plan

fiduciaries will generally not be liable for those investment decisions.

In theory, section 404(c) sounded great. But, in reality, employers and retirement plan sponsors had little guidance on how to comply with this provision. To help clarify section 404(c), the Department of Labor issued new regulations in October 1992 which became effective for most qualified plans on January 1, 1994.

If you currently sponsor a self-directed qualified plan, you are considering offering one to your employees—it is important to understand the regulations under section 404(c). It's also important to understand what your continuing fiduciary responsibilities will be under these rules.

Complying with new regulations

In general, to meet Section 404(c), plan sponsors must provide employees with a broad range of investment choices, detailed information on investment options offered, and the chance to change investment funds with appropriate frequency.

Specifically:

- Investment choices: Participants must be allowed to:
- Choose from at least three diversified and materially different investment alternatives
- Diversify investments to minimize the risk of large losses.
- Materially affect the potential return on assets over which the participants have

control

Investment information: Participants must be given sufficient information to make informed investment decisions. Information must be given automatically to participants, including:

- An explanation that the plan is a Section 404(c) plan.
 - A full description—including investment objectives and risk and return characteristics—of available investment alternatives.
 - A description of transaction fees and expenses.
 - Information regarding voting, tender and similar rights.
- Investment changes: Participants must be allowed to change investments as often as is appropriate.

Walton to lead office fund raiser

Vicky Walton, Realtor associate with Century 21 Royce Realty Inc., has been named the 1996 Easter Seals fund-raising chairman for that office. She will assume the responsibility for raising funds for the company's 1996 contribution.

Established in 1950, the Easter Seal Society of Southwestern Illinois provides vital needed services and programs to individuals with disabilities and their families.

The Eastern Seal Society of Southwestern Illinois serves residents in the counties of Calhoun, Green, Hersey, Macoupin, Madison, Monroe and St. Clair. Each year more than 1,400 children and adults with disabilities receive direct services from Easter Seal centers.



Walton



3718 HWY 171, PONTON BEACH

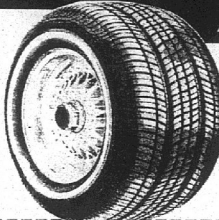
797-6711

HOURS: M-F 8am - 5pm

SAT 8am - NOON

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CELEBRITY Economy All-Season Radial

* KELLY QUALITY

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* 40,000 MILE EXPECTANCY

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AQUA TOUR Premium Wet-Weather Radial

* 80,000 Mile Limited Treadwear Warranty	P185/70R14 87S WW	69.71
* Premium All-season Steel-belted Radial	P205/70R14 83S WW	76.78
* All new dual aque channels for hydroplaning protection and improved wet traction	P215/70R14 96S WW	80.84
* New tread design improves stopping distance on wet roads	P205/70R15 97S WW	78.93
* UTQG 560 A.B	P225/70R15 100S WW	82.90
	P235/70R15 102S WW	89.83
	P215/65R15 953 WW	82.44
	P195/70R14 BK	68.54
	P205/65R15 BK	75.97
	P215/60R16 BK	91.87
	P225/60R16 BK	95.99

Prices Good Thru 3/30/96

OIL & FILTER \$12.95

UP TO 5 QUARTS MOST CARS

EXPIRES 3/13/96

No Other Discount Valid With This Offer

FRONT OR REAR BRAKE SPECIAL \$49.95

Includes: Turn Rotors or Drums PER AXLE MOST CARS

EXPIRES 3/13/96

No Other Discount Valid With This Offer

TWO WHEEL ALIGNMENT \$24.95

MOST CARS

EXPIRES 3/13/96

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619 CERRE DOWNTOWN ST. LOUIS, MO. . . 436-1800

M-F 9 AM - 8 PM SAT. 9 AM - 6 PM
CLOSED SUNDAY

- SAVE \$2.00 CARTON IN TAXES
- 2 MINUTES ACROSS POPLAR ST. BRIDGE
- FREE ADJACENT PARKING

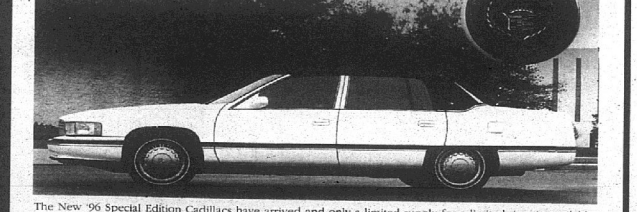
MISTY \$9.99 Carton

DORAL \$9.49 Carton

CAMBRIDGE Basic \$9.49 Carton

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1996 SPRING EDITION DEVILLE



The New '96 Special Edition Cadillacs have arrived and only a limited supply for a limited time is available. Huge discounts plus "Special Option Package" savings of \$2510.00, make this an outstanding buy.

- Simulated Convertible Top
- Chrome wheels with chrome wreath & crest center caps
- Perforated leather seating
- Option package ISB
- Gold ornamentation

\$1,000 SPECIAL INCENTIVE FOR ILLINOIS RESIDENTS ONLY

EUDER II Cadillac - Oldsmobile
CREATING A HIGHER STANDARD
4 AURORA

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LEAVE THE WALKING TO US!
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Register To Win!

FREE Hit-N-Run PEPSI HUMMDINGER

MUG DR. SLICE PEPSI DIET PEPSI MTN DEW
309 12 PACK CANS SAVE 95 2 LITER BOTTLE

NATURAL LIGHT COLD 12 PACK CANS 439
BUSCH COLD 24 OZ CAN 77
REG OR LIGHT COLD 12 PACK CANS 429

49 AQUAFINA Purely Guaranteed DRINKING WATER 20 OZ
89 OR VIVA COTTAGE CHEESE 16 OZ
278 Lay's CHIPS
278 Borden's SUPER CHOX GALLON
19 Homogenized or CHOCOLATE MILK
89 Lay's CHIPS
278 Lay's CHIPS
278 Lay's CHIPS

LIBERTY DISPOSABLE LIGHTER 4 FOR 100
289 Combos ALL FLAVORS
159 Field's SLICED BACON 12 OZ PACKAGE
199 Oreo 16 OZ
199 Oreo 12 OZ

Community calendar

Our event calendar also includes entries for community groups and their normal meeting days. Such groups meet on the first Monday of the month, the first Tuesday of the month, etc. Readers are encouraged to call these groups if holidays or other days pose uncertainty.

Corrections, additions and deletions of information are encouraged, and new entries may be added at anytime by calling the newsroom at 878-3600.

This calendar runs in every Wednesday's Journal.

Wednesday, Feb. 28

Disabled American Veterans Chapter 53 will offer a service officer from 1 to 3 p.m. at the Tri-City Veterans Home, located at 1417 18th St. in Granite City. Call 878-7816 for more information.

Pontoon Beach Senior Citizens bingo, noon, 3910 Illinois 111, Pontoon Beach.

Pulmonary Support Group for persons with diagnosed lung condition, 11 a.m. to noon in 4-Doctors Solarium, St. Elizabeth Medical Center, 798-3019.

Al-Anon, 7:15 p.m., Gateway Foundation, 600 W. Lincoln Ave., Caseyville. Call 463-2429 for more information.

Alcoholics Anonymous, 11 a.m. and 8 p.m., 2116 Club, 2118 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. Elizabeth School's Noah's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the last Wednesday of the month.

Collinsville Area Recreation District in conjunction with the Boots and Slippers Square Dance Club will sponsor square dance lessons from 7 to 9 p.m. at Latham, 2200 Vandalia St., Collinsville. The cost is \$2.50 per person. Per session. For information, call 344-6636 or 344-4183, or contact CARD at 346-7529.

Divorced and Separated Group Minister, 7-8:30 p.m., Eden United Church of Christ, 903 Second Street, Edwardsville, 656-9268.

Parents Anonymous Group, meets 6 to 8 p.m. For information on where meeting will be held, call Elaine Landolt, 462-2714.

Stress Management Class, 7 to 8 p.m. at Mental Health Services, 30 Northgate Industrial Drive, Granite City. For people who want to know what causes stress, how it affects

their lives, and what they can do about it. For more information call 877-4420. Fees are based on a sliding income scale.

Madison County Action Group, meets 7 p.m. For more information call Dan at 452-2336 or Diane at 876-1360.

Thursday, Feb. 29

Behavioral Health System will present a talk on "Leap Year Special - Basics of Time Management" at 7:30 p.m. at St. Elizabeth's Edwardsville Health Center, 1123 University Drive, Edwardsville. This session will be conducted by a member of the professional staff of St. Elizabeth's Behavioral Health System. This talk is free and open to the public.

Chouteau Township Senior Citizens, 9 a.m. to 2 p.m., Social Center, 906 Thorngate Drive, Mitchell.

Eagle Park Acre Seniors of Madison meet from 10 a.m. to noon at 100 Hill St. rear, Eagle Park Acres, Madison.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2118 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 11 a.m., 2116 Club, 2118 Edison, Granite City, 1 (800) 307-6600.

Take Off Pounds Sensibly Chapter 2363, 6:45 p.m. at Anchorage Recreation Center, 2909 Edwards St. For information, 797-6351 or 877-2784.

Al-Anon, 8 p.m., Wellness Center, 2103 Iowa, 463-2429.

Narcotics Anonymous, Seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9400.

Overeaters Anonymous, 7:30 p.m. at First Christian Church, 2415 N. 89th St., Caseyville. For information, call 1 (314) 636-7821.

Granite City Community Band rehearsals, 7:30 to 9 p.m., St. John United Church of Christ, 2901 Nameoki Road, Granite City, 831-0443.

Friday, March 1

Church Women United World Day of Prayer, 12:30 p.m., Good Shepherd United Methodist Church, Granite City.

Greater Beneficial Union of Pittsburgh, District 491, Granite City Council, meets at 8 p.m. at the Knights of Columbus Hall, 4225 Old Alton Road, Granite City. James P. Rea-

gan, president, can be reached at 288-7396; and Mary Solomon, secretary, can be reached at 451-9201.

Holy Family Fish Fry will be held from 4 to 7 p.m. at 2606 Washington Ave. in Granite City. Plates are \$4.50 and sandwiches are \$3.50. Carry-outs available.

Singles Connection will hold happy hour at 7 p.m. at Michael's, 425 Broadway in Highland. Call Wally at 654-3178 for more information.

Al-Anon meets at 8 p.m. in the Milonski Room in the basement at St. Elizabeth Medical Center. Call 463-2429 for more information.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2118 Edison, Granite City, 1 (800) 307-6600.

Friday Afternoon Pinchclub for seniors 55 and over meets at 12:30 p.m. at the Harbort, 24-hour hot-line 398-9400.

Alcoholics Anonymous, 1:30 p.m. and 8 p.m., 2116 Club, 2118 Edison, Granite City, 1 (800) 307-6600.

STEMSS (Support Together for Emotional and Mental Serenity and Sobriety), A support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth Medical Center. Call 798-3604 for more information.

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St. Madison, food pantry is open from 9 a.m. to noon. Samuel Turner is the chairman. Alondra Turner is the pastor. Call 877-4420 for more information.

Singles Connection will hold happy hour at 7 p.m. at Michael's, 425 Broadway in Highland. Call Wally at 654-3178 for more information.

Al-Anon meets at 8 p.m. in the Milonski Room in the basement at St. Elizabeth Medical Center. Call 463-2429 for more information.

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tered nutrition program, meets from 8 to 7 p.m. at First Baptist Church, 2041 Delmar Ave. in Granite City.

Neglected Victims of Child Sexual Abuse, a support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center. Call 692-2197 for details.

TOPS 2048 (Take Off Pounds Sensibly), 6 p.m., Melvin Price Support Center in Granite City, 676-2124.

TOPS IL 645, 7 p.m., Anchorage Recreation Center, 2902 Edwards St., Granite City, 452-6102. Men and women welcome.

Wai-Mari Senior Citizens, bingo, 7:30 to 8:30 a.m.

Tuesday, March 5

Diabetes Support Group, 1 to 3 p.m., President's Room, St. Elizabeth Medical Center, 798-3456.

Singles Connection will meet at 6:30 p.m. at the Edwardsville YMCA, Esic Drive in Edwardsville, for walleyball. Call Frank at 476-4315 for more information.

Alliance for the Mentally III of Madison County, (AMI) meets 7 p.m. to 9 p.m. at the Mental Health Clinic, 50 Industrial Drive, Granite City. For information call 798-3884.

Elkettes, Granite City Lodge 1063, Maryville Road, 931-3557, 7 p.m.

Granite City Unit, Madison County Homemakers Extension Association, noon, Anchorage Recreation Center. For more information call 876-7026 or 931-3735.

Trio Unit, Madison County Homemakers Extension Association, noon, Holy Lutheran Church, 3715 Wabash Ave., Granite City.

Pontoon Beach Library Board, Pontoon Beach Village Hall, 3910 Highway 111, 6:30 p.m.

Madison County Legal Secretaries Association, meets at 6:30 p.m. Open to everyone in legal field: attorneys, legal secretaries, support staff, court reporters and court personnel. For more information call 465-4400.

Depressive Manic Depres-

sive Association of Madison County will meet from 7 to 9 p.m. at St. Elizabeth Medical Center. James E. Lewis and Karl A. Strassman, Co-leaders of the DMDA, will conduct the meetings. For more information, call 877-7517 or (314) 777-4223.

TOPS 1689 (Take Off Pounds Sensibly) will meet at 6:45 p.m. at the Anchorage Recreation Center, 2902 Edwards St.; call 797-2724 for more information. Men and women are welcome to attend.

Alcoholics Anonymous, 8:30 a.m. and 8 p.m., 2116 Club, 2118 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous (women only), 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 463-2429.

Al-Anon, 8 p.m., Niedringhaus United Methodist Church cafeteria, 20th and Delmar, Granite City, 463-2429.

Alateen and Pre-Alateen Program for 12 to 17 age group, and prelateen for six to 11 year age group, meets at 8 p.m. at Niedringhaus United Methodist Church, 20th and Delmar. For more information call 463-2429.

The Blood of the Lamb prayer and bible study. The public is invited to come for praise and worship, teaching from the Word and prayer for your needs from 10:30 a.m. to 12:30 p.m. at Full Gospel Fellowship Hall, 201 Orville, Granite City. A nursery will be provided. If a rifle is needed, call 451-4020 or 1 (314) 888-1865.

The Circle of Hope, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. at the King's House on North 68th Street in Belleville. For more information, call 234-0291.

Granite City Kiwanis meet at Shoney's at 7:30 a.m.

School of Metaphysics, 7:30 to 10:30 p.m., 9450 Roslan Place, St. John, Mo. 63114. Classes in applied metaphysics. Call Melanie McManus at 429-0076.



Scholar — Nathan Mudd of Glen Carbon is the recipient of a law school scholarship provided by the Madison County Bar Association. He is attending St. Louis University. Pictured, from left, are Steven Smith, associate dean at SLU School of Law; Mudd; Mary Massa, president of the county bar association; and Irv Slate, chairman of the bar association's scholarship committee.

Senior menus

Donations for noon meals are \$1.75. Call day ahead for reservation, 877-4420.

Wednesday, Feb. 28
Baked chicken, rice pilaf, apple juice, chopped spinach, wheat bread, sliced pears.

Thursday, Feb. 29
Spaghetti with meat sauce, tossed salad, Italian vegetables,

wheat bread, apple sauce.

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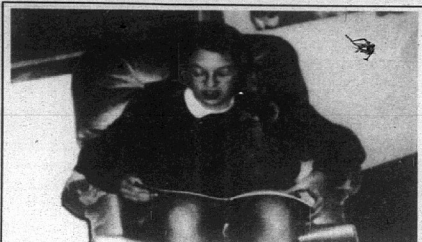
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Whodunit? — Sherlock Holmes has nothing over St. Elizabeth School sixth grade students. After reading about 10,000 pages of mysteries, students in Mrs. Tommie Stimac's class wrote their own mysteries and shared them with the rest of the class. Pictured here reading her story is Tara Meehan.

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- \$90.00 FAMILY (includes children up to age 21)
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RED TAG

Shop 'n Save

Stock Up Sale!



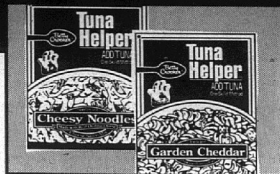
IN OIL OR WATER
Starkist Chunk Light Tuna

3/\$1
6-OZ. CAN
LIMIT 6 WITH \$10.00 ADDITIONAL PURCHASE



ASSORTED VARIETIES
Ragu Spaghetti Sauce

119
27.5-30 OZ. JAR



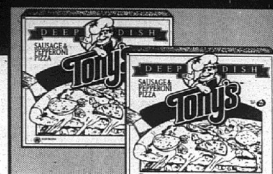
ASSORTED VARIETIES
Betty Crocker Tuna Helpers

99¢
7-9.25 OZ. PKG.



SELECTED VARIETIES
Campbell's Family Size Soup

99¢
26-OZ. CAN



ASSORTED VARIETIES
Tony's Deep Dish Pizza

99¢
18.25-20.8 OZ. PKG.
LIMIT 2 OVER LIMIT 2/\$5



SPECIAL SELECTIONS
Budget Gourmet Entrees

79¢
10-11.75 OZ. PKG.



Coke, Diet Coke, or Sprite

557
24-PACK 12-OZ. CANS
2-LITER 79¢, LIMIT 6, OVER LIMIT 99¢



REGULAR 6-PACK
Slim Fast

398
6-PACK
LIMIT 2 WHILE SUPPLIES LAST

Ragu Pasta Toss..... 119
18-OZ. PKG.

Shop 'n Save Rye Bread..... 99¢
16-OZ. LOAF

SHOP 'N SAVE LIGHT WHEAT OR Light White Bread..... 99¢
16-OZ. LOAF

ASSORTED VARIETIES
Maxwell House Coffee..... 199
11.5-13 OZ. CAN

ASSORTED VARIETIES
Tostitos Tortilla Chips..... 2/\$4
14.5-16 OZ. BAG

FORMERLY KAS
Guy's Potato Chips..... 149
14-14.25 OZ. BAG

ASSORTED VARIETIES
Coles Garlic Bread..... 2/\$3
1-LB. PKG.

ASSORTED VARIETIES, CAMPBELL'S
Healthy Request Soup.. 99¢
16-OZ. CAN

APPLE JACK'S OR CORN POPS
Kellogg's Cereal..... 2/\$4
15-OZ. BOX

FUDGE MINT PATTIES
Sunshine Cookies..... 119
9-OZ. PKG.



ASSORTED VARIETIES
Michelina's Entrees..... 88¢
8.9-9.25 OZ. PKG.

SELECTED VARIETIES
Eggo Waffles..... 2/\$3
8.6-11 OZ. PKG.

FUDGE DIP SHORTBREAD
Sunshine Cookies..... 119
11.5-OZ. PKG.

Jiffy Corn Muffin Mix.... 4/\$1
8.5-OZ. PKG.

5.5-6.3 OUNCE PACKAGE
Tony's Personal French Bread.... 3/\$4

Lender's Big & Crusty Bagels... 99¢
8-PACK

ASSORTED VARIETIES
Fruit on the Bottom Dannon Yogurt..... 2/\$1
8-OZ. PKG.

PURE PREMIUM
Tropicana Orange Juice..... 389
96-OZ. JUG

Bow Wow Bites Dog Food..... 349
20-LB. BAG

TDK T-120 Video Tape..... 179
EACH



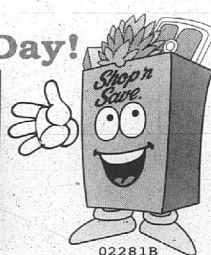
We Discount All Pre-Priced Products Every Day!

ALL GREETING CARDS
DISCOUNTED 20%
FROM MANUFACTURERS MARKED PRE-PRICE

ALL BOOKS & MAGAZINES
DISCOUNTED 10%
FROM MANUFACTURERS MARKED PRE-PRICE

ALL BAG SNACKS
DISCOUNTED 10%
FROM MANUFACTURERS MARKED PRE-PRICE

ALL ENTENMANN & HAAS ITEMS
DISCOUNTED 10%
FROM MANUFACTURERS MARKED PRE-PRICE



02281B

RED TAG

Stock Up Sale!

Shop'n Save Liquor Dept. VALUES!



GENUINE DRAFT, LITE ICE OR
Miller Lite Beer

11.99
24-PACK
12-OZ. CANS



SELECTED VARIETIES
Franzia
Wines

5.99
5-LTR. BOX

Liquor Prices Good at Illinois Stores Only. Some Items not available at all stores.

Shop'n Save Health & Beauty VALUES!



TABLETS OR CAPLETS
Orudis KT

2.29
24-CT. PKG.



NORMAL, SENSITIVE, OR PASTEL
Bic Twin
Select Shavers

1.39
5-PACK

ALL VARIETIES
Michelob
Beer..... **2/\$7**
6-N/R BTL.

Miller High Life
Beer..... **9.99**
24/12-OZ. CANS

REGULAR, LIGHT OR ICE
Milwaukee's Best
Beer..... **1.99**
6/12-OZ. CANS

Coor's Light
Beer..... **5.99**
12-N/R BTL.

ASSORTED VARIETIES
Samuel Adams
Beer..... **5.49**
6-N/R BTL.

Natural Light
Beer..... **4.19**
12/12-OZ. CANS

ASSORTED VARIETIES
Bartles & Jaymes
Wine Coolers..... **2/\$5**
4-PK.

OUR LOW SALE PRICE 2/\$7
Livingston
Cellars Wine 1.5-LTR. BTL.
AFTER (2) 50¢ INSTANT COUPONS AVAILABLE IN-STORE

WHITE ZINFANDEL
Beringer
Wine..... **2/\$8.99**
750-ML. BTL.

Paul Masson **2/5.50**
Wine..... 1-LTR. CARAFE

BEVERAGE OR COCKTAIL
Boone's
Wine..... **2/\$4**
750-ML. BTL.

Kamchatka
Vodka..... **7.99**
1.75-LTR. BTL.

Windsor
Canadian..... **10.99**
1.75-LTR. BTL.

J&B
Scotch..... **13.49**
750-ML. BTL.

Martel V.S.
Cognac..... **16.99**
750-ML. BTL.

ALL VARIETIES EXCEPT
HOT DAMN 100 PROOF
DeKuyper
Schnapps..... **5.99**
750-ML. BTL.

Elan
Spring Water **3/99¢**
16.9 OZ. BTL.

Please-Drink Responsibly
Don't Drink & Drive

WHILE SUPPLIES LAST
15-OZ.+4-OZ. FREE PRODUCT
Johnson's Baby
Toiletries..... **2.39**

8-OZ. MAX., OR 12-OZ. REG.
Pepto-Bismol
Liquid..... **3.29**

24-CT. 30 MG TABLETS
OR 10 CT. 12 HR. CAPLETS
Sudafed..... **3.29**

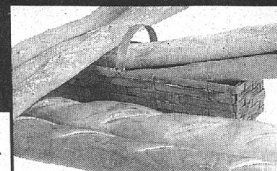
30-CT.+20 CT. VARIETY PACK FREE
CLEAR OR FLEX
Band-Aid Brand
Bandages..... **1.89**

SHAMPOO OR CONDITIONER
Herbal
Essence..... **2.49**
12-OZ. BTL.

2-CT. "C", 2-CT. "D", OR 1-CT. 9 VOLT
Duracell
Batteries..... **1.99**
4-CT. "AA" OR "AAA" \$2.49

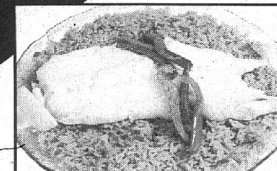
Bakery, Seafood & Deli Dept. VALUES!

Bakery, Deli,
& Seafood not
available at
all stores



Fresh Baked
French Bread

99¢
16-OZ.
LOAF



Orange Roughy
Fillets

4.99
lb.

Chocolate Chip
Cookies..... **3.69**
24-COUNT

Lone Star
Sweet Rolls..... **3.99**
8-COUNT

Whole
Whiting..... **1.39**
lb.

Fresh
Shark Steaks.... **3.99**
lb.

99% FAT FREE
Jennie-O
Turkey Breast.... **2.99**
lb.

Eckrich Virginia
Baked Ham..... **3.99**
lb.

OLIVE, OLD FASHION
OR HAM & CHEESE
Klement's
Pickle Loaf..... **2.89**
lb.

Mayrose Garlic
Bologna..... **2.89**
lb.

More Great Values In-Store!

Shop'n Save Photo Processing

Your Choice of Single Prints Plus
FREE FILM or DOUBLE PRINTS



3.79
EVERYDAY
24-exp.
3 1/2 inch prints

Shop'n Save Family Video Center

EVERYDAY LOW RENTAL PRICES!

ALL NEW RELEASE | ALL OTHER TITLES

99¢ | **49¢**
EACH | EACH

ALL VIDEO GAMES 99¢
AT STORES WITH VIDEO CENTER ONLY

Save ^{UP TO} \$28.11

OR 24% On Identical Items at Shop 'n Save!

THESE ARE
SHOP 'N SAVE'S
Everyday
Low
Prices!

BUY ALL THE ITEMS IN THE LIST BELOW AND PAY:

\$84.39
AT
SHOP 'N SAVE

\$112.50
AT SCHNUCKS
★ YOU SAVE \$28.11
OR 24% AT
SHOP 'N SAVE

\$111.23
AT DIERBERGS
★ YOU SAVE \$26.84
OR 24% AT
SHOP 'N SAVE

CHECK THESE SAVINGS!

Totals Above Do Not Include Sales Tax

GROCERY DEPT.	Shop 'n Save	Schnucks	You Save At Shop 'n Save	Dierbergs	You Save At Shop 'n Save
VALUE PACK, LIGHT BUTTER Pop-Secret Popcorn18 oz.	2.99	3.99	25%	3.69	18%
LIPTON RECIPE SECRET Onion Soup Mix.....2 oz.	.79	1.29	38%	1.29	38%
ARMOUR Corned Beef Hash15.5 oz.	.99	1.49	33%	1.49	33%
FRANCO-AMERICAN Beef Gravy10.25 oz.	.50	.99	49%	.99	49%
CREAMETTE Long Spaghetti.....16 oz.	.67	1.19	43%	1.19	43%
SUNSWEEP Prune Juice32 oz.	.99	1.79	44%	1.39	28%
OLD EL PASO Refried Beans16 oz.	.79	1.09	27%	1.09	27%
SMALL BITES Pedigree Mealtime22 lbs.	6.99	8.99	22%	8.99	22%
MILKBONE, LARGE Dog Biscuits4 lb.	2.99	3.99	25%	3.89	23%
WISHBONE Italian Dressing16 oz.	1.99	2.69	26%	2.59	23%
FLOCHMANN'S SQUEEZE BARREL Mustard19 oz.	.99	1.39	28%	1.39	28%
HEINZ Squeeze Ketchup64 oz.	2.99	4.29	30%	3.89	23%
WESSON PURE Vegetable Oil.....38 oz.	2.39	3.19	25%	3.19	25%
FRANCO AMERICAN Spaghetti-O's.....15 oz.	.59	.89	33%	.89	33%
REGULAR OR IODIZED Morton Salt26 oz.	.25	.45	44%	.39	35%
BATH BAR Lever 2000 Soap6 bar	3.97	5.29	24%	5.29	24%
PALMOLIVE, ANTIBACTERIAL Dish Detergent12 oz.	1.97	2.69	26%	2.59	23%
ULTRA SURF Laundry Detergent.....98 oz.	4.97	7.59	34%	7.99	37%
Comet Cleanser14 oz.	.34	.55	38%	.59	42%
GLAD HANDLE TIE Tall Kitchen Bags.....20 ct.	2.39	3.19	25%	3.08	22%
MIXED Gerber Cereal8 oz.	1.24	1.59	22%	1.39	10%
PET Evaporated Milk12 oz.	.49	.79	37%	.69	28%
7 up Soda12 pack	3.69	4.49	17%	4.49	17%

MEAT & PRODUCE	Shop 'n Save	Schnucks	You Save At Shop 'n Save	Dierbergs	You Save At Shop 'n Save
CUT UP Fryersper lb.	.89	1.09	18%	1.09	18%
HUNTER Bacon1 lb.	1.89	2.29	17%	2.29	17%
HUNTER, ALL MEAT Wieners12 oz.	.89	1.19	25%	1.29	31%
FARMLAND Bacon1 lb.	1.99	2.59	23%	2.59	23%
OSCAR MAYER Franks.....1 lb.	2.29	2.69	14%	2.69	14%
R.B. Rice Pork Sausage.....1 lb.	2.39	2.69	11%	2.89	17%
Asparagusper lb.	1.98	2.99	33%	2.99	33%
Green Cabbage.....per lb.	.38	.50	24%	.50	24%
YELLOW Onions3 lb. bag	1.28	1.99	35%	1.99	35%

DAIRY AND FROZEN FOOD

KRAFT GRATED Parmesan Cheese8 oz.	2.99	3.69	18%	3.69	18%
KRAFT PHILLY FREE Cream Cheese8 oz.	1.06	1.29	17%	1.45	26%
KRAFT 24 SLICED American Singles16 oz.	2.99	3.99	25%	3.69	18%
PILLSBURY Cinnamon Rolls6 oz.	1.09	1.39	21%	1.35	19%
SHEDD'S Country Crock3 lb.	1.99	2.59	23%	2.49	20%
MINUTE MAID FROZEN Orange Juice12 oz.	1.29	1.79	27%	1.59	18%
Eggo Waffles17 oz.	2.50	2.99	16%	2.99	16%
LENDER'S Bagels.....6 ct.	1.07	1.39	23%	1.33	19%
JENO'S Pizza Rolls20 oz.	2.99	3.99	25%	3.79	21%
PET RITZ (REGULAR) Pie Shells2/9 inch	.99	1.49	33%	1.49	33%
DIGIORNO PEPPERONI Rising Crust Pizza12 inch	5.49	5.99	8%	6.59	16%

These items were purchased on February 26, 1996 at Schnucks in Ballwin MO. at 9:23 a.m., and at Dierbergs at Lafayette Center at 9:26 a.m. Due to time required for ad processing, chain store prices may vary from date items were purchased to date of ad publication. The above prices do not reflect manufacturers' deals.

02283A



HUDSON ALL NATURAL CHICKEN
**Skinless Bone-in
Chicken Breast**



99¢
lb.
LIMIT 3



FRESH PICNIC STYLE
**Pork Shoulder
Roast**

79¢
lb.

CHOPPED HAM OR
Oscar Mayer
Ham & Cheese... **2/\$4**

WHOLE OR ICICLE
Claussen
Pickles... **2/\$4**

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Pack Fish**

2.99
24.5-OZ. PKG.

WHOLE, 6-8 LB. AVG.
Field Boneless
Ham... **1.99**

FRESH LITE
Field Ham
Sausage... **1.39**

FLAVORED COOKED
Boneless
Chicken Breast... **6.99**



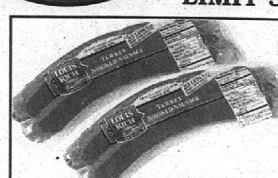
**Oscar Mayer Fun
Pack Lunchables**

3/\$5
11.2-12.2 OZ.
PKG.

PEPPERONI, SAUSAGE,
OR DELUXE
Mama Rosa
Pizza... **2/4.39**

ORIGINAL
Johnsonville
Bratwurst... **2.59**

Eckrich
Lunchmakers... **99¢**



LOUIS RICH
**Turkey Smoked
Sausage**

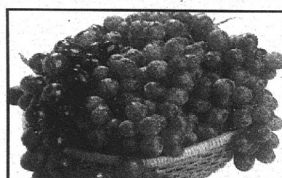
1.79
14-OZ.
PKG.

6-OZ. PKG.
OVEN CRUNCHY
Sea Pak
Shrimp Poppers... **2/\$3**

Farmland
Sliced Bacon... **1.79**

ALL VARIETIES
Farmland
Lunchmeats... **99¢**

Pick of the Crop Garden Fresh Produce!



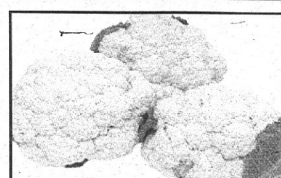
IMPORTED
**Red or White
Grapes**

98¢
lb.

Northwest
Anjou Pears... **68¢**

TREE RIPENED, IMPORTED
Peaches, Plums
or Nectarines... **1.48**

WASHINGTON STATE
Red or Golden
Delicious Apples **78¢**



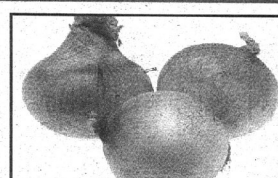
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98¢
HEAD

California
Pascal Celery... **68¢**

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California
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8-OZ. BTL.
FRUIT FLAVORED
Rainbow
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Tube
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Wild Birdseed... **2.98**



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MELISSA'S DRIED New Mexico Chilis... **1.98**

MELISSA'S Pinenuts... **2.48**

MELISSA'S Crystal Ginger... **2.48**



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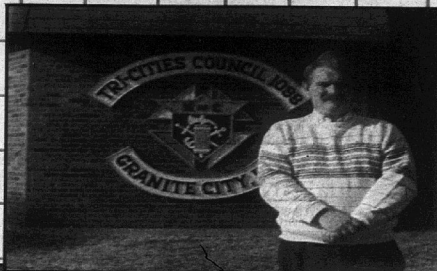
S	M	T	W	T	F	S
			28	29	1	2

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IN THE
FUTURE**



Knights of Columbus Hall

4225 Old Alton Road, 877-4250

The Knights of Columbus Hall is the largest multipurpose meeting facility in the Tri-Cities area, with seating for up to 500 people. Rooms are available during the day or evening for corporate meetings, seminars and a variety of other functions.

"My main goal here is to make the Knights of Columbus facility more community friendly," said Bill Bronnbauer, building facilities and marketing manager. "In the past, the Knights of Columbus has been very generous financially, to community needs. I feel we need to be more active in other ways, and we will begin by being more hospitable and accessible to the people of the Tri-Cities area."



The Rock Creek Center

3701 A&B Nameoki Road, 876-8335

The Rock Creek Center staff has been providing partial hospitalization services for psychiatric and substance abuse treatment for adults since 1985.

"We are committed to providing emotional support to assist our patients in becoming more independent and teaching them healthy coping skills to deal with their life problems," said Program Coordinator Maria Smith, R.N., BSN.

Pictured from left are Dan Huff, case manager; James W. Lane, PhD, clinical psychologist; Eve Michaelis, secretary; Julie Dempsey, case manager; Smith; and Gaynale Kapica, community liaison.



Hen House Family Restaurant and Gift Shop

Highway 111 at I-270 (618) 931-5210

The Hen House Restaurant, a familiar stopover for Interstate travelers and local patrons alike for more than 10 years, open daily at 6 a.m. and features homemade specials, pies and soups. As always, breakfast is served any time. The restaurant also features a full-line gift shop that includes souvenirs, crafts, collectibles, greeting cards and candy.

There are four other Hen House locations for those traveling in Illinois: Springfield on Interstate 55, Mahomet on Interstate 74, Arcola on Interstate 59, and Okawville on Interstate 64.



Pizza Chef

1535 Johnson Road, 451-1111

Pizza Chef recently opened its 12th location in Granite City. "I am proud to be a part of the business community in the city where I grew up," said Eric Wortham, president and CEO. The Granite City restaurant will be home base for the chain, which Wortham plans to expand to 20 locations in the Metro St. Louis area by the end of this year, and into three additional states, he said.

The success of Pizza Chef is no secret, Wortham said. "We offer superior quality at an affordable price."



Century 21 Royce Realty

3361 Fehling Road, Suite 3

Century 21 Royce Realty, a full-service real estate company, has served the area since 1962. The office recently relocated to Central Square Shopping Center, 3361 Fehling Road, Suite 3, in order to better serve the community.

"The staff is grateful to the thousands of satisfied customers and is committed to continuing to provide quality service throughout the next century," said owner John Royce.

Pictured, from left, are, front row: Kristi Glasgow, John Royce and Vicki Royce; back row: Debbie Sander, Jim Ridings, Jerry Beaserman, Garry Henson and Vicki Walton. Not pictured is Mark Mitchell.



Jim's Pawn and Jewelry

1901 State Street, 452-3186

Jim's Pawn and Jewelry in downtown Granite City has just the right gift at an even better price.

Located at 1901 State St., the business was founded in September 1991, one year after the owners closed J.D. Hudson Fine Jewelers. The business has grown and prospered since.

"New jewelry can be purchased at a substantial savings under retail. Pre-owned diamonds can be remounted to create new jewelry — at a savings," said Jim Hudson, owner. "Our slogan is: 'Why pay retail?'" The business employs six jewelers with more than 80 years of experience between them.

A SPECIAL EDITION OF THE Granite City

Press-Record/Journal

Renovated raceway could be major draw

By Scott Cousins
Staff writer

If you build it, they will come. Perhaps an overused phrase in baseball, but it is something officials at Gateway International Raceway in Madison are counting on.

Construction of a \$22 million renovation and improvement project is set to begin sometime this spring.

When finished, the raceway could attract almost 500,000 people each year, and have a local economic impact of about \$70 million — more than the St. Louis Rams.

Increased business at the raceway could also spur development in the city of Madison's

newly created tax increment financing district.

Recently approved and still in the planning stages, city officials have talked about other projects such as hotels, golf courses and commercial developments in the 615-acre TIF.

"We'll be getting ready to start construction of the drag race facility soon," said Rod Wolter, general manager at the raceway.

"Hopefully by the fall, we'll be able to turn off the lights at the old drag strip."

The first phase will include a new 4,000-foot drag strip and a 15,000-person permanent grandstand.

The second phase, slated to begin as soon as phase one is completed — probably in the early fall — will be a 1.25 oval track and 25,000 more permanent seats.

The project includes 30 VIP suites and expanded parking, garage and other facilities.

When finished in 1997, the raceway will have state-of-the-art drag and oval tracks, and will be capable of hosting National Hot Rod Association and NASCAR events.

"The NHRA is very excited about this," Wolter said.

If the drag strip is completed on time, he said the NHRA has promised to hold a national event soon after completion.

He said national events draw large crowds and can pump a lot of money into the local economy.

"For one thing, they (racers and fans) are there all week," he said. "Many of them come a few days early and then stay a few days

after to make repairs or tests."

"Once the crowds start coming, other things are going to come."

When not being used for major races, the facility could be used for a variety of auto-related businesses.

Those include a law enforcement driving school, race car driving schools, vehicle and product testing, auto commercials and other uses.

"The offsprings from this thing are just phenomenal," Wolter said.

"This law enforcement training will be a big thing for us," he said. "They worry about that gun they carry, but they get a lot of training on that gun and have more accidents from the car."

GCHS renovation under way

By Bob Slate
Staff writer

It may have taken a while, but a multi-million dollar renovation of Granite City High School began last month.

The Granite City School Board is pumping more than \$9.5 million in improvements into the 73-year-old school building over the next couple of years, thanks to district voters who overwhelmingly approved a bond issue in November 1994.

R C Bush, executive vice president of the Tri-Cities Area Chamber of Commerce, said the renovation is an investment in the future of the entire community.

"When dealing with prospective business and industry looking for a place to locate or relocate, educational opportunities are among the top criteria," Bush said. "The importance of a qualified workforce and educational opportunities can't be overstated."

Plans call for construction to be completed in phases, allowing students to attend classes while the work is performed.

The design includes new building additions as well as



School district officials got together last month to help break ground for the high school improvement project.

remodeling; a completely new electrical system; a new heating, ventilating and air conditioning system; replacement plumbing; a new roof; replacement windows; new floor coverings; new doors; repair and fresh paint for walls; new drop ceilings, light fixtures, lockers, insulation, chalkboards and tackboards.

A portico will be added to the facade of the rear of the building, in effect making the back of the existing building the new functional "front" while keeping the ceremonial front intact.

A student activity plaza is to be constructed outdoors providing an area for student socialization and other informal activities.

Construction of a new media center on the north (current rear) side of the building adjacent to a new computer lab has begun in an area that was previously a boiler room.

A new elevator will also be installed to allow handicap accessibility to all three levels. Prior to the renovation,

buckets under leaking ceilings were the norm rather than the exception at the school. Other problems include lockers that are so badly damaged they will no longer open and close, restrooms that are not handicapped accessible, original wiring installed between 1920 and 1927, dangerous sidewalks, obsolete climate controls systems and rotting window frames.

Completion of the project is expected in two years.

Plant would double tax base

By Scott Cousins
Staff writer

A doubling of the city of Madison's tax base and more than 80 full-time jobs could mean big changes for both the city and school district if the proposed Metro East LLC energy plant is built.

But that "if" has become a big one with the recent passage of state legislation that could undermine a tax break crucial to the plant's operation.

The 60-megawatt, \$75 million project has been approved for siting by the city. Developers have filed a siting application for an adjoining fuel processing facility, and company officials have started the permitting process with the Illinois Environmental Protection Agency.

The plant would burn waste wood and coal to produce electrical energy, which would then be sold to local utilities.

Developer Michael Vrtis said the plant is needed to reduce the amount of wood debris going into landfills.

The project would create approximately 200 construction jobs, and about 40 permanent jobs once the plant starts running.

The adjoining fuel-processing facility would have another 40 workers.

That facility would be located north of the power plant. It would also allow recyclable materials in the wood to be recovered.

The plant would process approximately 300,000 tons of wood fuel per year. That process would also produce an estimated 45,000 tons of other recyclable material.

But an appeal of the plant siting by opponents and the repeal of a law that provides tax incentives for similar facilities have clouded the picture.

A final ruling on the siting appeal is due from the Illinois Pollution Control Board in March, and the governor also has until March to decide what kind of action he will take.

The battle over the development has pitted the city and developers against residents of an adjoining subdivision and environmentalists. And on a larger scale, developers of similar plants throughout the state and the bond purchasers that finance the projects against environmentalists and Gov. Jim Edgar.

(See PLANT, Page 12)

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UNITY HEALTH NETWORK





(Staff photo by BOB SLATE)

City and state officials stand at the site of one of two new roads leading to North Granite at the start of construction last fall.

Bulldozers galore

Improvements under way on infrastructure of city

By Bob Slate
Staff writer

Take a walk in Granite City and be careful. You just might get hit by a bulldozer. While the city is celebrating its 100th birthday this year, it continues to grow and update its infrastructure serving residents and accommodating business. In the past year, the city has spent more than \$1 million improving its sanitary sewer system. It is spending nearly twice that amount on infrastructure projects in North Granite, adding two new roads and beginning a \$1 million drainage improvement project. "It is essential for any city to maintain its infrastructure for the benefit of its residents and businesses," said Dan Brown, economic development director for the city. The two new roads are being built utilizing funds from the Illinois Commerce

Commission and the Norfolk and Southern Railroad.

One of the roads will connect Sinclair Avenue with West Pontoon Road. It is being designed primarily for everyday traffic. The second road will extend Nameled Drive from Feralloy at 25th Street to 22nd Street in West Granite. It is designed primarily for trucks carrying steel coils to and from Feralloy, a steel processing facility in North Granite. The drainage project will utilize a combination of Community Development Block Grant funds and city revenues. The first phase, estimated to cost about \$540,000, will include the addition of a 30-inch main trunk line, laterals and catch basins between Circle Drive and 27th Street. Future phases will provide badly needed drainage in the rest of the North Granite neighborhood.

Port District becoming transportation hub

By Bob Slate
Staff writer

The Tri-City Regional Port may be one of the Midwest's greatest assets — and one of its best kept secrets. Established by the Legislature in 1959, the port was built to spur economic development and improve transportation access and material handling opportunities in the St. Louis region, port general manager Bob Wydra said.

A \$50 million investment has produced an intermodal transportation hub which loads or unloads 2,000 barges, 30,000 rail cars and 40,000 trucks annually. The port directly employs more than 250 people, with more than 1,000 additional jobs in Madison and St. Clair counties dependent upon port operations, Wydra said.

Located at Locks #27 on the Chain of Rocks Canal, today the port handles in excess of 3.2 million tons of products each year valued at more than \$600 million.

Dr. Charles King Jr., chairman of the port district board, said one of the port's key attractions is its ideal location near the confluence of the Mississippi, Illinois and Missouri rivers. It is the northern-most, year-round, ice-free port on the U.S. Inland Waterway System, providing tenants with access to the Midwest — the nation's largest consumer market.

"We are blessed by our geography. As the economy becomes global in scope, we are sitting here in the Midwest with access to the largest group of consumers in the world," King said. "And as Scott Air Force Base moves toward a joint use facility, the port will become even more important to the region."

Another aspect of the port that makes it attractive to business is its foreign trade zone status, Wydra said. "Generally speaking, foreign trade zones are considered



Bob Wydra

outside of U.S. Customs territory and Customs procedures are different, providing advantages for international businesses. For example, many products remain duty-free while being stored in foreign trade zones and duty is reduced when companies combine domestic and foreign parts utilizing U.S. labor."

"We are blessed by our geography. As the economy becomes global in scope, we are sitting here in the Midwest with access to the largest group of consumers in the world."

— Charles King
Board chairman



Charles King

Belleville, are both in the process of applying for sub-zone status in connection with FTZ 31, Wydra said. The local port is one of four locations currently being considered by ConAgra, of Omaha, Neb., for a new \$150 million soybean processing facility.

Regardless of the eventual outcome, King said, the selection of the Tri-City Port as a finalist for the new \$150 million agricultural processing facility is good economic news for the region. "If this project does go through, it'll help us diversify our economic base. And even if we aren't chosen as the finalist, it shows our efforts are beginning to bear fruit and bodes well for the future," King said.

And the port continues to grow. In recent years, Robinson Steel built a processing plant within the port district property in order to easily access the transportation options the port provides. Other tenants include Davis Water and Waste, Granite City Division of National Steel, LaRoche Industries, Lewis and Clark Marine, Bulk Service Co., Petroleum Fuel and Terminal, Midcoast Terminal, the ATC Warehouse and The Delivery Network.

Chrysler's Fenton plant is located in a sub-zone of the port's Foreign Trade Zone 31. Shell Oil Co.'s Wood River refinery and Mid-America Airport, under construction at Scott Air Force Base near

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Mark your calendar for this special occasion and join us:

When: Saturday, March 2
12:30 p.m. Business Meeting/
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1:00 p.m. - 5:00 p.m. Buffet Dinner
6:00 p.m. - 10:00 p.m. Refreshments & Entertainment

Where: Knights of Columbus Hall
Old Alton Road, Granite City

After the brief business meeting and election of officers, members can relax and enjoy a buffet dinner and entertainment that takes us on into the evening. You may even win a prize!

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Refreshments

Entertainment

Officer Elections

Door Prizes

Buffet Dinner

Price Center may get boost

By Scott Cousins
Staff writer

Officials at the Charles Melvin Price are still waiting for word on two projects that could boost employment at the base by several hundred people.

The U.S. Coast Guard is still reconsidering a move to the base from St. Louis, and the Army National Guard is still considering possible locations for a truck repair facility.

The Coast Guard had planned to build a \$10 million facility at the base but reconsidered after it "greatly exceeded" cost estimates.

Groundbreaking for the facility was to have taken place in August, and operations had been scheduled to start in September.

The Coast Guard had decided in 1994 to move the base from St. Louis after it was damaged in the 1993 flood.

Coast Guard officials in St. Louis said recently that a decision on the base relocation had not been made yet.

However, Price officials said they were still very optimistic. The U.S. Army National Guard is looking for two regional rebuilding centers —

one for the Eastern and another for the Western U.S.

Illinois National Guard officials have said that the Western location will probably be in Texas, and the main competition will be for the Eastern facility.

The centers would be used to rebuild 2½-ton and 5-ton trucks used by Army National Guard units.

Approximately 150 trucks per year would be rebuilt. The facility would have an annual budget of between \$4-5 million and would employ approximately 150 people.

The cost of rebuilding a 2½-ton truck is about \$43,000, compared to a \$38,000 price tag for a new truck. The 5-ton trucks are no longer manufactured.

Later, state officials said they might be able to persuade other military services to use the facility. This could boost employment to almost 500 people.

Illinois National Guard and local officials were in Washington, D.C., in early February to make a presentation to bring the facility to Price.

That presentation had originally been scheduled for Jan. 9 but was delayed when blizzards shut down the city.



The old Chain of Rocks Bridge, owned by Madison, may become part of a bicycle, pedestrian trail.

A tale of two bridges

Changes for McKinley, Chain of Rocks bridges

By Scott Cousins
Staff writer

Commuters will soon be getting a smoother ride over the McKinley Bridge, and bicycle riders and pedestrians may someday have access to the Chain of Rocks Bridge.

The McKinley Bridge — owned by Venice — is undergoing a \$7 million renovation that should be complete by the fall.

The old Chain of Rocks Bridge — owned by Madison — is being considered as a possible route for a bike-pedestrian trail.

The McKinley Bridge project is funded through a combination of federal, state and local monies. Most of the cost, about \$5.9 million, is being paid by the federal government.

It includes some new guardrails and

resurfacing of the Illinois approach, toll booth area and selected spots on the bridge.

The Venice City Council also recently voted to install security cameras in the tollbooth area.

The bridge, built in 1910, is normally used by approximately 14,000-15,000 vehicles during a typical weekday. That number has been reduced since the renovation started last year.

The last major repair project on the bridge was in 1976, when the Illinois approaches were replaced.

At the Chain of Rocks Bridge, a nonprofit group has approached Madison about using it as a bike and pedestrian crossing.

While city officials have expressed some interest in the past, support from Waste Management and the possible

development of a \$65 million riverboat casino near the western entrance of the bridge has spurred discussion.

The bridge was first opened as a toll bridge in 1929. It was closed in 1970 after completion of the Interstate 270 bridge, and was a popular spot for partying until the 1992 murder of Julie and Robin Kerry. After the crime both, ends of the bridge were sealed off.

Plans for the meeting came after Glenn O'Bryan of Waste Management sent a letter to Mayor John Bellicoff requesting the meeting.

Gateway Trailnet, a nonprofit land trust devoted to conserving public greenways and developing multi-use trails, has been working on plans to use the bridge as a bicycle and pedestrian trail.

Developing the bridge has been one of (See BRIDGES, Page 13)

Plans moving ahead for new Madison City Hall

By Scott Cousins
Staff writer

Plans are going ahead for the renovation of a new city hall in Madison.

When finished, the new city hall will almost double the available work space and be handicapped-accessible, said Mayor John Bellicoff.

It will hold both the city hall and police department.

City officials have been meeting with an architect to work out improvements needed to comply with the Americans with Disabilities Act.

Problems with compliance to that act at the present city hall, located at 1529 Third Street, prompted city officials to start looking for a new location.

In December the Madison City Council approved purchasing (See MADISON, Page 13)

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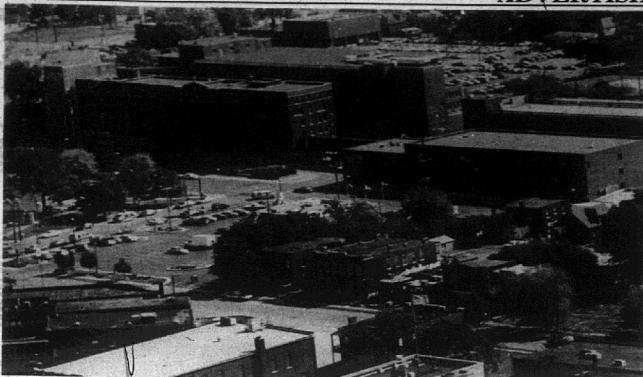
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An aerial view of the St. Elizabeth Medical Center campus.

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From diagnostic tests before the birth of your baby to extended rehabilitation to help you recover from surgery, St. Elizabeth Medical Center, a 403-bed licensed acute care facility, is there for you.

The medical center, located at 2100 Madison Ave. in Granite City, offers many excellent state-of-the-art services including:

- Women and Newborn Services, which has four labor, delivery, recovery and postpartum birthing suites, staffed by a highly trained, compassionate team of registered obstetrical nurses, offers educational classes to prepare you and your family for life with your new baby.

- The Radiology Department, second to none in the St. Louis-Metro East area, offering a full range of diagnostic and therapeutic services, including X-rays, MRI, CT scan, ultrasound, EKG, nuclear medicine and cardiac catheterization lab.

- The Behavioral Health System, inpatient and outpatient services including chemical dependency, detoxification, dual diagnosis, geropsychiatry, adult psychiatry, child psychiatry and adolescent psychiatry.

- Sports Medicine Services, using a team of orthopedic surgeons, internal medicine consultants, physical therapists, nutritionists and certified athletic trainers in its approach to athletic injury treatment and recovery.

- Home Care Services, located at 1901 Edison Ave. in Granite City, includes:

- Home Health, designed to meet the special health care needs of clients in their own homes; At-Home Care, which coordinates care with clients, families and physicians to provide private supplemental professional quality care for clients in their homes; and Hospice of Madison County, which, through the coordinated efforts of a team of health care professionals and trained volunteers, provides physical, emotional, social and spiritual care for clients with six months or less to live.

- The SEMC Physician Referral Line (786-DOCS or 796-3627) connects you to more than 170 physicians.

- The Koch Family Health Center, providing primary and follow-up care to area residents who do not have a physician, thus fulfilling the medical center's mission of providing quality care to all, regardless of race, creed or financial status; and

- Wolf Medical Building, quality office space for the convenience of our medical staff and their patients.

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Network, made up of Missouri hospitals — St. Luke's Episcopal-Presbyterian Hospital, St. John's Mercy Medical Center and St. Anthony's Medical Center — and Illinois hospitals — Saint Anthony's Health Center in Alton, SEMC and St. Elizabeth's Hospital in Belleville.

Although our neighbors know us as "The Hospital," St. Elizabeth Medical Center is part of a comprehensive system of health care known as Saint Elizabeth Health Services. Besides the medical center, other facilities which make up the SEHS family include:

- Providence Occupational Health Services, a comprehensive health care resource exclusively serving more than 450 area businesses and industries, which has added a full-service occupational health and safety program to its list of services; and

- Heartland Healthcare, consisting of a group of family practitioners and specialists who share the same basic values about delivering traditional, quality health care. Heartland provides patients with greater choices and convenience in health care and makes each visit simple and comfortable.

In addition to its Granite City health care facility, St. Elizabeth Health Services offers:

- The Edwardsville Health Center, 1121 University Drive in Edwardsville, providing office space and outpatient testing for the convenience of medical staff and their patients;

- The Collinsville Health Center, 800 St. Louis Road in Collinsville, providing quality office space for the convenience of our medical staff and their patients; and

- Outpatient Physical Therapy and Sports Medicine Services, 1003-B Morrison Ave. in Collinsville, providing the treatment of disease or injury through the use of heat, light, water, electricity, massage and therapeutic exercise, by licensed physical therapists and physical therapy assistants.

At all of these sites, as well as at other convenient locations throughout the surrounding area, Saint Elizabeth Health Services offers educational programs, on such topics as diabetes and cardiac care and health screenings, including prostate and skin cancer.

For more information on services available through the medical center or any of the Saint Elizabeth Health Services facilities, call the Public Relations Department at 796-3167.

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Hen House — Displaying plaques they received for long-term service to the Hen House restaurant are, from right, Debbie Mattern, 10 years; Pan Deconcini, 7 years; and Vicki Brooks, 10 years. Looking on are Hen House General Manager Jim Downing and Assistant Manager Charmagne Kendig.



(Staff photo by JOHN FRESI)

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Mike, his brother, Larry, and sister, Carol Jones, operate all five Mrs. Seibold's Bake Shops — two in Granite City and one each in Edwardsville, East Alton and Wood River. Edwin and Della Seibold, their parents, are still involved in the daily operation of the business.

All of the bakery's goods are prepared from scratch at the Madison Avenue store in Granite City, where two double ovens are running most of the time. Cookies, cakes, and other baked goods are then shipped directly to the other outlets.

The Seibolds are also involved in the community. For example, they offer coupons good for a free "smile" cookie to children who participate in school reading programs. They also support various fund-raising projects.

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Advertising material



(Staff photo by JOHN FRESE)

Pony Mailbox — Lynn Sorbie, left, and owner Nancy Vlakey at Pony Mailbox.



(Staff photo by JOHN FRESE)

Allergists — Drs. Barry Zeffren, left, and Andrew Gold of Allergy & Asthma Care Ltd.



(Staff photo by JOHN FRESE)

Adam's Medical Supply — Owner Aaron Adams and Manager Patricia Niles at Adam's Medical Supply.



(Staff photo by JOHN FRESE)

Guardian Savings Bank — Employees at Guardian Savings Bank are, from left, Rachael Friedel, Wilson Loch, Jennifer Heater, Tina Schmid, Joan Biciocchi, Nancy Gerald, Laura Sipes and Jim Seiz.

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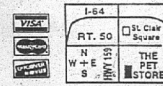
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Progress at Granite City Have You Seen Our



Governor Announces Funds For Repairs, Training

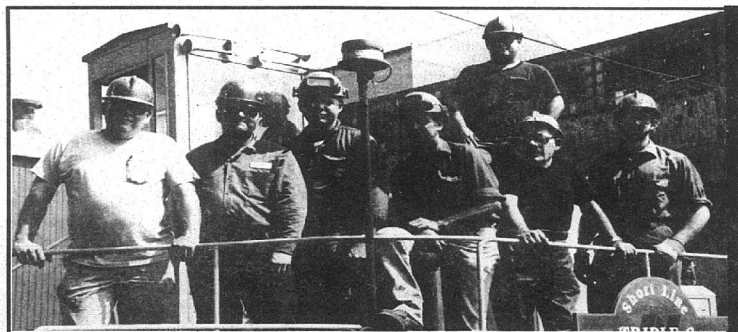
From building an 800-foot coating line to adding 270,000 sq ft annually at the blast furnace, the teleconference center linking us and other Divisions, Granite City National Steel Corporation, has headlines. The Company active current facilities throughout the expanding for the future.



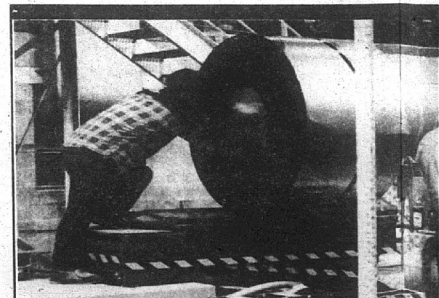
From Ink to Zinc in 12 Months

The Mill's new line - Triple G Coating, for Granite's Galvanized and GALVALUME® - captures the cutting edge technology of the industry and is a direct response to consumer demand. Featuring a coating that combines zinc and aluminum, GALVALUME® is a relatively new rust-resistant, flexible steel designed for the construction industry's use in residential roofing, framing and siding. Architects cite strength, durability, aesthetics and competitive costs as major benefits of GALVALUME®.

Granite City Steel early-on recognized the emerging residential construction market as an opportunity of expanding its customer base even more, and quickly moved to design the new line. Triple G was completed in record-breaking time - 12 months.



**Employees Build
"Triple G Shortline"**



Granite City Steel . . . Our Headlines?

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Granite City
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in building and operating a new 650
t coating line capable of producing
added 270,000 tons of coated steel
annually at the Mill, to relining a key
blast furnace, to installing a state-of-art
er linking us closer to our customers
Granite City Steel, a division of
poration, has seen some exciting new
pany actively worked to improve its
throughout the year, while aggressively
uture.

Crew Keeps Blast Furnace Re-Line Running Smoothly



Building a Strong Future, Together

Dedication of Granite City Steel's new Triple G line on March 9 coincides with the centennial celebration of the city. Each is poised to celebrate its past accomplishments, and each is determined to continue building on past successes and to embark on new paths of well-prepared growth. The past, present and future of Granite City and the Mill are tightly intertwined.

Substantial improvements at the Mill are often closely tied with improvements for the community as well. For instance, in mid-August, Governor Jim Edgar announced the release of \$769,300 in economic development funds targeted toward the reconstruction of 16th Street.

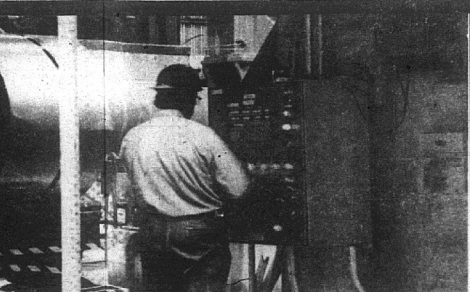
In addition, the governor announced that the Department of Commerce and Consumer Affairs would provide \$410,000 in job training funds to assist Granite City Steel in training new employees and upgrading the skills of current workers.

This multi-faceted development of both the Mill and its employees ensures stability and growth in an era of constant change.

Sky Is The Limit For Triple G Line



Triple G: Up and Running



Gallery offers framing, more

Linda's Gallery, 2775 Madison Ave., offers custom framing, paintings, prints and posters.

The business initially offered oil paintings and frames when it opened in May 1990. The next year, it expanded to include custom framing, fine art prints, posters, frames for photographs and accessories.

"We do a variety of custom framing from doing all the framing for KSHS's benefit auction ... to framing center-cross stitching, photos, T-shirts, plates ... the list is endless," said owner Linda Harris.

Art by several local artists is on display, and the business has displayed works by Granite City High School students in the past.

Rock Creek Center treats many illnesses

The Rock Creek Center, 3701 A & B Nameoki Road, was established in Granite City last August. The center provides partial hospitalization for psychiatric and substance abuse patients.

Staffed with a registered nurse program coordinator, case managers and a community liaison, the facility offers free assessments seven days a week, 24 hours a day.

The staff works closely with Dr. Thwan Han and Dr. H.P. Gunawardhana, providing access to varying levels of treatment for a wide range of mental health problems including depression, anxiety, psychosis and family dysfunction.

Specialized treatment services are offered for psychiatric substance abuse, eating disorders, sexual abuse and trauma. The facility offers an alternative to traditional psychiatric inpatient programs, allowing patients to be referred to the most cost-effective and least restrictive level of treatment. It received accreditation with commendation from the Joint Commission on Accreditation of Health Care Organizations. The Rock Creek Center is a satellite program of The Rock Creek Center hospital located in Lemont, Ill., and also has facilities in Alton and Cahokia. Free consultations of mental health and substance abuse problems are available 24 hours a day by calling 876-8335.

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MetroLink extension continues on track

By Bonita Tillman
Staff writer

More than two years ago, St. Clair County voters overwhelmingly approved a sales tax hike that would help extend the MetroLink light rail system from 5th and Missouri in East St. Louis to Mid-America Airport.

Today, city officials are trying to decide where stations will be located in various communities along the 25-mile route. The system also is trying to garner local financial support for the stations as well.

The community teams also are hoping to place stations in locations that will spur development in economically depressed areas.

In December, the Bi-State Development Agency which operates MetroLink, agreed to change the alignment to include a station at Belleville Area College, instead of a mile away on Little Oak Lane.

Area officials called the change a move in the right direction and an opportunity to increase ridership by at least 1,872 per day.

"The increased ridership will also reduce the federal cost per new rider by more than 30 percent and place the project in a more favorable light with respect to Federal Transit

Administration acceptance," said Linda Hancock, a Bi-State representative.

Bi-State still is seeking input and comment from residents on the station locations and recently held one of many meetings in O'Fallon to get feedback.

Hancock said the final decision on station locations will not be made until this fall.

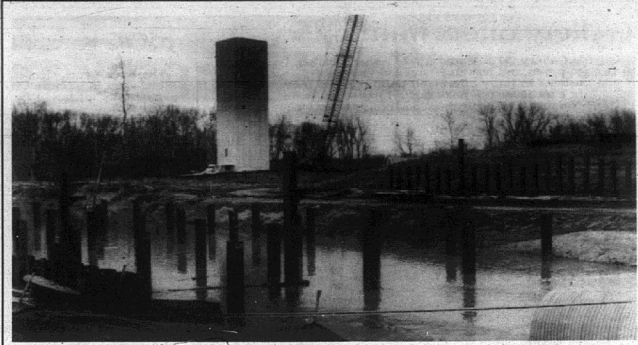
The three-year-old system, which now runs from East St. Louis to Lambert Airport in St. Louis County, has far exceeded the ridership expectations of even the political leaders who spearheaded its creation.

Its link-up with Bi-State buses carried more than 20 million passengers between the stations in the first two years of existence.

The extension of MetroLink also went into the planning for \$307.5 million Mid-America Airport. Architectural sketches for the terminal include a station at the airport.

Gordon Linton, administrator for the FTA, said in September that MetroLink will be the first light rail system in the country that will run from one airport to another.

He brought an \$8 million grant with him from the FTA to start preliminary engineering work on the project.



(Staff photo by BONITA TILLMAN)

Mid-America Airport's \$7.6 million air traffic control tower rises in the background of a construction foundation for a crossover taxiway. The U.S. Air Force will operate and maintain the tower for both military and civilian uses.

Year of progress

Mid-America construction due in '96

By Bonita Tillman
Staff writer

The bulk of construction at Mid-America Airport, which is slated to open in October 1997, will take place this year.

A drive along Interstate 64 and Illinois Route 4 gives but a small taste of the massive projects appearing beyond the trees, including runways, taxiways and bridges, plus a new 156-foot high air traffic control tower.

Robert Coverdale, a retired U.S. Air Force lieutenant general who oversees the construction for St. Clair County, said the passenger and cargo terminal aprons (parking areas) will be the next major projects under way this year.

The Public Building Commission and St. Clair County Board approved the final design for the passenger terminal last month. Bids are being sought and construction can start this spring, he said. The estimated cost is \$8.5 million.

The \$307.5 million airport will place a commercial airline operation adjacent to the Scott Air Force Base airfield. The two airports will be controlled from a \$7.6 million control tower and share both runways and

taxiways.

"The control tower will be operated and maintained by the Air Force," Coverdale said.

Air Force personnel now operate a 60-foot tower at the base.

An 8,000-foot runway and parallel taxiway already are under construction at Mid-America, but both will be extended 2,000 additional feet to aid in the relocation of the 125th Air National Guard unit from O'Hare Airport in Chicago.

St. Clair County officials expect that cost to be reimbursed by the city of Chicago when the unit makes the move.

"The runways and taxiways are the largest single cost at \$17 million," Coverdale said. "Crossover taxiways (between the civil and military runways) will cost another \$14 million."

Another major cost to the project rarely considered by the public is wetlands mitigation for environmental purposes. Coverdale said the county must ensure that trees and waterways moved or destroyed because of the construction will be replaced elsewhere near the site.

(See AIRPORT, Page 13)

In aftermath of Million Man March, blacks moving forward

By Mike Viola
Staff writer

Progress is being made for Metro East African-Americans thanks to a committee formed after the historic Million Man March.

"The Million Man March Committee has been working ever since October to establish programs that benefit the community."

"Right now, we are especially concentrating on education and how we can work and make the educational system here better," said the Rev. Samuel Bradford, pastor of Shiloh A.M.E. Church in East St. Louis and one of the organizers of the march.

The committee meets every Tuesday at 7 p.m. at Shiloh, 815 South 19th St.

Lead by East St. Louis, the Metro East was well represented at the Million Man March in Washington D.C.

East St. Louis Mayor Gordon Bush was selected as one of only a handful of elected officials to address the crowd.

Back home, smaller programs were held throughout the day of the march at local churches and schools.

In November, the Million Man March Committee was instrumental in helping East St. Louis land the National Black Political Convention.

The event is expected to attract African-American leaders from throughout the country to East St. Louis this summer for the convention.

Ishaq Shafiq, assistant to Bush, noted that East St. Louis was chosen to host the convention in large part because of its participation in the march and its follow up efforts to continue practicing the message of the march in the local communities.

Anyone with photos or stories related to the march concerning the Metro East can contact Redmond at Southern Illinois University-Edwardsville at 618-692-2060.

The local committee has also started a youth-of-the-month program to recognize outstanding young people in the community.

Anyone wanting to find out more information about Million Man March Committee projects can contact Shiloh A.M.E. Church at 618-271-3890.

We've Got ENTERTAINMENT

Our Calendar is Full of Activities For the Entire Family at Longacre Park.

May, 1996 - See, enjoy our new CREATIVE PLAYGROUND
June 5 - SENIOR DAY PICNIC for ages 55 +
June 28-30 - PRAIRIE STATE GAMES, headquartered in Fairview Heights
July 26-28 - SILVER ANNIVERSARY HOMECOMING
Aug. 1-11 - PAN AMERICAN BASEBALL CHAMPIONSHIPS
Aug. 24-25 - MIDWEST SALUTE TO THE MASTERS Festival of Fine Art
Sept. 21 - DISCOVER FAIRVIEW HEIGHTS DAY



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- Many New Retailers

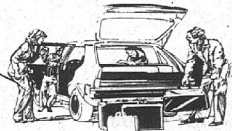


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With six reasonably priced motels within easy access of Interstate 64, Fairview Heights has a reputation as the area's hospitality hub.

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- Business Meetings
- Training Seminars
- Organization Conferences
- Minutes From Area Attractions
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Advertising material

No stopping Dempsey and Adams

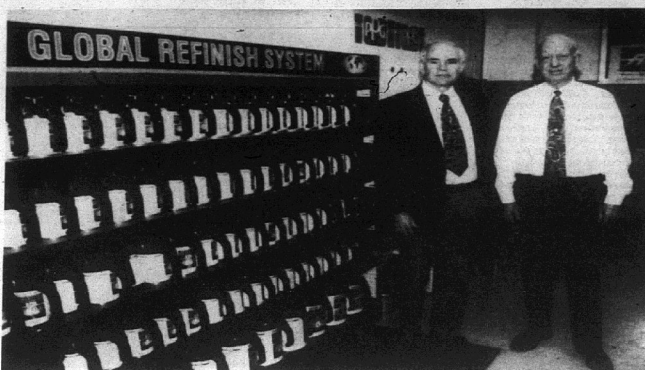
Partners since 1965, Jack Dempsey and Don Adams continue to expand their Granite City businesses.

The two are familiar to many area residents as the Dempsey and Adams in Dempsey-Adams body shop and as owners of Granite City Glass Co. But over the years, they have expanded the business to include a variety of services, including glass and fence installation, auto body repair and painting and car sales and leasing.

Last year marked another step forward for the pair when they purchased the vacant former Koetting Ford property at 187 Madison Avenue from the city and renovated the 20,000-square-foot building.

In addition to providing more space for their businesses, the two expect the new, more visible location to increase their companies' sales volume from the nearly \$4 million mark they hit last year.

Dempsey-Adams Auto Body offers the latest high tech equipment specializing in frame and unit body straightening, two- and four-wheel alignment and painting.



Don Adams, left, and Jack Dempsey, owners of Dempsey-Adams Auto Body in Granite City, stand in front of the tints used in their color-matching equipment.

Service 1st for GC Steel Credit Union

For 55 years, Granite City Steel and Community Federal Credit Union has operated under the credit union philosophy: "Not for profit, but for service."

Since 1941, Granite City Steel and Community Federal Credit Union has offered a wide variety of financial services to its members, which today include people who live and work in the Granite City area. The credit union now reaches more than 23,000 members with no plans of slowing down in the immediate future.

"Our focus on service, convenience and the future needs of our membership is the driving force," said Mark Holshouser, credit union manager. "We currently offer everything from small signature loans to mortgage loans and a variety of savings

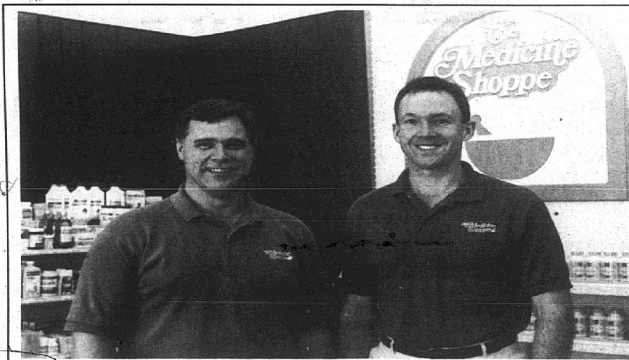


The Granite City Steel and Community Federal Credit Union building.

accounts." The credit union has two locations, with the main office at 3970 Maryville Road and the

branch office at 20th Street and Lee Avenue, which is currently being expanded to better serve its members.

The credit union invites everyone in the Granite City area to come in and "experience the difference."



Will Connolly and Steve Burdge at the Medicine Shoppe.

Medicine Shoppe in 10th year

The Medicine Shoppe, located at 3675 Namcoi Road in Granite City, will celebrate its 11th anniversary this fall.

The Medicine Shoppe, owned by Steve Burdge, a registered pharmacist, is a retail pharmacy offering free prescription delivery, patient counseling, over-the-counter drugs and a full line of natural vitamins and herbs.

William Smith, a hearing aid specialist, is available at The Medicine Shoppe every Wednesday from 2 to 4 p.m.

"Our goal is to increase consumer awareness and find ways to lower health care costs while raising the level of care," Burdge said.

Mueller Furniture is family owned, operated

Mueller Furniture, a family-owned business in Belleville for more than 68 years, continues to meet the needs of its customers.

Founded by John Mueller in 1927 and passed along to his sons, Les and Roland, the Mueller tradition has carried over into a third generation with the leadership of Lynnwood Mueller.

Mueller Furniture, located at 1004 E. Main St., has become Belleville's largest furniture store by offering fine name brands like Cochrane, Serta, Stanley, Lane Tell City, Lexington and Flexsteel at the area's lowest prices.

At Mueller, salesmen provide expertise for choosing quality furniture for every room in the home at reasonable prices.

While most of the original building was destroyed by fire in 1978, the original located has seen the store expand to its current size of more than 30,000 square feet with the recent new addition.

More display space and a new computerized catalog system allows Mueller to offer a



The Mueller Furniture team has been offering great service for more than 68 years. Located at 1004 E. Main St. in Belleville, the store offers a variety of fine name brands, including Cochrane, Serta, Stanley, Lane Tell City, Lexington and Flexsteel.

vast selection of fine furniture. Visit the store when you have furniture needs or call 233-0667 for more information at

Consultants provide help in process, project development

M & K Chemical Engineering Consultants Inc., located in Northgate Center on Illinois 3 in Granite City, has been serving industry in the Metro East since 1993. It supplements the LeSalle, Ill., office, which serves the central and northern Illinois area, from Peoria to Chicago.

M & K works primarily with chemical and industrial companies and can handle all facets of process and project development.

"We can take an idea and turn it into a finished product," said Stan Meyer, president.

M & K can evaluate a process idea, design the process, conduct an economic evaluation, apply for environmental permits, prepare bid packages, supervise construction and help start up the finished project.

"Our company is customer-oriented and can handle a project from the laboratory to design to production. We can step in at any point in that process," said Jack Kessler, a chemical engineer.

M & K also offers a full range of support services for changing safety and environmental needs. Among them are: process safety management site audits and program development, hazardous waste tank system assessments and software-based VOC calculations.

To reach M & K Chemical Engineering Consultants, call 451-5150 or FAX 451-5151.

Tops 'N' Bottoms celebrates 32 years in downtown area

Tops 'N' Bottoms Sportswear Shop, 1343 19th St., is now in its 32nd year of business in downtown Granite City.

The shop, which specializes in women's coordinate fashions in missy sizes, is owned by Elmer and Judy Stille.

Tops 'N' Bottoms started in business in a small shop at 1915 State St., which was part of the Southwick Hardware Co. building. The location is now a bank parking lot.

A move to the present location was made in 1968. When the business began in 1965, there were eight women's apparel shops in the downtown business district; today only Tops 'N' Bottoms remains.

Through the past 30 years, many changes in women's fashions have taken place, but basic styles continue to be a strong part of the business. Skirts, from minis to maxis, to full, govt to straight, and pants, from bell bottoms to tight legs, can be found.

Although the business requires much of the owners' time, the Stilles have been and continue to be deeply involved in community and church activities.

The Granite City Rotary Club, the Women's Division of the Chamber of Commerce, Old Six Mile Historical Society, the Lewis and Clark Society and the Granite City Centennial Corporation are among the organizations in which they are involved.

Lifelong members of St. John United Church of Christ, both are members of the church choir, and both are past presidents of the church council and have served on many committees and in the Sunday School program.

Future plans are to continue the business in downtown Granite City, to offer quality women's wear at moderate prices, to offer the personal service that has always been a part of its contribution to the community and to be a part of the celebration of the 100th anniversary of Granite City this year.

•Plant

(Continued from Page 2)

Edgar is considering signing a bill passed recently by both houses to repeal the incentives.

The 1988 law requires utilities to purchase power from alternative producers at the rate charged local municipalities. That rate is significantly higher than the utilities' cost of producing electricity and the utilities are reimbursed through a state utility tax credit.

Opponents of the plants call the subsidy corporate welfare, and say it would cost the taxpayers approximately \$180,000 per year for each job created.

They also said increased pollution would increase cancer and death rates.

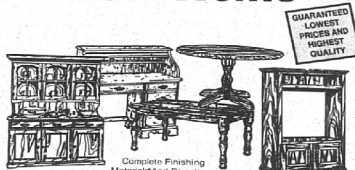
The governor and supporters of the repeal have cited the potential loss of billions of dollars in state tax revenue if all proposed alternative energy projects continue to receive the subsidy.

Supporters of the proposed Madison plant and a similar \$118 million Wood River project have urged the governor to use his amendatory veto power to allow projects already site approved to remain eligible for the incentive.

Developers have said the state cannot retroactively remove incentives after bonds have been issued, and have threatened lawsuits that could total billions of dollars.

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The new line at Granite City Steel is expected to process a little more than a quarter of a million net tons of high quality coated steel.

New steel facility to be dedicated

By Bob Slate
Staff writer

On March 9, 1996, Granite City received its charter. The municipality became a city built around the thriving Granite City Steel industry founded by the brothers Niedringhaus.

On March 9, 1996, the second hundred years of Granite City will kick off with the official dedication of a \$63 million steel processing facility.

The "Triple G" galvalume line will allow Granite City Steel — the city's largest employer — to expand its product line and help National Steel — the parent company of Granite City Steel — to meet its goal of capturing 35 percent of the construction market, increasing coating capacity and achieving new innovations in customer service, according to vice president and general manager Ken Leonard.

The new coating line is expected to help Granite City Steel crack a new market — residential, commercial and industrial building construction, Leonard said.

A little more than a year ago, the future of Granite City Steel appeared to be uncertain. Most finishing operations were apparently targeted for elimination. But the decision by National Steel to locate the new state-of-the-art facility here not only created about 40 new full-time jobs, but also preserved about 300 other jobs.

Granite City established a 206-acre tax increment finance district for National Steel as an incentive to locate the new line here. The state Department of Commerce and Community Affairs, the county and Illinois Power also offered incentives.

The new line is expected to process a little more than a quarter of a million net tons of high quality coated steel in widths ranging from 24 inches to 49 inches and in gauges from .0085 inches to .0300 inches. It will be capable of processing cold-rolled carbon steel strip in coil form through a hot-dipped galvanizing process applying zinc and zinc-aluminum coating metals to specifications.

•Madison

(Continued from Page 4)

the Lahey-Sedlak Funeral Home building at 615 Madison Ave. The city paid \$117,000 for the building.

The council originally approved purchase of the building in October for \$120,000, but voted to renegotiate the deal in late November after an inspection revealed some problems with the roof.

The council approved going ahead with the purchase at a special meeting Dec. 13.

Alderman John Hamm, chairman of the Finance Committee, said a notice for bids to repair the roof has been sent out.

The total cost of renovations will be approximately \$400,000. Of that, \$107,000 will be paid by a grant from Madison County Community Development.

The grant was originally to be used to install an elevator at the current city hall, but problems developed in tying it into the present city hall at 1528 Third St.

Part of the problem was the age of the building. It was dedicated in 1907.

When finished, the new city hall will have approximately 5,500 square feet of available space — about double that of the present city hall.

One of the biggest expenses will be the installation of cells for the police department.

Present plans are to install four cells — one handicapped accessible — in an addition located at the rear of the building.

•Airport

(Continued from Page 11)

Ted Rigo, resident engineer for TAMS Consultants Inc., said contractors who plant the new trees have to guarantee 80 percent success or plant more trees.

Right now, some of the sites look like cemeteries with small white stakes marking the spots.

"Basically, we've relocated the flood plains and put willow posts along the edges," he said.

"This is going beautifully."

Even part of Silver Creek was relocated north of its previous site to make way for the airport.

Coverdale said wetlands mitigation will cost an estimated \$8.3 million with \$5 million of that going for environmental matters. The remainder pays for archaeological concerns, such as collection, processing, cataloging and preservation of artifacts found at the construction site.

Both Coverdale and Rigo said the project is on target for opening late next year.

Recent approval of a \$196,055 marketing pact is intended to find a manager for the airport.

•Bridges

(Continued from Page 4)

the group's top priorities.

It could be used to tie in two trail systems — one by the city of St. Louis and another by the Madison County Transit District.

The group had approached the city in June about selling the bridge. City officials said at the time there was little they could do because a gas company had an easement for a pipeline across the bridge.

However, Gateway Trailnet officials said they have been working with the gas company.

Bell said he hoped a meeting could be arranged in the near future.



(Staff photo by JOHN FRESSE)

Perfect 10 Nails staff members are, seated, nail tech Anita Spurlock, left, and Shameen Clement, manager; and standing, nail tech, Terrie Richardson, owner Vicki Schmieg and nail tech Denise Peacher.

Perfect '10' Nails was area's original nail boutique

Donna Cox and Vicki Schmieg began Perfect "10" Nails, 3665 Nameoki Road, in August 1995. It was the original nail boutique in the Tri Cities area.

Since that time, the salon has grown. It now offers full-service hand and nail care, from manicures to artificial nails to airbrushing.

Perfect "10" is active in the community as well. Cox passed away last year, but Schmieg continues to support Granite City public schools, park district teams, soccer teams, high school hockey, fraternal organizations, Phoenix Crisis Center, Disabled American Veterans, and police officers' benevolent funds.

Schmieg said her plans include expansion to become a full-service nail and hair salon.



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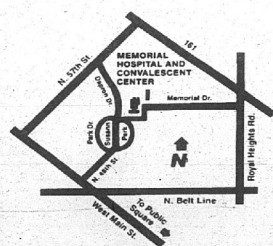
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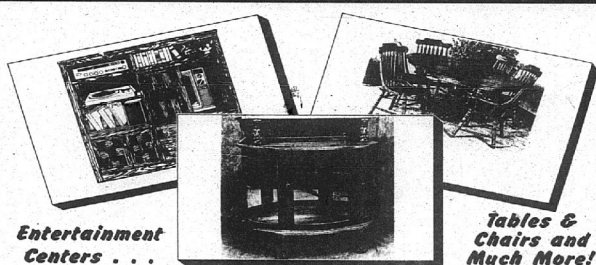
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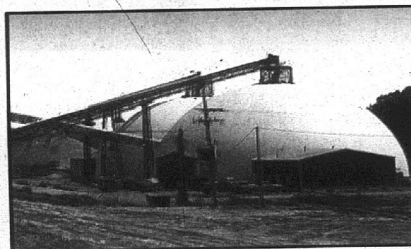


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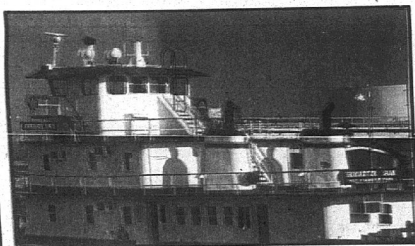


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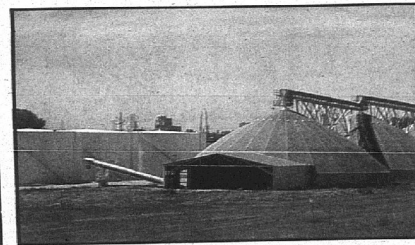
LEWIS & CLARK MARINE (618) 876-1116



MID-COAST TERMINAL COMPANY (618) 877-7200



LAROCHE INDUSTRIES (618) 451-0144



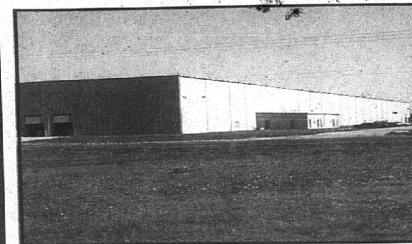
DAVIS WATER & WASTE INDUSTRIES (618) 451-1205



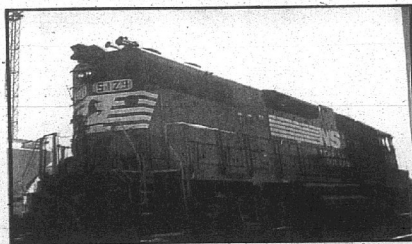
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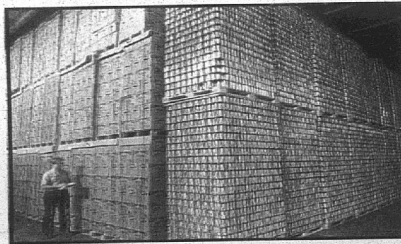
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